**1st GUP TEST STUDY GUIDE**

This study guide is designed to prepare you for your written examination. The answers to the questions below are found in your gup manual. If you have any questions about the material, be sure to ask a class instructor. You are also responsible for anything on previous study guides.

**General Knowledge**

The written test you will take for this rank is quite different than the rest. The questions ask you to reflect upon yourself, and we are looking for complete, well thought—out responses. Think about the following topics. You can attach your answers to this sheet on separate sheets of paper, either hand-written or typed out. These answers count as your test.

* Why are you taking *Tang Soo Do*?
* What do you like/dislike about yourself?
* What is a black belt?
* Have you ever used *Tang Soo Do*?
* How would you handle a weapon attack?
* What will you do if you fail this test?
* Why are you a good example for junior ranking students?
* What are the responsibilities of a *cho dan bo*?
* How have you changed since you began training in *Tang Soo Do*?
* What are your goals in Tang Soo Do? How about general fitness?
* What is the most difficult thing about *Tang Soo Do*?

Has your opinion changed since you began taking *Tang Soo Do*?