



Back in 1982 in the picturesque towns of Eugene and Springfield , a series of family-owned cafes and deli's have left an indelible mark on the community. It all began with Rose Waters Deli, a charming establishment that delighted patrons with its delectable sandwiches, salads and homemade soups. Next came The Pump Cafe, known for its cozy ambiance and mouthwatering breakfast dishes that energized locals each morning. Along Came Trudy followed suit, captivating visitors with its elegant atmosphere and an exquisite menu of gourmet diner cuisine and event space. And now, the legacy lives on with Tall Firs Cafe and Events. With each passing generation, these restaurants have remained in the hands of loving family, where the staff, loyal and dedicated, have become an integral part of the extended family. These businesses have become more than just places to dine—they are cherished gathering spots where bonds are formed, stories are shared, and the spirit of community thrives. The legacy of family ownership and the warmth that radiates from every corner of these establishments continue to make Tall Firs Cafe and Events a place where everyone feels at home.

541-636-4032

1488 18th Street  
Springfield, OR 97477

Tues - Fri  
7am - 2pm

# BREAKFAST



## **Croissant Sandwich** \$13.95

Ham, Bacon or Sausage with Scrambled Eggs & Cheese. Served with Fresh Fruit

## **Cinnamon Toast** \$4.50

2 Pieces of Texas Toast Slathered in Butter with Cinnamon & Sugar

## **Avocado Toast** \$6.50

1 Piece of Toast topped with Avocado,  
1 Egg and Everything Seasoning  
Add Bacon, Ham or Sausage \$2.50  
Add Tomatoes or Red Onion \$.50

## **EGGS**

Sub veggie sausage \$2.00  
Sub fruit for potatoes \$2.00

## **2 Eggs, Toast & Potatoes** \$10.50

## **1 Egg, Toast & Potatoes** \$8.50

## **Bacon, Ham, or Sausage Links with 2 Eggs, Toast & Potatoes** \$13.50

## **Organic Steel Cut Oatmeal** \$9.00

Served with Brown Sugar and Heavy Cream  
Half Order \$7.00

Add:

Variety of Fresh Berries \$4.00  
Raisins \$1.75  
Walnuts \$2.50

## **Homemade Granola & Yogurt** \$14.00

Fresh Fruit served over a bed of lettuce

## **Biscuits & Gravy** \$9.00

Half Order (One Biscuit) \$7.00

## **OMELETTES**

Served with toast and potatoes.  
Sub veggie sausage \$2.00  
Sub fruit for potatoes \$2.00

## **Mediterranean** \$13.75

Bacon, Spinach, Tomato & Feta Cheese

## **Denver** \$13.75

Ham, Bell Pepper, Onion & Cheese

## **Veggie** \$13.00

Spinach, Bell Pepper, Onion, Mushroom,  
Tomato, zucchini & Cheese

## **Meat & Cheese** \$13.50

Ham, Bacon or Sausage

## **Breakfast Burrito** \$12.50

Ham, Bacon or Sausage with Scrambled Eggs, Potatoes & Cheese. Smothered in Green Chile Sauce.

## **Chorizo Burrito** \$12.50

Chorizo Sausage, Scrambled Eggs,  
Potatoes & Queso Blend. Served with  
Fruit, Salsa and Sour Cream

## **Belgian Waffle** \$8.00

Add Berries & Whipped Cream \$3.50

## **French Toast** \$7.95

2 Pieces  
Additional piece \$2.00

## **Stack of Pancakes** \$7.95

3 Pancakes  
Short Stack (2 cakes) \$6.50

Add Berries & Yogurt \$4.50

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition.



# LUNCH

## Rice Bowl \$12.00

Brown Rice, Black Beans, Cheese, Tomato, Olives, Cilantro, Jalapeño, Avocado, Salsa & Cilantro Lime Sour Cream  
Add: Grilled or Crispy Chicken \$4.00

## SALADS

### Cobb \$16.50

Tossed Greens Topped with Grilled Chicken, Bacon, Tomato, Cucumber, Avocado, Blue Cheese & Hard Boiled Egg

### Chef \$16.50

Tossed Greens Topped with Turkey, Ham, Cheddar Cheese, Swiss Cheese, Tomato, Cucumber & Hard Boiled Egg

### Strawberry & Spinach \$16.50

Spinach Topped with Grilled Chicken, Feta, Red Onion & Walnuts  
Served with our House Dressing

### Caesar Salad \$11.95

Romaine Lettuce Tossed with Parmesan, Caesar Dressing & Homemade Croutons  
Add Grilled or Crispy Chicken \$4.00

### Tossed Green \$7.00

Tossed Greens with Tomato & Cucumber  
Add  
Cup of Soup \$6.00  
Bowl of Soup \$8.00  
Add: Grilled or Crispy Chicken \$4.00

## SANDWICHES

All sandwiches served with chips  
Sub Croissant or gluten free bread \$2.00  
Add cup of soup or salad \$4.50  
1/2 Sandwich \$3.00 Off

### Fresh Roast Turkey \$13.00

Oven Roasted Turkey, Lettuce, Tomato, Mayo & Mustard

### Chicken Salad \$13.00

Homemade Chicken Salad, Lettuce, Tomato, Mayo & Mustard

### Veggie \$13.00

Lettuce, Tomato, Cucumber, Avocado, Cream Cheese, Mayo & Mustard

### BLT \$13.00

Toasted with Bacon, Lettuce, Tomato & Mayo

### Ham \$13.00

Ham, Lettuce, Tomato, Mayo & Mustard

### Ham & Dill Havarti Croissant \$14.00

Toasted with Ham, Dill Havarti Cheese & Apricot Spread

### Crispy Chicken \$14.50

Chicken, Lettuce, Tomato, Red Onion & Mayo. Served on a Toasted Bun  
Add Cheese \$1.50  
Add: Bacon \$3.00

## Homemade Soup

Cup \$7.00

Bowl \$9.00

## Homemade Chili

Cup \$7.50

Bowl \$9.50

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# DRINKS

## COFFEE

	12oz	16oz
House Coffee	\$3.00	\$3.50
London Fog	\$3.75	\$4.00
Americano	\$3.50	\$3.75
Cappuccino	\$4.00	\$4.50
Latte	\$4.00	\$4.50
Mocha	\$4.75	\$5.25
White Mocha	\$4.75	\$5.25
Mexican Mocha	\$4.75	\$5.25
Chai latte	\$3.75	\$4.25
Breve	\$4.50	\$5.00

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Traditional Macchiato (3oz)	\$3.25
Espresso (Double Shot)	\$3.00

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Extra Shot	\$1.25
Milk Alternative	\$1.00
Add Flavor	\$0.75



## NON-COFFEE DRINKS

Hot Tea	\$3.00
Hot Chocolate	\$3.75
Steamer	\$3.25
Italian Soda	\$3.25
Creмоса	\$3.50
Soda	\$2.75
Iced Tea	\$2.75
Lemonade	\$2.75
Juice	\$2.50

## PASTRIES

Savory Scone	\$5.00
Sweet Scone	\$6.00
Filled Croissant	\$6.00
Savory Croissant	\$7.50
Cinnamon Roll	\$5.50
Cookie Bag	\$5.00

\*Additional Homemade Desserts Available

## SIDES

Cup of Fresh Fruit	\$7.00
Bowl of Fresh Fruit	\$9.00
Bacon, Sausage or Ham	\$6.00
1 Egg	\$3.50
Toast	\$2.50
Gluten Free Toast	\$3.50
English Muffin	\$2.75
Homemade Biscuit	\$2.75
Potatoes	\$4.25
Gravy	\$3.00
Green Chili Sauce	\$2.50
Salsa	\$0.75
Sour Cream	\$0.75
Peanut Butter	\$0.75
Avocado	\$2.00
Yogurt	\$3.00