Starting Out Strong 2024

Partnering with families for healthy babies and communities







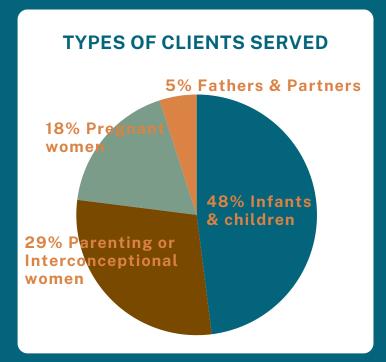
20,811 **FACE TO FACE &** TELEHEALTH VISITS

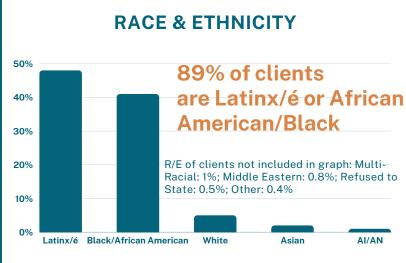


3,950 REFERRALS WERE MADE



OF FAMILIES WERE LINKED TO COMMUNITY RESOURCES





CLIENT PROFILE

Can't 78% afford basic afford needs

Single parent households



Did not 34% graduate high school



Victims of intimate partner violence



Report substance



22% insecure or Housing homeless



Pregnant & 11% parenting teens



Involvement w/child protective services



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MATERNAL HEALTH

98% Preventive care

98% Prenatal care

85% Postpartum care

of women breastfed 90% or provided breast milk to their child

CLIENT SATISFACTION

My case manager goes above and beyond to help us.

The program helped me with resources when I had nothing.

SAFE SLEEP



of parents always put their babies to sleep in an "ABC" safe sleep environment & position

92% of respondents reported being very satisfied and satisfied with program services

Top 3 benefits of program services reported by active clients:

- Understanding of health education and child developmental topics
- Access and utilization of community resources
- Improvement of physical and mental health

EARLY CHILDHOOD DEVELOPMENT

89% of children were screened for developmental concern

15% were at risk for developmental delays

379 referrals made early childhood education & child development services

CHILD MEDICAL HOME



of children received the recommended number of well-child visits



of children had a primary pediatric provider



of children received an annual dental exam

HEALTH INSURANCE



92% of clients were **Medi-Cal insured**

99%

of clients were linked with Health Insurance



FATHERHOOD



INITIATIVE

Encounters



Screened depression

Positive for perinatal depression

BLUE SKIES MENTAL WELLNESS



Mom to Mom Depression Group Sessions were held for women at risk for perinatal mental health disorders.



Clinical reviews/ consultations/trainings around anxiety, depression, harm reduction, & psychosocial health.



Pregnant women, children, & fathers receive mental health services - prevention, brief treatment, case management, and early intervention.



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