

Tier 1 - Hospitals & clinicians									
Training	Description of Training	Length of Training	Training Format	Website	Cost	CEU's	Notes		
Assessing and Managing Suicide Risk (AMSR)	Informed by the latest research, Assessing and Managing Suicide Risk (AMSR) is a one-day training that expands the clinical skills of providers and offers a clear and descriptive suicide risk formulation model to inform long-term treatment planning. Teaching and skills-building methods include video demonstrations, group discussion, written and role-play practice, case review, and expert teaching.	6.5 hours	in person & online	http://www.sprc.org/training-events/amsr	\$135 per participant	yes			
At-Risk in the ED	Build skills in screening patients for substance use, mental health disorders, and suicide risk, collaboratively engaging in treatment planning, and referring patients for further support as part of routine care; Focused on integrating behavioral health in acute care with interactive, avatar-based role-play simulation.	1 hour self paced	online	https://kogito.com/products/at-risk-emergency-department	varies	yes			
At-Risk in Primary Care	Prepares primary care personnel to screen patients for mental health and substance abuse disorders including suicide risk, perform brief interventions, and refer patients to treatment; Interactive, avatar-based role-play simulation.	1 hour self paced	online	https://kogito.com/products/at-risk-emergency-department	varies	yes			
Attachment-Based Family Therapy (ABFT)	ABFT is a brief, empirically supported intervention model to improve family functioning to better support adolescents at risk for suicide and depression. The model is process oriented, trauma informed, and strength based.	Varies	in person & online	https://drexel.edu/familyintervention/abft-training-program/overview/	\$130 per participant	yes			
CBT for Suicide Prevention (Beck) (CBT-SP)	Participants learn how to conceptualize depressed clients, plan treatment based on an individualized conceptualization, establish the therapeutic relationship, instill hope, and use effective cognitive and behavioral strategies to motivate clients to complete homework, modify their maladaptive thinking and behavior, and solve problems on their own. Participants also learn how to elicit and respond to clients' feedback, measure progress, and prevent relapse.	3 day	online - synchronous	www.beckinstitute.org	\$500 per person when signing up as an individual (not sure about organization/bulk discounts)	yes	Master or Doctorate degree in mental/medical field required; participation in essentials of CBT online recommended prior to taking this course		
Columbia Suicide Severity Rating Scale (C-SSRS)	(C-SSRS), supports suicide risk assessment through a series of simple, plain-language questions that anyone can ask. The answers help users identify whether someone is at risk for suicide, assess the severity and immediacy of that risk, and gauge the level of support that the person needs.	Varies	online	https://secure.bluecloud.net/c-ssrs	varies	n/a			
DBT						Yes			
Collaborative Assessment and Management of Suicidality (CAMS)	The training combines didactic presentations by Dr. Jobes as he introduces a clinical demonstration of CAMS with a patient through the course of 12 sessions. The sessions capture the importance of the collaborative process essential to CAMS while also highlighting the challenges that clinicians often encounter.	3 hours	online - asynchronous	www.cams-care.com	\$99 + \$36 for 3 CE credits	Yes			
Collaborative Assessment and Management of Suicidality (CAMS) Consultation Calls	CAMS Consultation Calls are hour-long phone meetings for clinicians who have completed either the CAMS book and/or CAMS Online Video Course and/or CAMS Practical Role-Play Training. During the calls, trainers answer questions that arise for clinicians as they begin using CAMS with their patients.	4 - 1 hour calls	phone	www.cams-care.com	\$60 (for 4 calls)	No	CAMS Virtual Training: Third Part		
Collaborative Assessment and Management of Suicidality (CAMS) Role playing training day	Online Role-Play Training is designed to enhance knowledge regarding the philosophy and theory of the CAMS Framework™ while providing an opportunity to practice in using the CAMS Framework with other individuals. Trainers demonstrate the use of CAMS in a live unscripted role-play which is based on actual patient experiences. Following each demonstration, participants will practice in small group breakout rooms.	7 hours	online - synchronous	www.cams-care.com	\$200 + additional \$45 for 7 CE credits	Yes	CAMS Virtual Training: Second Part		
CALM (Counseling on Access to Lethal Means)	Teaches practical skills on when and how to ask suicidal clients about their access to lethal means and how to work with them and their families to reduce that access.	2 hours	Online, selfpaced	https://zerosuicidetraining.edc.org/	free	no			
Wo	Training in Cognitive Therapy - Suicide Prevention (CT-SP), an evidence-	Varies, in person or	in person or online	https://aaronbeckcenter.org/training/clinical-training-in-suicide-prevention/	varies	n/a			
Making it Matter with Micro-interventions	online tools for professions to help themselves and others in stressful times.	2 hours	Online	https://solutions.edc.org/solutions/zero-suicide-institute/services/trainings/making-it-matter-micro-interventions	Free/\$50 CE's	Yes			
Recognizing & Responding to Suicide Risk	Designed for mental health clinicians who want to acquire skills in twenty-four core clinical competencies for working with suicidal clients	2 days	in person or online	http://www.suicidology.org/training-accreditation/rssr	\$9090 per organizational training; individuals may be able to attend a training held by another organization; fees for individuals would vary by trainer.	yes	Based on AMSR with smaller class size and additional practice; max 22 participants per training		
SafeSide Behavioral Health	Unites staff across behavioral health service lines with a common framework for recovery-oriented suicide prevention.	3-4h of video-based learning for the whole team. Virtual office hours and online refreshers year-round.	Blended video and group-based learning	https://www.safesideprevention.com/zero-programs	Varies depending on usage (\$2,000 one time fee or \$45.00 annual subscription per staff)	n/a			
Assessing and Managing Suicide Risk for Substance Use Disorder Professionals (AMSR - SUD)	Develops skills in the recognition, assessment and management of suicide risk and delivery of effective suicide-specific interventions. The training is led by a certified AMSR-SUD trainer and includes lecture, video demonstrations, case vignettes and small group practice.	6.5 hours	in person or online - synchronous	http://zerosuicideinstitute.com/amsr	\$160	Yes			
CASE Approach - Advanced Core Skills Course (Deluxe Package)	Includes core skills course plus a bonus module on working with clients at particularly high risk through the use of a new discipline method of suicide plan development.	6 hours	online-asynchronous	https://suicideprevention.onlinecourses.suicideassessment.com/	\$90; discounted pricing available for bulk	No	Shawn Shea		
Applied Suicide Intervention Skills Training (ASIST)	Participants learn how to incorporate new consuming and support	15 hours	in person and online	http://www.livingworks.net/programs/asist	varies	n/a			
LivingWorks Suicide to Hope	Provides a practical and effective approach to supporting individuals	1 day	in person	www.livingworks.net	varies with specific trainer	varies	no active Iowa trainers		
NowMattersNow: Micro-Interventions	Training throughout your entire organization and is not only online	2 hours	online - asynchronous	www.nowmattersnow.org	free; \$50 for 2 CEU's	Yes			
NowMattersNow: Recommended Care	the "super cover" over the manual guidelines for work across	10 hours	online - asynchronous	www.nowmattersnow.org	free; \$100 for 10 CEU's	Yes	micro-interventions course		
NowMattersNow: Suicide Safe Care		2 hours	online - asynchronous	www.nowmattersnow.org	free	no			
Preventing Suicide in Emergency Department Patients	Participants learn how to conduct screening, assessment, and brief interventions with patients at risk for suicide in the emergency department.	2 hours	online-asynchronous	https://zerosuicidetraining.edc.org/	free	no			
Safe Side Youth Services (Youth Prevention)	Provides staff at all levels with a framework for suicide prevention with youth.	3-4h of video-based learning for the whole team. Virtual office hours and online refreshers year-round.	Blended video and group-based learning	https://www.safesideprevention.com/zero-programs	\$2000 USD (\$3000 AUD) per site - One-time fee for configuration, set up, and launch support; \$50 USD (\$75 AUD) per youth services employee/contractor in your organization or region - Annual subscription	n/a			
Tier 2 - Agencies Primarily Responsible for Referral to Services - Refer									
CALM (Counseling on Access to Lethal Means)	Teaches practical skills on when and how to ask suicidal clients about their access to lethal means and how to work with them and their families to reduce that access.	2 hours	Online, selfpaced	https://zerosuicidetraining.edc.org/	free	no			
Ask, Care, Escort (ACE) Suicide Intervention Training	Learn about the risk factors and warning signs of suicide. Intervene with those at risk of suicide by: Asking whether he or she is considering suicide. Caring by listening, offering hope, and not judging the person. Escorting the person to a source of professional help.	1½-hour training	Training materials include manual, slides, and tip ans wallet cards	https://www.sprc.org/resources-programs/army-ace-suicide-intervention-program	Free				
ASK About Suicide to Save a Life	Understand suicide and suicidal behavior. Identify the risk and protective factors and warning signs. Apply basic suicide prevention skills.	1½ to 4-hour workshops taught by certified trainers for community members and others	e-learning courses	https://texasuicideprevention.org/training/ask-basic-gatekeeper/	Free				

ASSIST	Participants learn to recognize risk factors for suicidality, ways to provide assistance in a manner that increases safety, and provide linkage services for assistance	2-day, 15-hour workshop led by two LivingWorks registered trainers	• Includes presentations, videos, group discussions, and skills practice and development • Training-of-trainers available	www.livingworks.net	Varies based on number of participants and trainers	Yes			
Columbia Suicide Severity Rating Scale (C-SSRS)	(C-SSRS), supports suicide risk assessment through a series of simple, plain-language questions that anyone can ask. The answers help users identify whether someone is at risk for suicide, assess the severity and immediacy of that risk, and gauge the level of support that the person needs.	Varies	online/in person	https://cssrs.columbia.edu/					
Mental Health First Aid	Mental Health First Aid teaches about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well	3 days	in person/online	https://www.mentalhealthfirstaid.org/take-a-course/what-you-learn/	?	yes			
Recognizing & Responding to Suicide Risk	Clinical case discussions of unique dilemmas that come up in the college population and community; Review of the Comprehensive Approach developed by SPRC/led Foundation; Discussion of suicide prevention strategies for the defined campus community; The role of Student of Concern Committees; and Strategies for the campus when a suicide does occur.	1-2 days but varies	in person	http://www.suicidology.org/training-accreditation/rssr	varies	yes			
NowMattersNow: Micro-interventions	Provides a practical and effective approach to supporting individuals experiencing loneliness, stress, and mental health and substance-use struggles (including suicidal thoughts). Micro-interventions are brief, evidence-based strategies designed to provide immediate support.	2 hours	online - asynchronous	www.nowmattersnow.org	free; \$50 for 2 CEU's	Yes			
NowMattersNow: Recommended Care	Training includes Four Online Webinars and a Full Day Online Workshop designed to provide a practical and effective approach for primary care and behavioral health staff supporting patients with mental health and substance-use struggles in outpatient settings.	10 hours	online - asynchronous	www.nowmattersnow.org	free; \$100 for 10 CEU's	Yes	Micro-interventions course is a pre-requisite		
NowMattersNow: Suicide Safe Care	The course covers the new national guidelines for work across settings with patients at risk for suicide, as well as free evidence-based resources to share and support work with suicidal patients.	2 hours	online - asynchronous	www.nowmattersnow.org	free	no			
Preventing Suicide in Emergency Department Patients	Participants learn how to conduct screening, assessment, and brief interventions with patients at risk for suicide in the emergency department	2 hours	online-asynchronous	https://zerosuicidetraining.edc.org/	free	no			
QPR (Question, Persuade, Refer) Gatekeeper Training	Participants learn the risk factors and warning signs of suicide and specific skills on how to ask clearly and directly about suicide, how to persuade someone to get help and how to refer them to resources.	1 hour	in-person and online asynchronous options	www.qprinstitute.com	\$29.95 online; in-person training costs vary by trainer	no			
QPR Training targeting alcohol, drugs and suicide	The training program targets identification, screening and referral to enhance patient safety - both outpatient and inpatient/residential - and teaches a best practice suicide screening tool and referral methodology. The course includes Level 1 QPR Gatekeeper Training for Suicide Prevention and a brief edition of the Counseling on Access to Lethal Means (CALM) training program.	3-6 hours	online - asynchronous	www.qprinstitute.com	\$79 (volume pricing available)	yes	Includes training info on calm and veteran specific		
Tier 3 - General Population - Identify									
CALM (Counseling on Access to Lethal Means)	Teaches practical skills on when and how to ask suicidal clients about their access to lethal means and how to work with them and their families to reduce that access	2 hours	Online, selfpaced	https://zerosuicidetraining.edc.org/	free	no			
Applied Suicide Intervention Skills Training (ASIST)	Workshop teaches the warning signs of suicide, how to help individuals at risk for suicide stay safe in the moment, respond, and seek further help as needed; A standardized training customizable to local resources	15 hours	in person and online	http://www.livingworks.net/programs/asist	varies	n/a			
Connect Suicide Prevention/Intervention Training	Teaches warning signs and interventions with a person at risk for suicide » Examines prevention and intervention in the context of an individual, family, community, tribe (if applicable), and society » Applies a public health approach, including the socio-ecological model	6 hours In-person 4 hours Online	in person and online	https://theconnectprogram.org/available-services/	Varies	n/a	connect trainer certification		
Columbia Suicide Severity Rating Scale (C-SSRS)	(C-SSRS), supports suicide risk assessment through a series of simple, plain-language questions that anyone can ask. The answers help users identify whether someone is at risk for suicide, assess the severity and immediacy of that risk, and gauge the level of support that the person needs.	varies	online/in person	https://cssrs.columbia.edu/the-scale-in-action/who-can-use-it/	varies	n/a			
Community Course: I'm Making it Matter with Micro-interventions	This class offers simple ways to manage loneliness, stress, relationships and mental health and substance-use struggles (including suicidal thoughts). Micro-interventions (including coping tools called DBT Skills) are small steps you can do in 5 minutes or less to improve your health or support other.	2 hours completed over a week	online	https://training.ursulawhite.edu/p/micro-interventions-now?affcode=346122_682v098u	free	yes			
Connect Postvention Training	Training on how to coordinate a comprehensive and safe response to suicide death including strategies for reducing the risk of contagion » Optional second day for development of postvention response plan	6 hours	in person and online	http://www.theconnectprogram.org/	varies	n/a			
Mental Health First Aid	Mental Health First Aid teaches about recovery and resiliency – the belief that individuals experiencing these challenges can and do get better, and use their strengths to stay well	3 days	online/in person	https://www.mentalhealthfirstaid.org/take-a-course/what-you-learn/	?	yes			
LivingWorks Start	Participants learn a four-step model to keep someone safe from suicide, and practice it using various case simulations.	1 1/2 hours	online - asynchronous	www.livingworks.net	\$39.95	No			
Suicide Alertness for Everyone: Tell, Ask, Listen, and Keep Safe (safeTALK)	Training to improve awareness and identification of as well as response to a person with suicidal thoughts » How to apply the steps specific to safeTALK and help connect a person at risk or in crisis with resources	4 hours	in person and online	http://www.livingworks.net/programs/safetalk	n/a	n/a			
QPR (Question, Persuade, Refer) Gatekeeper Training	Participants learn the risk factors and warning signs of suicide and specific skills on how to ask clearly and directly about suicide, how to persuade someone to get help and how to refer them to resources.	1 hour	in-person and online asynchronous options	www.qprinstitute.com	\$29.95 online; in-person training costs vary by trainer	no			
QPR Training targeting alcohol, drugs and suicide	The training program targets identification, screening and referral to enhance patient safety - both outpatient and inpatient/residential - and teaches a best practice suicide screening tool and referral methodology. The course includes Level 1 QPR Gatekeeper Training for Suicide Prevention and a brief edition of the Counseling on Access to Lethal Means (CALM) training program.	3-6 hours	online - asynchronous	www.qprinstitute.com	\$79 (volume pricing available)	yes	Includes training info on calm and veteran specific		