

AFFIRMATIONS

YOU GO

GIRL



"I am deserving of success, and my achievements are a testament to my hard work."



**"My unique experiences and
perspective bring valuable insights to
every situation."**



**"I refuse to let imposter syndrome
diminish my self-worth and
confidence."**



**"I am proud of my accomplishments,
and I will continue to strive for
greatness."**



**"I am not defined by the expectations
of others, but by my own capabilities
and aspirations."**



**"I embrace my authenticity and know
that I belong in every space I enter."**



**"I am resilient, capable, and strong,
breaking barriers with every step I
take."**



**"I am confident in my abilities and
trust myself to overcome any
challenge."**



"I am a trailblazer, paving the way for others who will follow in my footsteps."



**"I am more than enough, and I am here
to make a positive impact on the
world."**



It is Women's History Month and we will celebrate the power and success of all women. But as we leave Black History month and I wanted to dedicated this publication to all of the hardworking, intelligent, culture creating, loving and BOSS chicks that are of African heritage!

YOU ARE ENOUGH! Always have been and will always BE ENOUGH!

Happy Women's History Month!

-Dr. Fe Speaks

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