

# Kary Environmental Rescue Technician Skills Checklist

Compliant with OSHA 1910.146, 1910.156, NFPA 1006-2021

## **Rescue Technician (RT) Level Skills Check List**

### **Equipment ID, including:**

- PPE Use, including harnesses, and helmets,
- Respiratory protection, SCBA and SAR
- Type of cable winches
- Connectors, rope grabs, pulleys, and descent control devices
- Rope and accessory cords
- Patient Packaging

### **Complete basic knots, including:**

- Figure 8 on a Bight
- Butterfly
- Clove Hitch
- Prusik Hitch

### **Anchor rigging concepts including:**

- Single Point Anchors (W3P2, Basket Hitch, Choker Hitch)
- Fixed Multipoint Anchors with anchor straps, webbing and/or accessory cord

### **Standard Tripod concepts including:**

- Defining and working within the footprint of the tripod
- Use of the MSA Rescue SRL cable winch
- Use of the MSA standard winch
- Use of the pre-rigged 4:1cd

### **Belay and fall protection concepts, including:**

- Defining and working within 'Two Points of Contact'
- The use of SRLs as fall protection while working with tripods
- The use of the Petzl ASAP

### **Patient packaging concepts, including:**

- Using the Skedco Stretcher
- Using the Yates Spec Pak

Participant's Name: \_\_\_\_\_

Participant's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Instructor's Name: \_\_\_\_\_

Instructor's Signature: \_\_\_\_\_ Date: \_\_\_\_\_