

**Susan E. Kotulsky, LMFT, LLC**  
**Fairfield, CT 06824**

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**CONSENT TO RELEASE CONFIDENTIAL INFORMATION**

I, \_\_\_\_\_, hereby authorize Susan E. Kotulsky, LMFT, License #001469, to disclose information and records obtained in the course of my diagnosis and/or treatment to:

\_\_\_\_\_  
Name/Entity to whom disclosure is made

\_\_\_\_\_  
Address

\_\_\_\_\_  
Phone Fax

I understand that I have a right to receive a copy of this authorization. I also understand that any cancellation or modification of this authorization must be in writing. This disclosure of information and records authorized herein is required for the following purpose:

assessment and diagnosis	medication evaluation	medical compliance
recommendations	treatment coordination	referral

The specific uses and limitations on the types of medical information to be disclosed are as follows:

medications	assessment and diagnosis	testing results
treatment recommendations and progress		coordination of treatment

This authorization shall remain valid until: \_\_\_\_\_.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_.

Client Signature if patient is a minor: \_\_\_\_\_.