

**Empowering Mothering Black Women** 

Join free prenatal and postpartum group sessions for empowerment and support during this special time.

> You will connect with other pregnant women in a supportive environment.

## REGISTRATION IS ONGOING

Participants can self-refer or be referred by their provider.

For more information call: 510-618-1967



Learn More About BIH Programs & Enrollment BlackInfantHealth.org/enroll/



Services provided by Alameda County Black Infant Health are available to all eligible residents of Alameda County.









