**Impact Martial Arts 9th Gup Study Guide (Written Test Worksheet)**

This study guide is designed to prepare you for future written examinations. With the exception of forms information, the answers to the questions below are found in your gup manual. If you have any questions about the material, be sure to ask a class instructor.

1. What is the name of out art?

2. What is the name of our organization?

3. Who is the Grandmaster?

4. What is his rank?

5. Who are your instructors?

6. What’s their rank?

7. Name the five codes:

* A.
* B.
* C.
* D.
* E.

8. What is the name of our studio?

9. What does the white belt represent?

**Form: Sae Kye Hyung Il Bu**

Meaning:

Creator:

Date of Creation:

Place of Creation:

No. of Moves:

Impact Martial Arts 9th Gup Curriculum Sheet

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Hand Techniques** | **Kick Techniques** | **Forms** | **Weapons** | **One Steps** | **Self Defense** |
| High Block | Front Kick | Sae Kye Hyung Il Bu | n/a | 1 to 3 | same side wrist grab |
| Low Block | Jump Front Kick |   |   |   | opposite side wrist grab |
| Inside outside block | Roundhouse Kick |   |   |   | choke |
| Outside Inside block | Side Kick |   |   |   |   |
| Punch and Punch exercise | Axe Kick |   |   |   |   |

Other Requirements:

Attendance- Minimum of 12 classes prior to test date

Written Test- complete and submit 9th gup study guide

Thesis- N/A