



COLLEGE ADMISSIONS COHORT CURRICULUM

CLASS OF 2027

Cohort Admissions Program Curriculum

Format: 8 Students Per Cohort - Weekly 90-Minute Sessions

Timeline: March (Junior Year) → Mid-December (Senior Year)

Breaks: Spring Break, Summer (4 weeks), Thanksgiving, Christmas/New Year, Major School Holidays

PHASE 1: FOUNDATIONS - JUNIOR YEAR

WEEK 1: PROGRAM KICKOFF & ORIENTATION

- INTRODUCTIONS, EXPECTATIONS, ADMISSIONS OVERVIEW
- SETTING PERSONAL GOALS AND ACCOUNTABILITY

WEEK 2: ACADEMIC RESUME FOUNDATIONS

- DOCUMENTING ACTIVITIES, HONORS, LEADERSHIP ROLES
- DRAFTING A PROFESSIONAL ACADEMIC RESUME

WEEK 3: UNDERSTANDING COLLEGE ADMISSIONS LANDSCAPE

- TYPES OF INSTITUTIONS, SELECTIVITY TIERS
- WHAT COLLEGES VALUE IN APPLICANTS

WEEK 4: CAREER & LEARNING ASSESSMENTS

- COMPLETING MAJOR AND CAREER ASSESSMENTS
- CONNECTING RESULTS TO MAJORS/CAREERS

WEEK 5: RESEARCH TOOLS & STRATEGIES

- USING U.S. NEWS, COLLEGE SCORECARD, NICHE DATABASES
- EVALUATING MAJORS AND PROGRAMS

WEEK 6: BUILDING A COLLEGE LIST

- REACH, MATCH, SAFETY FRAMEWORK
- IDENTIFYING PERSONAL FIT FACTORS

WEEK 7: ALIGNING ACADEMICS & EXTRACURRICULARS

- PLANNING SENIOR YEAR COURSES FOR RIGOR
- POSITIONING EXTRACURRICULARS FOR LEADERSHIP

WEEK 8: PARENT INFO SESSION

- FINANCIAL AID OVERVIEW, SCHOLARSHIPS, FAFSA BASICS

PHASE 2: TESTING & ESSAY FOUNDATIONS - JUNIOR YEAR

WEEK 9: SAT/ACT STRATEGY OVERVIEW

- TEST FORMAT, TIMING, SCORING EXPLAINED
- CHOOSING SAT VS ACT

WEEK 10: PRACTICE TEST REVIEW & PLAN

- ANALYZING DIAGNOSTIC RESULTS
- CREATING PREP SCHEDULE

WEEK 11: EXTRACURRICULAR POSITIONING & SUMMER PLANNING

- IDENTIFYING LEADERSHIP OPPORTUNITIES
- PLANNING ENRICHMENT ACTIVITIES

WEEK 12: SCHOLARSHIP SEARCH STRATEGIES

- LOCAL, MERIT-BASED, NATIONAL OPPORTUNITIES
- CREATING SCHOLARSHIP TRACKER

WEEK 13: ESSAY FOUNDATIONS

- STORYTELLING EXERCISES, PERSONAL NARRATIVE DEVELOPMENT

WEEK 14: BRAINSTORMING ESSAY TOPICS

- EXPLORING IDENTITY, CHALLENGES, PASSIONS
- SELECTING STRONG TOPICS

WEEK 15: DRAFTING PERSONAL STATEMENT

- STRUCTURING ESSAY (HOOK, BODY, REFLECTION)
- WRITING FIRST DRAFT

WEEK 16: ESSAY DRAFT WORKSHOP

- PEER REVIEW AND ADVISOR FEEDBACK

WEEK 17: SCHOLARSHIP ESSAY WORKSHOP

- DRAFTING AND EDITING SCHOLARSHIP ESSAYS

WEEK 18: JUNIOR YEAR WRAP-UP

- REVIEW PROGRESS, SET SENIOR YEAR GOALS

WEEK 19: ASSIGN SUMMER TASKS & GOAL SETTING

- RESUME POLISH, ESSAY REFINEMENT

WEEK 20: TRANSITION TO SENIOR YEAR

- COHORT REFLECTION AND PREPARATION

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PHASE 3: APPLICATION EXECUTION - SENIOR YEAR

WEEK 21: SENIOR YEAR KICKOFF

- UPDATED COLLEGE LIST
- APPLICATION TIMELINE AND DEADLINES

WEEK 22: PERSONAL STATEMENT REFINEMENT

- EDITING FOR CLARITY, VOICE, IMPACT

WEEK 23: SUPPLEMENTAL ESSAYS (PART 1)

- COMMON PROMPTS (WHY US, ACTIVITIES, DIVERSITY)

WEEK 24: SUPPLEMENTAL ESSAYS (PART 2)

- DRAFTING AND REVISING DRAFTS

WEEK 25: COMMON APP & APPLYTEXAS WALKTHROUGH

- STEP-BY-STEP COMPLETION

WEEK 26: SCHOLARSHIP APPLICATION STRATEGY

- IDENTIFYING TOP 5 SCHOLARSHIPS
- DRAFTING ESSAYS

WEEK 27: FAFSA COMPLETION WORKSHOP

- WALKTHROUGH OF FAFSA FORM

WEEK 28: PARENT INFO SESSION

- APPLICATION PROCESS & FINANCIAL AID DEEP DIVE

WEEK 29: MOCK ADMISSIONS COMMITTEE

- STUDENTS EVALUATE SAMPLE APPLICATIONS

WEEK 30: EARLY ACTION/EARLY DECISION PREP

- REVIEWING DEADLINES AND REQUIREMENTS

WEEK 31: FINALIZE APPLICATIONS (NOV 1 DEADLINES)

- DOUBLE-CHECKING TRANSCRIPTS, RECOMMENDATIONS

WEEK 32: SCHOLARSHIP ESSAY POLISH & SUBMISSION

- EDITING AND SUBMITTING PRIORITY SCHOLARSHIPS

PHASE 4: DECISION AND TRANSITION - SENIOR YEAR

WEEK 33: UNDERSTANDING ADMISSIONS DECISIONS

- ACCEPTANCES, WAITLISTS, DEFERRALS EXPLAINED

WEEK 34: TRANSITION PLANNING

- HOUSING, ORIENTATION, BUDGETING BASICS

WEEK 35: COHORT SHOWCASE PREP

- PREPARING PRESENTATIONS OF COLLEGE DESTINATIONS

WEEK 36: COHORT SHOWCASE & REFLECTION

- SHARING OUTCOMES, CELEBRATING PROGRESS

WEEK 37: SCHOLARSHIP SUBMISSION PUSH

- FINAL SCHOLARSHIP APPLICATIONS

WEEK 38: THANKSGIVING BREAK PLANNING

- PREPARING FOR DEADLINES

WEEK 39: FINAL FAFSA & SCHOLARSHIP REVIEW

- REFLECTION, NEXT STEPS FOR COLLEGE TRANSITION

FINAL SESSION: SENIOR WRAP-UP & CELEBRATION

- DRAFTING AND REVISING DRAFTS

DELIVERABLES THROUGHOUT PROGRAM

- ACADEMIC RESUME: FINALIZED RECORD OF ACTIVITIES, HONORS, AND LEADERSHIP FOR APPLICATIONS.
- PERSONAL STATEMENT: POLISHED ESSAY READY FOR SUBMISSION WITH STRONG STORYTELLING AND REFLECTION.
- SUPPLEMENTAL ESSAYS: COMPLETED DRAFTS TAILORED TO SPECIFIC COLLEGES AND PROMPTS.
- COLLEGE LIST (10 SCHOOLS): FULLY RESEARCHED AND FINALIZED LIST WITH REACH, MATCH, AND SAFETY SCHOOLS.
- SCHOLARSHIP APPLICATIONS: SUBMITTED ESSAYS AND ORGANIZED TRACKER FOR LOCAL AND NATIONAL OPPORTUNITIES.
- APPLICATION PORTFOLIO: COMMON APP/APPLYTEXAS COMPLETED WITH ESSAYS, RESUME, AND SUPPORTING MATERIALS.

WHY THIS CURRICULUM WORKS

- APPLICATION READINESS: FOCUS ON COMPLETING ESSAYS, RESUMES, AND APPLICATIONS WITH POLISHED, SUBMISSION-READY MATERIALS.
- CONFIDENCE UNDER PRESSURE: BUILDS WRITING AND INTERVIEW SKILLS TO HANDLE DEADLINES AND HIGH-STAKES ADMISSIONS TASKS.
- STRATEGIC TIMING: ALIGNS MAJOR DELIVERABLES WITH COLLEGE DEADLINES, ENSURING STUDENTS STAY AHEAD OF REQUIREMENTS.
- PARENT PARTNERSHIP: KEEPS FAMILIES INFORMED ABOUT FINANCIAL AID, SCHOLARSHIPS, AND ADMISSIONS TIMELINES.
- SKILL EXECUTION: TRANSITIONS FROM PRACTICE TO FULL EXECUTION OF TEST PREP, ESSAYS, AND APPLICATIONS.
- SUCCESSFUL TRANSITION: ENSURES STUDENTS FINISH WITH A COMPLETE PORTFOLIO, READY FOR COLLEGE AND SCHOLARSHIPS