

Traditional & Alternative Birthstone Guide

Most historians attribute the idea of birthstones to the book of Exodus in the Bible with stones standing for the twelve tribes of Israel. Later on, these twelve stood for the twelve signs of the Zodiac. Years later in the 18th Century, Polish gemstone traders assigned gemstones to the months of one's birth.

Humans have been drawn to gemstones, some believing they impart certain properties to those that possess them. Here is a list of traditional birthstones and alternatives from other cultures and some of the metaphysical properties associated. It is not a complete list, nor shows all the attributes, but has been gathered from dozens of sources.

January

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	garnet	Garnet	Enlightenment, wisdom, memory, hope joy		garnet
	hyacinth		Protection, soothing sadness, improving memory		
			Harmony, balance, travel, protection	emerald	

February

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	amethyst	power	Protection, Concentration, confidence		amethyst

	hyacinth		Protection, soothing sadness, improving memory		
	pearl		Wisdom, contentment		
			Helps circulatory system, energy, strength	bloodstone	

March

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	bloodstone	bloodstone	Helps circulatory system, energy, strength		bloodstone
	jasper		Health, well- being, harmony, calm, power		jasper
		aquamarine	Peace, personality, gentleness, friendship, love		
			Fertility, wisdom, love, protection, harmony, balance	jade	

April

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	diamond	diamond	Love, energy, abundance, clarity, independence		
	Sapphire		Protection, healing, strength, faith, loyalty		sapphire
			Emotional healing, luck, hope, harmony	Opal	

May

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	emerald	emerald	Clarity Cure eye problems		
	agate		Protection, prosperity, healing, weather control		agate
			Protection, healing, strength, faith, loyalty	sapphire	
			Protection, energy, courage, pain relief, community spirit		Carnelian

			Purity, dreams, concentration, weather, luck, calm		chalcedony
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June

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	emerald	emerald	Clarity Cure eye problems		emerald
	agate		Protection, prosperity, healing, weather control		
	turquoise		Travel, beauty, success, loyalty, endurance		
	chalcedony		Purity, dreams, concentration, weather, luck, calm		
	Pearl	pearl	Wisdom, contentment		
		moonstone	Healing, love, youth, harmony, sensitivity	moonstone	
		Alexandrite	Calm, centering, joy, protection		

July

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	turquoise		Travel, beauty, success, loyalty, endurance		
	Onyx		Healing, stamina, harmony, self-confidence		Black onyx
	carnelian		Protection, energy, courage, pain relief, community spirit		
	ruby	ruby	Love, passion, vitality	ruby	

August

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	sardonyx		Abundance, virtue, optimism, confidence		
	carnelian		Protection, energy, courage, pain relief, community spirit		carnelian
	ruby		Love, passion, vitality		

		peridot	Change, awareness, cleanser		
		spinel	Calm, loyalty, meditation, stress relief		
			Love, peace, abundance, clarity, confidence	Diamond	

September

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	sardonyx		Abundance, virtue, optimism, confidence		
	zircon		Restful sleep, healing, prosperity		
	chrysolite		Luck, joy, releases sorrow and negativity		chrysolite
		sapphire	Protection, healing, strength, faith, loyalty		
		Lapis lazuli	Understanding, happiness, idealism, wisdom		
			Protection, prosperity, healing, weather control	agate	

October

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	opal	opal	Emotional healing, luck, hope, harmony		
	aquamarine		Peace, personality, gentleness, friendship, love		aquamarine
	coral		Healing, energy, strength, motivation		
	beryl		Protection, safe travel, attraction, charm		
		tourmaline	Wealth, friendship, love		
			Health, well-being, harmony, calm, power	jasper	

November

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	topaz	topaz	Power, wisdom, healing, relaxation		topaz
	pearl		Wisdom, contentment	pearl	

	Cat's eye		Morality, courage, knowledge, tenacity		
		citrine	Calm, concentration, stress relief, confidence		

December

Gemstone	Traditional/Ancient	Modern	Attributes	Mystic/Tibetan	Ancient Hebrew
	Bloodstone		Helps circulatory system, energy, strength		
	ruby		Love, passion, vitality		ruby
	Lapis lazuli		Understanding, happiness, idealism, wisdom		
	chrysoprase		Health, intelligence, harmony, contentment		
		turquoise	Travel, beauty, success, loyalty, endurance		
		zircon	Restful sleep, healing, prosperity		
		Tanzanite	Communication, knowledge, compassion, unity, intuition		
			Healing, stamina, harmony, self- confidence	Onyx	

*To view handcrafted jewelry made with many of these stones go to www.suwanneesongdesigns.com