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**Harvey F.
Eckhoff
VFW Post 7674**

Email: post7674@vfwfl.org

Web Page: vfwpost7674.org

213 Carol Ave NW
Fort Walton Beach, FL 32548

Telephone: (850)244-3834



Our Total For 2024-2025 – 845

Year-To-Date – 19

Percentage – 2.24 %

District 1 2024-2025 – 3558

Year-To-Date – 129

Percentage – 3.62%



THE DISPATCH

NEWS AND INFORMATION



**Here's To
Nights We
Don't
Remember**



With Friends We Won't Forget



**Yeah I'd Do It All
Again If I Could**

**So, Pour Me
One More
Drink
Bartender
Let's Raise A
Glass To Then**





Commander Kevin Thurman Gives His Thoughts About The Post

As I write this month's newsletter I see we are just two weeks out from school starting back up. Hard to believe the summer is gone just like that. We had lots of great events throughout the past month with lots of participation. We also had lots of visitors come through town and visited the Post. We received all kinds of accolades from the visitors about how nice and clean our Post looks and how the entire staff was "so friendly" and caring. Our volunteers have really stepped it up too with the Independence Day celebration and meals on Fridays ranging between 60 and 80 meals. That's a whole lot of grilling in the HOT HOT weather!

We have a lot of reach out programs happening and could use your help or donations. We just completed a charity bingo for Silver Sands special needs school and was able to raise over \$1200. We will also be participating in a fund raiser for Healing Hoof Steps and starting to collect for the Homeless Vet stand-down in late October or early November. Please watch the calendar, lobby, newsletter, Facebook and our Web page for updates and how you can help. It is also time to start pushing our youth programs for the Voice of Democracy and Patriot Pen.

We have an urgent need for a new Trustee (1 year). This is an elected position and we will elect that new person at our next meeting. If you might be interested in the position please let Steve or I know and we can fill you in on the responsibilities of the job. This is a mandatory "MUST FILL" position so please step forward. Usually about 3 hours twice a month.

Halloween will fall on a Friday night this year...anyone wants to put together a party for the Post? Now is the time to plan the entertainment and menu in order to make it all happen. Also on 27 October we will be holding the ARC Halloween party and costume contest. Lots of great events ahead and we value everyone's input and help.

Finally, I just want to say THANKS to all the volunteers and also to the OUTSTANDING support from the Auxiliary. It takes a TEAM to be successful and Post 7674 has that TEAM. Please be sure to let the volunteers know how you feel.



So we had a lousy Scratch last month. Two more Atoms have now become full fledged Nits. We will not let them just flail around and be misguided but will continue with the negative vibes to get them pointed in the right direction for 2nd Degree. Cootie School of Instruction is on 6 Sep and we could use as much participation as possible, so please put that on your schedules. I am quite sure many quarts of cootie "milk" will be consumed to make it quite the party. We need to approve some funding for the ARC party, so please make the next Scratch. Also continue to seek the seams and search out those other Atoms that want to become a part of our crummy fraternity. Keep the hospital reports coming.

"Keeping 'em smiling in beds of white"

Kevin Thurman
Seam Squirrel



**Coffee and Donuts Every
2nd, 3rd, and 4th Monday
From 7 – 10 AM At
Eglin AFB VA Clinic
COME OUT AND HELP**



AUGUST 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31 BREAKFAST 8 – 11:30 AM					1 CATFISH FRY 5-7 PM BEACH BAR LOUIE 6:30 PM	2 POST INVENTORY 8:30 AM
3 BREAKFAST 8 – 11:30 AM	4 COFFEE/DONUTS VA CLINIC 7 – 10 AM COAST GUARD BIRTHDAY	5 WINGS & THINGS 5 – 7 PM QUEEN OF HEARTS 6:00 PM	6 CITY POOL LEAGUE BANQUET	7 BINGO 5 -???? PM PURPLE HEART DAY	8 PORK CHOPS 5 – 7 PM THE “WRECKING CREW” 6:30 PM	9 KREW OF COLUMBUS
10 BREAKFAST 8 – 11:30 AM	11 MOC SCRATCH 6:01 PM COFFEE/DONUTS VA CLINIC 7 – 10 AM	12 WINGS & THINGS 5 – 7 PM QUEEN OF HEARTS 6:00 PM	13 HOUSE COMMITTEE 6:00 PM OLD-TIMERS 5 -???? PM	14 BINGO 5 -???? PM	15 STEAK NIGHT 5 – 7 PM RANDY GARDNER 6:30 PM	16
17 BREAKFAST 8 – 11:30 AM	18 POST MEETING 6:30 COFFEE/DONUTS VA CLINIC 7 – 10 AM	19 WINGS & THINGS 5 – 7 PM QUEEN OF HEARTS	20	21 BINGO 5 -???? PM	22 MEATLOAF 5 – 7 PM KARAOKE WITH KATRAINA 6:30 PM	23
24 BREAKFAST 8 – 11:30 AM BAKE SALE	25	26 WINGS & THINGS 5 – 7 PM QUEEN OF HEARTS	27	28 BINGO 5 -???? PM	29 COUNTRY FRIED STEAK 5 – 7 PM BOBBY “D” 6:30 PM	30
SUNDAY POOL 2 PM	COFFEE/DONUTS VA CLINIC 7 – 10 AM 2 nd , 3 rd & 4 th MONDAY OF EACH MONTH	TUESDAY CRIBBAGE 6 PM	TUESDAY QUEEN OF HEARTS DRAWING 6 PM	THURSDAY MINDFUL YOGA 9:30 AM		CANTEEN HOURS M-F 12 -10 PM Sat: 10 AM – 10 PM Sun: 8 AM – 10 PM



VFW AUXILIARY

UNWAVERING SUPPORT FOR UNCOMMON HEROES®

How does your membership in VFW Auxiliary 7674 support all of our veterans? For more than 100 years, the VFW Auxiliary has been providing needed services, information, and assistance to veterans, active-duty service members, and their families, and our community in honor of the sacrifices and commitment every man and woman makes who has served in uniform. That is our primary purpose and mission.

As we look toward the future, we have an opportunity to strengthen our ranks and deepen our impact through membership growth and volunteer participation. The success of our Auxiliary depends on the involvement of dedicated individuals like you. By actively engaging in our events, initiatives, and recruitment efforts, we can ensure that our organization continues to thrive while you also forge new friendships and honor our American heroes.

Our auxiliary is 305 members strong; sadly, however, only the same 10-15 members attend the monthly meetings and actively support the many activities sponsored by Post 7674. Think about why you joined and remember the obligation you made when you applied for membership. We know many of you can bring fresh ideas, skills, and enthusiasm to our cause. Your heart and hands are needed on our team.

Here are some ways you can help: assist with our fundraising efforts that benefit veterans, active-duty military and their families—volunteer at local assisted living facilities, promote veteran suicide awareness, participate in events assisting homeless veterans, contact legislators (local and in Washington, DC) about legislation impacting veterans and their families, and help educate others about what the VFW Auxiliary does.

These are just some ideas. Towards that goal, the Auxiliary has over 10 programs that focus on these and other areas. However, we can only accomplish this with all our members getting involved. Be a difference maker. We can use your time, talent, and new ideas. We also welcome any member looking to volunteer for one of our leadership positions.

We invite you to join us when we meet the third Monday of each month at 6:30 p.m. at the Post to learn about these programs and help us with fresh ideas!



POST SERVICE OFFICERS ARE LOCAL ADVOCATES WHO ASSIST VETERANS

**VFW Post 7674 Welcomes
Our New Service Officer
MICHAEL HICKS**

HOURS:

**1st & 3rd Tuesday of the Month
1 – 4 PM**

**2nd & 4th Thursday of the Month
1 – 4 PM**

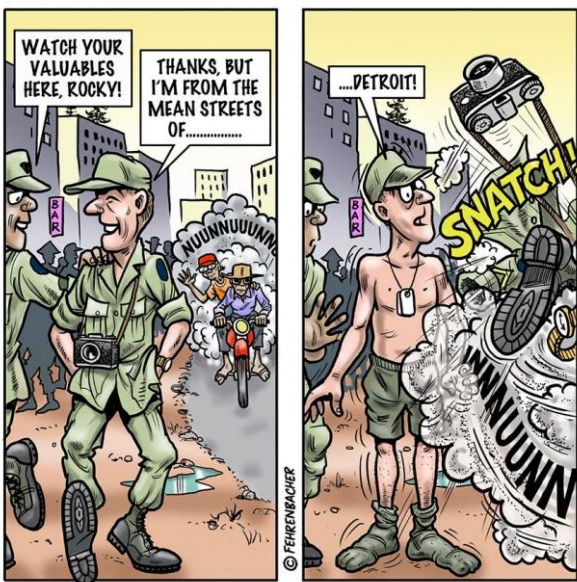
**We thank him for stepping up to help
our veterans, community, and Post.**

Feel free to contact him at:

Tele: (850)218-6427

Email: Michael.hicks308@gmail.com

IN-COUNTRY



WELCOME TO THE BIG LEAGUE, ROCKY!



In 2005, the United States established a National Suicide and Crisis Lifeline, and it was a nine-digit phone number. In July of 2022, the 9-8-8 call system (similar to the 9-1-1 system) was implemented as a quick and easy way to remember how to reach the National Suicide Prevention Lifeline and other support systems.

Basically, 9-8-8 is a national hotline for mental health emergencies. It connects individuals to trained counselors for support, assessment and intervention 24/7, 365 days a year. A central objective is to help prevent hospitalizations or involvement of law enforcement unnecessarily.

The service can provide local mental health services and resources. It also promotes awareness and acceptance of mental health issues. Seven out of ten people who have contacted the line said they received the support they needed.

According to the Office of Enterprise Services, part of the Department of Health and Human Services, the original purpose of the line was suicide prevention. Suicide is the second leading cause of death for 12-17 year olds and the fifth leading cause of death for 18-64 year olds. Ten percent of callers continue to report that talking to someone on the line prevented them killing themselves. The line can route veterans to the Veterans Crisis Line if they prefer. Since 2022, the line has had a total of 18,696,182 contacts.

As always, the more you know the more options you have. Remember 9-8-8 is your resource 24/7.

Today's quote:

**"Valor is stability, not of legs
and arms but of courage
and the soul."**

(Unknown)

**See you at the Post. Think health!
Doc G**