

KES Rescue Competent Person (RCP) Level Checklist

Compliant with OSHA 1910.146, NFPA 1006-2021

RCP Level Skills Check List

Complete basic knots, including:

- Figure 8 on a Bight
- Bowline with a Yosemite backup
- Butterfly
- Clove Hitch
- Double Overhand Bend
- Double Overhand Noose (Scaffold Knot)
- Prusik Hitch
- Water Knot (Single Overhand Follow-through w/webbing)

Anchor rigging concepts including:

- Fixed Multipoint Anchors with Webbing and/or Accessory Cord
- Single-Point Back-Tie Techniques
- Introduction to Elevated Anchors, including Natural, Structural, and Artificial
- Rigging the TerrAdaptor as a modified tripod

Mainline concepts including:

- The use of the Petzl I'D
- Simple and Compound Mechanical Advantage Systems
- Edge Management

Belay concepts, including:

- The use of the Petzl I'D
- The use of the Petzl ASAP

Additional concepts, including:

- Rigging Skedco Stretcher for Vertical Operations
- Rigging the Spec Pak for Vertical Operations
- Operating a Team-based Lowering and Raising System
- Descend and ascend a fixed rope.

Participant's Name: _____

Participant's Signature: _____ Date: _____

Instructor's Name: _____

Instructor's Signature: _____ Date: _____