



Alameda County Health Black Infant Health Program

Empowering Mothering Black Women

**Invites you to join free
prenatal and postpartum
group sessions designed to empower
and support you during this special time.**

**You will interact with other pregnant women
in a very nurturing environment.**



**Public Health
Department**
Alameda County Health

**black
infant
health** 
Empowering Pregnant and Mothering
African-American Women

Starting Out Strong
Partnering with families for healthy babies and communities

REGISTRATION IS ONGOING

FOR INFORMATION & TO REGISTER CONTACT:

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