



Cathryn Robson

Singing & Voice Coach / Mentor
Higher/ Further Education Professional – Singing and Music
FHEA, PGCHE, MA Voice Studies, BA Hons

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Professional Profile

Since 2002 I have been providing singing and voice coaching/ mentoring from novice to professional levels to vocal artists/songwriters, dancers and actors. My vocal pedagogy draws upon approaches including the Estill Model and the somatic method Fitzmaurice Voicework®, in which I became one of the UK's first Associate Teachers in 2014. In my teaching I aim to empower individuals with confidence, creative and unique vocal choices, robust technique and industry-relevant skills.

Education

PGCHE (Distinction) – University of Westminster, London (2014-16)

MA Voice Studies (Distinction) – Royal Central School of Speech and Drama, London (2010-11)

BA Hons Visual and Performing Arts, Brighton Polytechnic - First Class with Commendation in Music (1991)

Specialist Voice CPD and Training

VASTA Conference Rising Voices: Listening to the Past, Dismantling the Present, Cultivating a New Future, Vasta Online, July-August 2021

Application of Acoustic Vocal Pedagogy for CCM Singing, Voice Study Centre, Chadley Ballantyne, July 2021

Singing Hot and Cool: Polyvagal Theory and Vocal Pedagogy, Voice Study Centre, Joanna Cazden, July 2021

Acoustic 'Tips and Tricks' for the Voice, Voice Study Centre, Kelly Hijleh, Voice Study Centre, March 2021

Singing for Health, Voice Study Centre, Emily Foulkes, January-February 2021

Beyond the Major Scale: Ear and voice in vocal exercises, Voice Study Centre, Kim Chandler, November 2021

Contributing to the Discipline of Voice: Online Writing Retreat for the Artist/ Scholar, Dr Rockford Sansom, Voice Workshop (online course), June 2020

Healthy Mind, Healthy Voice (Online conference), BVA and ICMP, London, July 2020

Trauma Summit 2020 (Online) – Introduction to trauma theory and practice with leading specialists, June 2020

Roy Hart Voicework – Margaret Pikes, Goldsmiths, London, February 2020

Airflow and Support – Dale Chalfin/ Physio Ed, London, December 2019

Breathing Coordination – Robin De Haas/ ICMP, London, October 2019

Find Your Inner Jazz, British Voice Association, London, September 2019

Exploring the Acoustic Soundscape – Ken Bozeman, Voice Workshop, East Bergholt, September 2019

Teaching Singing in Higher Education Conference, University of West London, September 2018

Advanced Anatomy for the Voice Professional, Voice Workshop, Colchester, July 2018

The Future of Singing Conference, ICVT, Stockholm, August 2017

Fitzmaurice Voicework® Associate Training - London, September 2014

Fair Exchange – Voice Coaches and Speech Therapists Study Day(BVA) London, April 2011

Accent and Dialect Symposium – London, April 2011

Estill Vocal Model/ Levels 1 & 2 – The Voice Explained, Royal Academy of Music, London 2010

CT ABRSM - Certificate in Teaching-Singing, Associated Board of the Royal Schools of Music, UK 2008

General CPD

Designing an Online Course, University of Westminster, August 2020
Effective and accessible digital teaching practice, University of Westminster, August 2020
How to design an online training, The Embodied Practitioner, July 2020
Essentials of Budgeting for Higher Education, Advance HE, Online Training, September 2019
Learning Walks and Ungraded Tutor Observations Training – City Lit, London, October 2018
Marketing, Branding, Finance for Sole Traders – Menta, East Anglia Start-Up Training, Ipswich, 2018
GDPR Regulations - University of Westminster, August 2018
Prevent Training, 2015-19^[2]
Emergency First Aid – Camden Council, September 2017
Learning Conversations and Peer Observation – University of Westminster, November 2015
Mobile Learning – University of Westminster, April 2015
Assertiveness Skills – Capita, November 2014^[2]
Equality and Diversity – University of Westminster, April 2013
Health and Safety – University of Westminster, April 2013

Employment History

March 2013 to present – Senior Lecturer Voice and Music Performance (0.4)

BMus Production, Performance and Enterprise, University of Westminster, London

- Co-ordination of course vocal tutor team and overseeing design and delivery of vocal curriculum
- Teaching CCM vocal technique, musicianship, phonetics for singers and vocal health
- Leadership of a range of performance modules including preparation of handbooks, liaison with delivery team, liaison with Registry, administrative, module evaluation and reporting duties
- Sourcing visiting voice specialists for performance modules
- Supervising a range of individual student performance projects across Levels 5 and 6
- Management of Vocal Pedagogy unit (Bridging Into Work) which introduces L6 vocalists who aspire to become teachers to CCM vocal teaching methods, vocal anatomy/ physiology, lesson planning, legal and business requirements and teaching opportunities
- Creating, conducting and co-assessing formative and summative assessments across all levels
- Representing the programme at Open Days and Applicant Days
- Pastoral care of personal tutees

April 2021 to present – Lecturer in Voice (0.5)

MA Voice Pedagogy: Teaching and Coaching, Royal Central School of Speech and Drama, London

- Supervising and assessing trainee voice and singing coaches' final projects and dissertations
- Conducting trainee coach lesson observations in Pedagogies unit, including feedback and assessing
- Delivering sessions in vocal anatomy/ physiology and Fitzmaurice Voicework
- Liaison with Programme Leader on curriculum development and extra-curricular industry events
- Sourcing industry guests for and facilitating student Careers Day

August 2013 to December 2019 – Head of Singing (0.4)

Trinity Diploma in Music Theatre (Level 6) Wac Arts, London

Curriculum, Teaching and Assessment Responsibilities:

- Co-ordination of vocal tutor team in the delivery of the singing curriculum including budgeting, sourcing and contracting tutors, tutor observation and development
- Curriculum review and design in line with industry trends

- Lead and second assessing for technique and repertoire
- Teaching vocal technique, musicianship, Fitzmaurice Voicework, vocal health across year groups
- Producing 3rd year annual singing showcase and 2nd year termly rep performances

Administrative Responsibilities:

- Leading on the preparation of course SAR and QIP including data collection, analysis and reporting
- Management of course Virtual Learning Environment (Google Classroom) including tutor induction
- Preparation of course-specific policies in consultation with Executive Management
- Liaison with accrediting bodies and regulators (Trinity, Ofsted, CDMT)

September 2017 to May 2021 – Lecturer in Voice (Sessional 0.2)

BA Musical Theatre, London College of Music

Reporting to Course Leader

- Teaching weekly L4 and L5 group classes in phonetics, accents, vocal health, breath, phonation, resonance, articulation, vocal anatomy/ physiology, Fitzmaurice Voicework, text work and cold reading skills
- Designing and conducting formative and summative assessments in voice skills and phonetics

January 2018-May 2021 – Module Leader: Music and Well Being (Level 7)

MMus Popular Music Performance, Institute of Contemporary Music Performance, London

- Module leadership of short-fat module
- Facilitating and/ or delivering weekly sessions in the overall physical and mental health of musicians, including performance anxiety, ergonomics, vocal health, diet and nutrition and somatic work (Alexander Technique)
- Sourcing of and liaison with internal and external guest speakers for the module
- Conducting individual tutorials with students for two module projects
- Co-assessing presentations and written assignments including collation and circulation of marks/ feedback
- Module evaluation and reporting
- Reporting to MMus Programme Leader

December 2016-July 2018

Co-director of *Freedom and Focus - Fitzmaurice Voicework Conference* (London, July 20th-24th, 2018)

- Sourcing conference venue, contract negotiation, liaison with technical, marketing and catering teams
- Overseeing conference budget alongside Finance Director
- Co-ordination of and liaison with UK team on conference marketing and promotion
- Liaison with international team on workshops, performances and research presentations
- Generation of conference information and feedback forms for 110 delegates
- Teaching Fitzmaurice Voicework sessions during conference

Performance and Recording (1991-present)

Vocalist, recording artist and songwriter within a range of solo and collaborative projects including touring and radio play in the UK, Europe, US and Canada.

Workshops and Conferences (Presenter)

- **Fitzmaurice Voicework Introduction:** ICMP R&D Conference, London, July 2019
British Voice Association, Birmingham, May 2019
Freelance workshops, London (varied venues) 2013-2019
- **Singing and Fitzmaurice Voicework:** Freedom and Focus Fitzmaurice Voicework Conference
London, July 2018/ Dublin, July 2016
- **Working with Text:** Fitzmaurice Voicework Certification XV, Barcelona, July 2017
- **Technology as an HE Enabler:** Teaching and Learning Symposium, University of Westminster,

2016

- **Voice and Singing Workshops:** Week-long performer training, Cyprus, September 2009

Selected Freelance Projects: Singing/ Voice Coach and Performer

Year	Production/ Company	Role	Touring to and/ or Venue
Contemporary Dance			
2017-21	Jean Abreu Dance, London <i>As They Are</i> <i>Solo for Two</i>	Singer and singing coach	Europe, UK, China
2011-21	En Drasi/ Evie Demetriou, Cyprus <i>9 Dance-theatre productions</i>	Voice and accent coach	Europe, Asia, Africa, UK
2003-20	Pelma, Lia Haraki, Cyprus <i>8 Dance theatre pieces</i>	Voice/ singing coach and performer	Europe, UK
Student Productions			
2014-19	Diploma in Musical Theatre, Wac Arts Various 3 rd Year Singing Showcases/ Productions <i>MDs/ Directors: Dai Watts, Tamara Saringer, James Cleeve, Dan De Cruz, Ed Goggin, Vik Sivalingam, Catherine Paskell</i>	Singing side coaching	London: <i>Chelsea Theatre</i> <i>John Lyons Theatre</i> <i>Map Café</i> <i>Hospital Club</i>
2015	<i>Turf (Simon Vinnicomble)</i> Director: Christopher O'Donnell	Voice and Accents	Marylebone Theatre, London
2011	<i>Taming of the Shrew</i> <i>Threepenny Opera (Weill/ Brecht)</i>	Voice and Accents Voice and Singing	RCSSD London Metropolitan University
Fringe Theatre			
2013	<i>Gather Ye Rosebuds (Sermerciyan)</i> Director: Diyan Zora	Voice and accents	Theatre 503, London Nightingale Theatre, Brighton
2012	<i>A Mother's Will (Lorca Adaptation)</i> Director: Christopher O'Donnell <i>Twelfth Night/ Director: Diyan Zora</i>	Voice and Accents Voice and Accents	Tara Arts, London Cockpit Theatre, London

Other Information

Full and clean driving license

High level of computer literacy

Sung languages – French, Greek, Italian, German, Spanish

Professional Affiliations

Advance HE – Institutional Membership through University of Westminster

FHEA – Fellow of the Higher Education Academy

BVA (British Voice Association)

VASTA (Voice and Speech Teachers Association)

PRS/ MCPS

Contact

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