

# Boot Camp for New Dads

*For fathers who are expecting a baby or have a child under 18 months*

**It's a  
Daddy  
Thang!**

Join this friendly event of new and expecting fathers to share, learn, and prepare for the amazing journey of fatherhood together! Childcare & food provided.



**Saturday, September 12, 2026**



**11:30 AM - 3:00 PM**

**1100 San Leandro Blvd, San Leandro, CA 94577**

## REGISTRATION REQUIRED

Scan the QR Code or register online at:

[tinyurl.com/BCND-September-12-2026](https://tinyurl.com/BCND-September-12-2026)

For more information call: 510-667- 4306



**Public Health  
Department**  
Alameda County Health

**Starting Out Strong**

Partnering with families for healthy babies and communities

