



Back in 1982 in the picturesque towns of Eugene and Springfield , a series of family-owned cafes and deli's have left an indelible mark on the community. It all began with Rose Waters Deli, a charming establishment that delighted patrons with its delectable sandwiches, salads and homemade soups. Next came The Pump Cafe, known for its cozy ambiance and mouthwatering breakfast dishes that energized locals each morning. Along Came Trudy followed suit, captivating visitors with its elegant atmosphere and an exquisite menu of gourmet diner cuisine and event space. And now, the legacy lives on with Tall Firs Cafe and Events. With each passing generation, these restaurants have remained in the hands of loving family, where the staff, loyal and dedicated, have become an integral part of the extended family. These businesses have become more than just places to dine—they are cherished gathering spots where bonds are formed, stories are shared, and the spirit of community thrives. The legacy of family ownership and the warmth that radiates from every corner of these establishments continue to make Tall Firs Cafe and Events a place where everyone feels at home.

541-636-4032

1488 18th Street
Springfield, OR 97477

Mon - Fri
7am - 2pm

BREAKFAST



Croissant Sandwich \$12.00
Ham, Bacon or Sausage with Scrambled Eggs & Cheese. Served with Fresh Fruit

Cinnamon Toast \$4.00
2 Pieces of Toast Slathered in Butter with Cinnamon & Sugar

Avocado Toast \$6.50
1 Piece of Toast topped with Avocado, 1 Egg and Everything Seasoning.

EGGS

Sub veggie sausage or fruit on any meal add \$2.00

2 Eggs, Toast & Potatoes \$9.50

1 Egg, Toast & Potatoes \$7.50

Bacon, Ham, or Sausage Links with 2 Eggs, Toast & Potatoes \$12.50

Organic Steel Cut Oatmeal \$7.00
Served with Brown Sugar and Heavy Cream
Half Order \$6.00

Add:
Fresh Raspberries or Blueberries \$3.00
Raisins \$1.50
Walnuts \$2.00

Homemade Granola & Yogurt \$12.00
Served with Fresh Fruit

Biscuits & Gravy \$8.00
Half Order (One Biscuit) \$6.00

OMELETTES

Served with toast and potatoes. Sub veggie sausage or fruit add \$2.00

Mediterranean \$13.75
Bacon, Spinach, Tomato & Feta Cheese

Denver \$13.75
Ham, Bell Pepper, Onion & Cheese

Veggie \$13.00
Spinach, Bell Pepper, Onion, Mushroom, Tomato & Cheese

Meat & Cheese \$13.50
Ham, Bacon or Sausage

Breakfast Burrito \$12.50
Ham, Bacon or Sausage with Scrambled Eggs, Potatoes & Cheese. Smothered in Green Chile Sauce.

Chorizo Burrito \$12.50
Chorizo Sausage, Scrambled Eggs, Potatoes & Queso Blend

Belgian Waffle \$8.00
Add Berries & Whipped Cream \$3.50

French Toast \$7.95
2 Pieces
Additional piece \$2.00

Stack of Pancakes \$7.95
3 Pancakes
Short Stack (2 pieces) \$6.50

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition.



LUNCH

Rice Bowl \$11.00

Brown Rice, Black Beans, Cheese, Tomato, Olives, Cilantro, Jalapeno, Avocado, Salsa & Sour Cream
Add: Grilled or Crispy Chicken \$4.00

SALADS

Cobb \$15.95

Tossed Greens Topped with Grilled Chicken, Bacon, Tomato, Cucumber, Avocado, Blue Cheese & Hard Boiled Egg

Chef \$14.95

Tossed Greens Topped with Turkey, Ham, Cheddar Cheese, Swiss Cheese, Tomato, Cucumber & Hard Boiled Egg

Spinach & Strawberry \$15.95

Tossed Greens Topped with Grilled Chicken, Feta, Red Onion & Walnuts. Raspberry Vinaigrette

Caesar Salad \$10.95

Romaine Lettuce Tossed with Parmesan, Caesar Dressing & Homemade Croutons
Add Grilled or Crispy Chicken \$4.00

Tossed Green \$5.00

Tossed Greens with Tomato & Cucumber
Add:
Cup of Soup \$6.00
Bowl of Soup \$8.00

SANDWICHES

All sandwiches served with chips
Sub Croissant or gluten free bread \$1.00
Add cup of soup or salad \$3.50
1/2 Sandwich \$3.00 Off

Fresh Roast Turkey \$12.00

Oven Roasted Turkey, Lettuce, Tomato, Mayo & Mustard

Chicken Salad \$12.00

Chicken, Lettuce, Tomato, Mayo & Mustard

Veggie \$12.00

Lettuce, Tomato, Cucumber, Avocado, Cream Cheese, Mayo & Mustard

BLT \$12.00

Bacon, Lettuce, Tomato & Mayo

Ham \$12.00

Ham, Lettuce, Tomato, Mayo & Mustard

Ham & Dill Havarti Croissant \$13.00

Ham, Dill Havarti Cheese & Apricot Spread

Crispy Chicken \$13.50

Chicken, Lettuce, Tomato, Red Onion & Mayo
Add: Bacon \$3.00

Homemade Soup

Cup \$6.00

Bowl \$8.00

Homemade Chili

Cup \$6.50

Bowl \$8.50

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DRINKS

COFFEE

| | 12oz | 16oz |
|---------------|--------|--------|
| House Coffee | \$3.00 | \$3.50 |
| London Fog | \$3.75 | \$4.00 |
| Americano | \$3.50 | \$3.75 |
| Cappuccino | \$4.00 | \$4.50 |
| Latte | \$4.00 | \$4.50 |
| Mocha | \$4.75 | \$5.25 |
| White Mocha | \$4.75 | \$5.25 |
| Mexican Mocha | \$4.75 | \$5.25 |
| Chai latte | \$3.75 | \$4.25 |
| Breve | \$4.50 | \$5.00 |

| | |
|-----------------------------|--------|
| Traditional Macchiato (3oz) | \$3.20 |
| Espresso (Double Shot) | \$3.00 |

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|------------------|--------|
| Extra Shot | \$1.25 |
| Milk Alternative | \$1.00 |
| Add Flavor | \$0.75 |

NON-COFFEE DRINKS

| | |
|---------------|--------|
| Hot Tea | \$3.00 |
| Hot Chocolate | \$3.50 |
| Steamer | \$3.75 |
| Italian Soda | \$3.25 |
| Creмоса | \$3.50 |
| Soda | \$2.75 |
| Iced Tea | \$2.75 |
| Lemonade | \$2.75 |
| Juice | \$4.00 |

PASTRIES

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|------------------|--------|
| Savory Scone | \$5.00 |
| Sweet Scone | \$6.00 |
| Filled Croissant | \$6.00 |
| Savory Croissant | \$7.50 |
| Cinnamon Roll | \$5.50 |
| Cookie Bag | \$5.00 |

SIDES

| | |
|-----------------------|--------|
| Cup of Fresh Fruit | \$6.00 |
| Bowl of Fresh Fruit | \$8.00 |
| Bacon, Sausage or Ham | \$5.00 |
| 1 Egg | \$2.50 |
| Toast | \$2.50 |
| Gluten Free Toast | \$3.50 |
| English Muffin | \$2.75 |
| Homemade Biscuit | \$2.75 |
| Potatoes | \$4.25 |
| Gravy | \$3.00 |
| Green Chili Sauce | \$2.50 |
| Salsa | \$0.75 |
| Sour Cream | \$0.75 |
| Peanut Butter | \$0.75 |
| Avocado | \$2.00 |
| Yogurt | \$3.00 |

