



## Cathryn Robson

Singing & Voice Coach / Mentor  
Higher/ Further Education Professional – Voice, Singing and Music  
*FHEA, PGCHE, MA Voice Studies, BA Hons*

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### Professional Profile

Since 2002, I have been helping singer/ songwriters, contemporary dance-makers and actors elevate their vocal skills. My pedagogy draws from a range of approaches from the singing and voice coaching fields, including the function-oriented Estill Model and the somatically-grounded Fitzmaurice Voicework®. Through my coaching, I aim to help individuals discover their unique vocality and to access creative, impactful and healthy vocal choices.

### Education

**PGCHE** (Distinction) – University of Westminster, London (2014-16)

**MA Voice Studies** (Distinction) – Royal Central School of Speech and Drama, London (2010-11)

**BA Hons Visual and Performing Arts, Brighton Polytechnic** - First Class with Commendation in Music (1991)

### Specialist Voice CPD and Training (selected)

**Application of Acoustic Vocal Pedagogy for CCM Singing**, Voice Study Centre, Chadley Ballantyne, July 2021

**Singing Hot and Cool: Polyvagal Theory and Vocal Pedagogy**, Voice Study Centre, Joanna Cazden, July 2021

**Acoustic 'Tips and Tricks' for the Voice**, Voice Study Centre, Kelly Hijleh, March 2021

**Singing for Health**, Voice Study Centre, Emily Foulkes, January-February 2021

**Beyond the Major Scale: Ear and voice in vocal exercises**, Voice Study Centre, Kim Chandler, November 2021

**Healthy Mind, Healthy Voice (Online conference)**, BVA and ICMP, London, July 2020

**Trauma Summit 2020 (Online)** – Introduction to trauma theory and practice with leading specialists, June 2020

**Roy Hart Voicework** – Margaret Pikes, Goldsmiths, London, February 2020

**Airflow and Support** – Dale Chalfin/ Physio Ed, London, December 2019

**Breathing Coordination** – Robin De Haas/ ICMP, London, October 2019

**Exploring the Acoustic Soundscape** – Ken Bozeman, Voice Workshop, East Bergholt, September 2019

**Advanced Anatomy for the Voice Professional**, Voice Workshop, July 2018

**Fitzmaurice Voicework® Associate Training** - London, September 2014

**Accent and Dialect Symposium** – London, April 2011

**Estill Vocal Model/ Levels 1 & 2** – The Voice Explained, Royal Academy of Music, London 2010

**CT ABRSM - Certificate in Teaching-Singing**, Associated Board of the Royal Schools of Music, UK 2008

### General CPD (selected)

**Certificate in Trauma Informed Practice (Level 7 CPD)**, The Weekend University, August 2023

**Ethical Marketing**, Embodiment Unlimited, Spring 2021

**Designing an online course**, University of Westminster, August 2020

**How to design an online training**, The Embodied Practitioner, July 2020

**Essentials of Budgeting for Higher Education**, Advance HE, Online Training, September 2019

**Learning Walks and Ungraded Tutor Observations Training** – City Lit, London, October 2018

**Marketing, Branding, Finance for Sole Traders** – Menta, East Anglia Start-Up Training, Ipswich, 2018

**Emergency First Aid** – Camden Council, September 2017

**Learning Conversations and Peer Observation** – University of Westminster, November 2015

## Employment History

### October 2023 to present – Course Leader

MA/MFA Voice Studies: Teaching and Coaching, Royal Central School of Speech and Drama, London

- Managing a team of core staff and visiting lecturers in the delivery of pedagogy, practice and research units
- Leading on validation of programme and curriculum development
- Sourcing industry specialists and guests for delivery across the course
- Teaching and assessing responsibilities as per below:

### April 2021 to present – Lecturer in Voice

MA/MFA Voice Studies: Teaching and Coaching, Royal Central School of Speech and Drama, London

- Supervising and assessing trainee voice and singing coaches' final projects and dissertations
- Conducting trainee coach lesson observations in Pedagogies unit, including feedback and assessing
- Delivering sessions in vocal anatomy/ physiology and Fitzmaurice Voicework
- Liaison with Programme Leader on curriculum development and extra-curricular industry events
- Sourcing industry guests for programme and facilitating student Careers Day

### March 2013 to present – Senior Lecturer Voice and Music Performance

BMus Production, Performance and Enterprise, University of Westminster, London

- Co-ordination of course vocal tutor team and overseeing design and delivery of vocal curriculum
- Teaching CCM vocal technique, musicianship, phonetics, vocal health
- Leadership of a range of performance modules including preparation of handbooks, liaison with delivery team, liaison with Registry, administrative, assessing and module evaluation
- Supervising a range of individual student performance projects across Levels 5 and 6
- Representing the programme at Open Days and Applicant Days
- Pastoral care of personal tutees

### August 2013 to December 2019 – Head of Singing

Trinity Diploma in Music Theatre (Level 6) Wac Arts, London

#### Curriculum, Teaching and Assessment Responsibilities:

- Co-ordination of vocal tutor team in the delivery of the singing curriculum including budgeting, sourcing and contracting tutors, tutor observation and development
- Curriculum review and design in line with industry trends
- Lead and second assessing for technique and repertoire
- Teaching vocal technique, musicianship, Fitzmaurice Voicework, vocal health across year groups
- Producing 3<sup>rd</sup> year annual singing showcase and 2<sup>nd</sup> year termly rep performances
- Leading on the preparation of course SAR and QIP including data collection, analysis and reporting
- Management of course Virtual Learning Environment (Google Classroom) including tutor induction
- Liaison with accrediting bodies and regulators (Trinity, Ofsted, CDMT)

### September 2017 to May 2021 – Lecturer in Voice

BA Musical Theatre, London College of Music

- Teaching weekly L4 and L5 group classes in phonetics, accents, vocal health, breath, phonation, resonance, articulation, vocal anatomy/ physiology, Fitzmaurice Voicework, text work and cold reading skills
- Designing and conducting formative and summative assessments in voice skills and phonetics

### January 2018-present – Module Leader: Music and Well Being

MMus Popular Music Performance, Institute of Contemporary Music Performance, London

- Module leadership facilitation of weekly sessions in the physical and mental health of musicians
- Sourcing of and liaison with internal and external guest speakers for the module
- Co-assessing presentations and written assignments Module evaluation and reporting

## December 2016-July 2018

### Co-director of Freedom and Focus - Fitzmaurice Voicework Conference (London, July 20<sup>th</sup>-24<sup>th</sup>, 2018)

- Sourcing conference venue, contract negotiation, liaison with technical, marketing and catering teams
- Overseeing conference budget alongside Finance Director
- Co-ordination of and liaison with UK team on conference marketing and promotion
- Liaison with international team on workshops, performances and research presentations

## Performance and Recording (1991-present)

Vocalist, recording artist and songwriter within a range of solo and collaborative projects including touring and radio play in the UK, Europe, US and Canada.

## Workshops and Conferences (Presenter)

- **Decolonising Studio Voice Practice:** International Network of Voice, RCSSD, 2023
- **Fitzmaurice Trainer/ Assessor:** Fitzmaurice Certification 17, London
- **Fitzmaurice Voicework:** ICMP R&D Conference, London, July 2019  
British Voice Association, Birmingham, May 2019  
Freelance workshops, London (varied venues) 2013-present
- **Singing and Fitzmaurice Voicework:** Freedom and Focus Fitzmaurice Voicework Conference  
London, July 2018/ Dublin, July 2016
- **Working with Text:** Fitzmaurice Voicework Certification XV, Barcelona, July 2017
- **Technology as an HE Enabler:** Teaching and Learning Symposium, University of Westminster
- **Voice and Singing Workshops:** Week-long performer training, Cyprus, September 2009

## Selected Freelance Projects: Singing/ Voice Coach and Performer

Year	Production/ Company	Role	Touring to and/ or Venue
	Contemporary Dance		
2011-24	En Drasi/ Evie Demetriou, Cyprus <i>11 Dance-theatre productions</i>	Voice and accent coach	Europe, Asia, Africa, UK
2017-21	Jean Abreu Dance, London <i>As They Are</i> <i>Solo for Two</i>	Singer and singing coach	Europe, UK, China
2003-20	Pelma, Lia Haraki, Cyprus <i>8 Dance theatre pieces</i>	Voice/ singing coach and performer	Europe, UK
2012-19	Student and Fringe Productions	Voice/ singing/ accent coach	London, UK

## Other Information

Full and clean driving license

High level of computer literacy

Sung languages – French, Greek, Italian, German, Spanish

## Professional Affiliations

Advance HE – Institutional Membership through University of Westminster

FHEA – Fellow of the Higher Education Academy

BVA (British Voice Association)

VASTA (Voice and Speech Teachers Association)

PRS/ MCPS

## Contact

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