**5th GUP TEST STUDY GUIDE**

This study guide is designed to prepare you for your written examination. The answers to the questions below are found in your gup manual. If you have any questions about the material, be sure to ask a class instructor. You are also responsible for anything on previous study guides.

**General Knowledge**

1. Explain the Korean Flag:
2. What is the name of the center symbol, and what does it represent?
3. What do the 3 solid bars represent?
4. What do the 3 broken bars represent?
5. What do the 1 broken and 2 solid bars represent?
6. What do the 2 broken and 1 solid bars represent?
7. What does the green belt represent?

3. Explain the WTSDA emblem:

1. What do the 6 stars represent?
2. What does the globe represent?
3. What does the flying side kick represent?
4. What does the master’s belt represent?
5. What does the red circle represent?
6. What does the center symbol (Um/Yang) represent?

**Forms**

1. What does Pyung Ahn E Dan mean?

2. Number of moves?

3. Where was it created?

4. How many movements in the Sae Kye forms?

**History**

1. Who was Won Kwang?

2. Who were the Hwa Rang Dan?

3. What happened in 668 AD?

4. What is the Mooyae Dobo Tongji?

**Terminology**

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| 1. Two hand block, front stance   2. By the count   3. Hammer fist   4. Breaking   5. Jumping Side kick   6. One   7. Two   8. Three   9. Four  10. Five  11. Six  12. Seven  13. Eight  14. Nine  15. Ten  16. Spear hand  17. Stance | 18. Ten  19. Horseback stance  20. Kick Steps  21. Back kick  22. Jump spinning back kick  23. Knee kick  24. Back fist  25. Inside/outside block  26. Without the count  27. Front stretch kick  28. Self-defense  29. Turn to the rear  30. Colored belt holder  31. Knife hand  32. Sit  33. World Tang Soo Do Association  34. Begin |