

1506 Post Road, 2<sup>nd</sup> Floor  
Fairfield, CT 06824

Susan E. Kotulsky, MA, LMFT

phone:203.615.4452

susan@susankotulskylmft.com

## Client Intake Form

Name of client: \_\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Responsible Party: \_\_\_\_\_ Social Security # \_\_\_\_ - \_\_\_\_ - \_\_\_\_

Occupation: \_\_\_\_\_ Employer: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Preferred Phone: \_\_\_\_\_ May I leave a message with someone or on a  
Voicemail for this number? Y N

Secondary Phone: \_\_\_\_\_ May I leave a message with someone or  
Voicemail for this number? Y N

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone Number(s) \_\_\_\_\_

Referred by: \_\_\_\_\_

Work Phone: \_\_\_\_\_

May I leave a message with someone or  
Voicemail for this number? Y N

Relationship Status:

\_\_\_\_ Married    \_\_\_\_ Single    \_\_\_\_ Dating    \_\_\_\_ Cohabiting  
\_\_\_\_ Widowed    \_\_\_\_ Civil Union    \_\_\_\_ Separated    \_\_\_\_ Divorced    \_\_\_\_ Other

Please list each person currently living in your household:

| Name | Age | Relationship |
|------|-----|--------------|
|      |     |              |
|      |     |              |
|      |     |              |
|      |     |              |
|      |     |              |
|      |     |              |

Please list other family members not currently living in your household but who play a significant role in your life (e.g. partner, child, parent, grandparent):

| Name | Age | Relationship |
|------|-----|--------------|
|      |     |              |
|      |     |              |
|      |     |              |
|      |     |              |
|      |     |              |
|      |     |              |

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.) Yes No

If yes, please describe type, duration and reason for seeking services.

---

---

---

---

Have you been given any prior psychological diagnoses? Yes No

If Yes, what were they, and when:

---

Are you in danger of abuse, suicide or homicide? Yes No

If yes, Please describe your concerns:

---

---

Are you currently taking any prescription medications Yes No

If yes, please list medications and conditions for which they are prescribed to treat:

---

---

Do you drink alcohol? Yes No  
If yes, how much and how often \_\_\_\_\_

Do you use recreational drugs? Yes No  
If yes, which drugs and how often?  
\_\_\_\_\_  
\_\_\_\_\_

Do have any health problems or concerns? Yes No  
If yes, please describe type and duration:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Have you had physical within the last year? Yes No  
Please provide your Physician's name and address:  
\_\_\_\_\_

Do you regularly engage in exercise? Yes No  
If Yes, How many days per week (average)? \_\_\_\_\_

Do you consider yourself spiritual or religious? Yes No  
If so, feel free to describe your faith or belief:  
\_\_\_\_\_

Please provide a brief description of the issue(s) that have prompted your seeking therapy at this time:  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_