**5th GUP TEST STUDY GUIDE**

This study guide is designed to prepare you for your written examination. The answers to the questions below are found in your gup manual. If you have any questions about the material, be sure to ask a class instructor. You are also responsible for anything on previous study guides.

**General Knowledge**

1. Explain the Korean Flag:
2. What is the name of the center symbol, and what does it represent?
3. What do the 3 solid bars represent?
4. What do the 3 broken bars represent?
5. What do the 1 broken and 2 solid bars represent?
6. What do the 2 broken and 1 solid bars represent?
7. What does the green belt represent?

3. Explain the WTSDA emblem:

1. What do the 6 stars represent?
2. What does the globe represent?
3. What does the flying side kick represent?
4. What does the master’s belt represent?
5. What does the red circle represent?
6. What does the center symbol (Um/Yang) represent?

**Forms**

1. What does Pyung Ahn E Dan mean?

2. Number of moves?

 3. Where was it created?

4. How many movements in the Sae Kye forms?

**History**

1. Who was Won Kwang?

2. Who were the Hwa Rang Dan?

3. What happened in 668 AD?

4. What is the Mooyae Dobo Tongji?

**Terminology**

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| 1. Two hand block, front stance  2. By the count  3. Hammer fist  4. Breaking  5. Jumping Side kick  6. One  7. Two  8. Three  9. Four 10. Five 11. Six 12. Seven 13. Eight 14. Nine 15. Ten 16. Spear hand17. Stance | 18. Ten 19. Horseback stance 20. Kick Steps 21. Back kick 22. Jump spinning back kick 23. Knee kick 24. Back fist 25. Inside/outside block 26. Without the count 27. Front stretch kick 28. Self-defense 29. Turn to the rear 30. Colored belt holder 31. Knife hand 32. Sit 33. World Tang Soo Do Association 34. Begin |