

LIVING TODAY

| SERVING THE HEARTS OF TEXAS |

Thanksgiving Service Nov. 22

Bring a pot luck dish to share for this special 11 a.m. service of rededication and thanksgiving.

Candle Lighting Service Dec. 20

Come celebrate the birth of Christ in our traditional lighting of Unity Candles with Rev. Paula and Lucille Sorenson. This beautiful service at 11 a.m. is designed to allow us to connect to the Divine Feminine and Masculine of the Spirit of Christ.



New Years EVE Burning Bowl Service

Let's create the energy for the upcoming year in a deeply moving service. We start at 5:30 p.m. sharing a meal together, then at 6:30 p.m. we experience a time of release and renewal service to bring in the New Year.

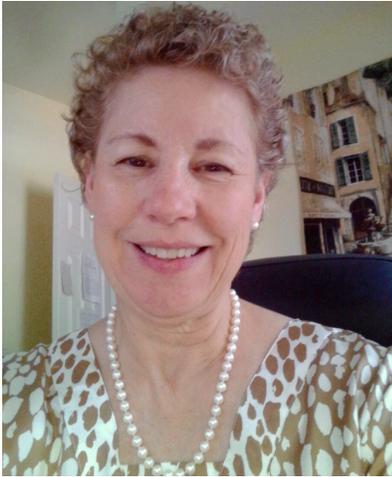


Volunteering is Good For Your Mind and Body

Our church will be offering several individuals a chance to participate in its leadership soon. As we bring new ministerial leadership in we are also looking to bring in new leadership to the Board of Trustees to support and work with our new minister.

Please pray and ask for guidance about your participation in this vital ministry. Then, let a member of the Board know of your willingness to volunteer if you are guided to serve your church this way.

Wishing you peace, joy, and happiness throughout the New Year.



Rev. Paula Skiles

Be sure to come greet our new minister, Rev. Paula Skiles. Here are just some of the great opportunities we will have to experience the power of Grace and Holy Spirit in our church.

- Commitment Ceremony Nov. 22, 2015 @ 11 am service
- Candlelight Service Dec. 20, 2015 @ 11 am service
- Burning Bowl Service Dec. 31, 2015 @ 6:30 pm

Need a Prayer? A Prayer Box is located at back of Sanctuary. We pray with on your request for 30 days and then forward to Silent Unity, who also pray on the request for 30 days.

**Unity of San Marcos
Recorded Prayer Line
512-396-5433**

**24/7 Silent Unity Prayer
Partner Line 800-669-7729**

Benefits of Volunteering

1. Volunteering increases self-confidence. And the better you feel about yourself, the more likely you are to have a positive view of your life and future goals.
2. Volunteering provides a sense of purpose. Whatever your age or life situation, volunteering can help take your mind off your own worries, keep you mentally stimulated, and add more zest to your life.
3. Volunteering combats depression. A key risk factor for depression is social isolation. Volunteering keeps you in regular contact with others and helps you develop a solid support system, which in turn protects you against stress and depression.
4. Volunteering helps you stay physically healthy. The physical activity involved in certain forms of volunteering—such as environmental projects in parks, nature reserves, or beaches—can be good for your health at any age. Studies have found that those who volunteer have a lower mortality rate than those who do not, even when considering factors like the health of the participants.



**Doing Together What One
Heart Alone Cannot Do!**



THE TRUTH IS...

God is good to the saint or the sinner; God is love, the eternal principle of the universe. Our positive or negative conduct cannot alter the nature of God. Spirit never rewards virtue nor punishes sin.

The God of most people on earth punishes us for mistakes or when we sin and rewards good...and there is no such God. That belief, a mindset, is an aspect of Karmic Law which came to be known as God...

Which says “If we are struggling, then we are either violating Karmic Law or coming into agreement with it”, believing that if we are good then good will flow to us, but also believing we can cheat ourselves out of it by being bad tomorrow.

Jesus, the Master came to be about his Fathers’ will, right? To heal the sick, lame, diseased; raise the dead, forgive sinners and help them to all know God. Where is there in all this to punish said sinners, etc.? Is there a God of punishment? Jesus said, “Your sins are forgiven.” Jesus came to bring us the understanding of Grace.

The Law of Cause and Effect or Karmic Law is the default program of human consciousness, if you will, brought into being as our minds are utilized simply as a creative tool without being connected to Soul or God Consciousness. “As a man thinks in his heart, so is he.” This law *is real* for us, but not for Spirit. Karmic Law then, is a law of mind action, absent of an awareness of Spirit and one’s true nature.

There is only one Power, (not two) operating in our lives. It exists as Being itself, calling us to release the habit of living in either health or sickness, wealth or poverty, and live in the spirituality of our true identity which is, “Christ in you, your hope of Glory.” We are the children of God, one and never separate. Living in Grace we are able to let go of thinking in terms of self centered wants, but to think in terms of being spiritual.

God does not pity, condemn, or favor one nation over another. God IS...the unwavering infinite, eternal LIFE, LOVE, POWER, FAITH, BEAUTY, TRUTH, ETC. and imparts UNDERSTANDING to us when we are so silent within ourselves that we can hear, the TRUTH of our being. All that Spirit has is ours, not because we earn or deserve it, but by the Grace of God. It is the nature of Spirit to give, and therefore will always make Karmic Law a non issue. It doesn’t exist in Spirit. Grace transcends the Law of Cause and Effect. Think on this...blessings, Rev Paula





**Monday Night Discussion Group
7 p.m. Each Monday
Facilitated by Larry Stock**

Want to change your life? The way to do it is to change the perceptions you hold in your mind. Change these perceptions and the outcome might surprise you.

So, how do you change your perception? Sheer willpower? No. You cannot change your life personally or professionally through willpower alone.

If you are not getting what you want in life, see what happens if you change your perception. Join Larry as we discover ways to change how we see, refine what you want, so you can absolutely get it...here are six things to consider along the way:

- 1 Reach the awareness that your particular belief is your perception and not reality.
- 2 Redefine the supportive belief that you want. Be definite and write it down. Create a positive affirmation for the new you. Take a mental picture of yourself or exactly how you want the new you to act.
- 3 Define the behavior that someone with your new supportive belief does. Mentally rehearse yourself doing the desired behavior over and over in your mind.
- 4 Do this new behavior regardless of how you feel or what you believe.
- 5 Track it and measure it.
- 6 Reinforce it daily in a journal.

Let how you act determine the way you feel. Don't let how you feel determine the way you act.

**NEW YEAR'S EVE
POT LUCK AND
BURNING BOWL
SERVICE**

**Thurs. Dec. 31, 2015
5:30 and 6:30 p.m.**

Join us as we begin this evening with a pot luck meal together at 5:30pm. Please bring a dish to share with 8 people, but if you forget, don't let that stop you from enjoying the great food and friendship anyway.

Then at 6:30 pm we will begin our Burning Bowl Ceremony, one of the most unique rituals that Unity offers is which is on New Year's Eve. In it we experience a powerful meditation of releasing what no longer serves us and receiving inspiration from Spirit to speak to our hopes and aspirations for the New Year.

