



KIDS MENU

Kids Pasta // \$9.99

Select One: Baked Ziti,
Mac & Cheese, Fettuccine Alfredo
Served with Fries
Curly fries (xtra \$1)

Kids Pizza Bagel // \$6.99

Bagel type: everything, sesame,
wheat, plain, poppy

Slice of Pizza and Handful of Fries // \$6.99

Cheese pizza only
Curly fries (xtra \$1)

BREAKFAST

Served All Day and Includes a 12 oz Cup of Coffee.

Two Eggs Any Style // \$7.99

Served with two slices of wheat or rye toast, or hash
browns. Sourdough & Multigrain xtra \$2

Breakfast Burrito // Large \$9.25, Mini \$5.59

Scrambled eggs, cheddar cheese, and salsa in a flour
tortilla (White, wheat or spinach). *Hash browns add \$1.50*

Pancakes (Yoshon) //

Short stack (2) \$7.50, Tall stack (4) \$9.49

add chocolate chips (\$1.50), add blueberries (\$2.50)

2 Slices Challah French Toast // \$8.50

Served with syrup (with CY butter + \$1)

Breakfast Egg and Cheese Bagel // \$8.75

Two eggs scrambled with cheddar cheese
and a side of salsa

Huevos Rancheros // \$11.99

Two fried eggs served over a crispy tostada
with refried beans, topped with cheddar cheese and
salsa. Add avocado extra \$1.50

Shakshuka // \$12.95

Two eggs baked in a savory tomato-pepper sauce w/
Feta and served with a side of wheat or rye toast, or a
pita bread. Sourdough or Multigrain ciabatta add \$1

Chef Nestor's Breakfast Special: 2 Eggs, 2 Sausages, Hash Browns, 2 Slices of Toast \$14.99

OMELETS

Served All Day with a 12 oz FREE cup of Coffee. Made with Two Eggs and a Choice of Hash Browns or a
Side of Wheat or Rye Toast. Sourdough & Multigrain Ciabatta add \$2

Egg Whites are Available Upon Request (Add'l Charge)

Cheese Omelet // \$11.25

Select cheddar, mozzarella or dairy free
cheese

Garden Vegetable Omelet // \$13.25

Mushroom, tomato, peppers, and onions

Italian Omelet // \$13.25

Mushrooms, peppers, onions, and
mozzarella

South of the Border Omelet // \$13.25

Salsa, avocado, cheddar cheese, sauteed onion
and peppers

Grilled Vegetable Omelet // \$15.50

Zucchini, eggplant, yellow squash, mushrooms,
red peppers, and onion

Craft Your Own Omelet // \$13.35

Cheddar or mozzarella cheese, and 3 vegetables



COCOACCINOS

QUESADILLAS

Served on a White, Wheat, or Spinach Tortilla.
Add a vegetable +0.75. Avocado +1.50

Cheese (Cheddar, Mozzarella or Both) // \$7.95

Cheddar and Feta // \$7.95

Tomato, Cheddar, and Tuna // \$11.95

Mozzarella and Tomato // \$8.75

Cheddar and Tomato // \$8.75

Cheddar, Feta, Olives & Pepperoncini // \$11.25

BREAKFAST A LA CARTE

Bagel choices: White, Multigrain, Sesame, Everything, Poppy

Bagel with Cream Cheese // \$3.49

Bagel with Butter // \$3.49

Bagel with Butter & Jelly // \$3.49

Bagel, Tuna Salad, Lettuce, Tomato // \$8.00

Bagel, Egg Salad, Lettuce, Tomato // \$8.00

Muffins // \$3.69

Side of Toast (2 slices) // \$2.99

Wheat or rye. Served with butter and jelly

1 Multigrain Ciabatta Roll or 2 Slices

Sourdough Toast with Butter // \$3.99

Hash Browns // \$3.50

CY Butter Cups 1oz // \$1.00

SANDWICHES

Available on Wheat or Rye Bread, or Multigrain Ciabatta (extra \$1), or Sourdough (extra \$1), add Avocado \$1.50

Grilled Cheese // \$7.99

Grilled Cheese with Feta // \$10.35

Grilled Cheese with Tomato // \$8.99

Grilled Cheddar, Mozzarella, Feta // \$9.99

Egg Salad Sandwich (Cold) // \$11.99

With Lettuce and Tomato

Tuna Melt // \$11.99

With cheddar cheese

Tuna Salad Sandwich (Cold) // \$10.99

With Lettuce and Tomato

WRAPS

Available in a White, Wheat or Spinach Tortilla

Portobello Mushroom Wrap // \$13.35

Portobello mushroom, mixed peppers, feta cheese, and red onion

Grilled Vegetable and Feta // \$13.35

Eggplant, zucchini, yellow squash, red onion, red pepper, mushrooms, and feta cheese

Rosemary Salmon // \$15.99

Lettuce, Tomato and Feta

Tuna Salad Wrap // 10.99

With Lettuce and Tomato

Egg Salad Wrap // \$10.99

With Lettuce and Tomato



APPETIZERS

Hot Artichoke Dip (7" Round) // \$15.95

Served with Freshly Made Tortilla Chips

Onion Rings // \$8.95

With Marinara Dipping Sauce

Nachos // \$11.99

Fresh Tortilla Chips w/ Black Beans, Cheddar, Pickled Jalapenos, Guacamole, Sour Cream and Salsa

Mac n' Cheese Balls // \$11.99

Four Pieces served with Marinara Dipping Sauce

Garlic Knots // \$8.95

6 House-made Knots with Marinara Dipping Sauce

Mozzarella Sticks // \$12.50

Six House-made with Marinara Dipping Sauce

Bowl of soup // \$6.00

Quart of Soup // \$12.00

Two Stuffed Portobello Mushrooms // \$13.95

Spinach, Ricotta & Parmesan

Regular French Fries // \$5.95

Curly Seasoned Fries // \$6.35

Mixed Fries // \$6.35

ENTREES

Kids Pasta Dinner // \$9.99

Mac n' Cheese, Fettuccini Alfredo or Baked Ziti
Served with Regular or Curly Fries

Large Mac n' Cheese // \$15.99

Served with a Petite Caesar Salad and a Garlic Knot

Baked Ziti // \$15.99

Served with a Petite Caesar Salad and a Garlic Knot

Fettuccini Alfredo // \$18.99

Served with a Petite Caesar Salad and a Garlic Knot

Cheese or Mushroom Ravioli // \$18.99

Served with a Petite Caesar Salad and a Garlic Knot

Three Cheese Lasagna // \$18.99

Served with a Petite Caesar Salad and a Garlic Knot

Fettuccini Arabiata // \$16.99

Served with a Petite Caesar Salad and a Garlic Knot

Fish & Chips // \$14.95

Served with Tarragon-caper Sauce

Penne A La Tomato Vodka Sauce // \$16.99

Served with a Petite Caesar Salad and a Garlic Knot

Salmon Alfredo // \$25.99

Creamy Flaked Salmon Sauce, Served with a Petite Caesar Salad and a Garlic Knot

Salmon Picatta // \$24.99

Served with Two Sides (See Side List Below)

Salmon Platter with Two Sides // \$24.99

Flavors: Salt & Pepper, Rosemary Garlic, Sweet n' Smokey, Blackened, Teriyaki

Cheese Burger and Fries // \$15.99

4 oz Beyond Burger on a Kaiser Roll with Lettuce, Tomato, Red Onion, and Mozzarella

Sides:

Petite Caesar Salad, Petite Garden Salad, Quinoa, Savory Rice, French Fries, Curly Fries (extra \$1.50)



SALAD BAR - BUILD YOUR OWN

Medium **\$12.95.** Large **\$16.95**

Step 1: Select Your Base

Romaine Spinach Mixed Greens Baby Kale Mix n' Match Lettuces

Step 2: Select 3 Included Toppings from Group A

Group A (\$0.75 each additional topping)

Baby Corn	Boiled Eggs	Carrots	Corn	Craisins	Red Onions
Chickpeas	Green Beans	Olives	Peppers	Mushrooms	Sweet Potato
Pepperoncinis	Sunflower Seeds	Roasted Beets	Croutons	Pumpkin Seed	Sun-dried Tomato
Mandarins	Golden Raisin	Cherry Tomato	Heart of Palm		

Group B (\$1.50 each)

Almonds	Cashews	Pumpkin Seeds 2 oz
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Group C (\$2.50)

Avocado	Shredded Cheddar	Shredded	Parmesan	Quinoa 3 oz	Lentils 3 oz
Flaked Tuna.	Feta Cheese	Mozzarella			
Tuna Salad (1 scoop)					

Group D (\$4.50 each)

Tuna Salad (2 scoops)	Salmon Flakes 3 oz
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Step 3: Dressing

All dressings are Gluten Free and Dairy Free Unless Otherwise Noted

Balsamic Vinaigrette	Asian Vinaigrette	Mediterranean Herbed Balsamic	
Caesar (Contains Parmesan)	Citrus Sesame	Nicoise Tarragon.	Apple Cider Vinaigrette
Poppy Seed	Greek	Lite Italian	Techina-dill Dressing

SALADS & BOWLS

Add On Additional Proteins: 6 oz Salmon Fillet (Blackened, Rosemary) \$14, 1 Scoop Tuna Salad \$2.50, 2 Scoops Tuna Salad \$4.50, 3 oz Tuna Flakes \$4.50, 3 oz Rosemary Salmon Flakes \$4.50, 4 Falafel Balls \$4.50

Spinach Health Salad // \$14.95

Spinach, baby corn, sunflower seeds, craisins, avocado, poppy seed dressing

Nicoise Salad // \$15.95

Mixed greens, tuna flakes, green olives, cherry tomatoes, green beans, sliced eggs, Nicoise dressing



SALADS & BOWLS CONT.

Greek Salad // \$14.95

Romaine lettuce, red onions, peppers, black olives, tomatoes, cucumbers, feta cheese, Greek dressing

Falafel Salad // \$14.95

4 Falafel, romaine, cucumber, tomato, red onion, carrots, citrus-sesame dressing

Mykonos Panzanelle Salad // \$14.95

Arugula, croutons, red onions, golden raisins, green olives, tomatoes, cucumbers, feta cheese, Greek dressing

Summery Spinach-kale Salad // \$16.95

Medium size, with roasted sweet potato & red peppers, corn, chickpeas, feta, raisins, avocado, sunflower seeds, carrot, apple cider vinaigrette OR techina-dill dressing

Spinach and Feta Salad // \$14.95

Spinach, red peppers, carrots, raisins, cashews, feta cheese, Mediterranean herb balsamic dressing

Vegan Healthy Grain Salad // 16.95

Medium size, with quinoa, baby kale, red pepper, pumpkin seeds, sunflower seeds, raisins, heart of palm, creamy Mediterranean dressing

Mediterranean Lentil Bowl // \$16.95

Medium size, with lentils, arugula, roasted sweet potato & red peppers, grilled eggplant & zucchini, chickpeas and feta, techina-dill dressing

**** Upgrade to Large size +\$3**

DESSERTS

Ice Cream (Not available for delivery)

1 scoop - \$3; 2 scoops - \$6

Monster Chocolate Chunk Cookies // \$2.99

Brownie // \$1.99

BEVERAGES

Coffee Drinks

Short (12 oz) // \$1.95

Tall (16 oz) // \$2.25

Grande (20 oz) // \$2.45

Red Eye (1 shot espresso plus coffee)

Sml \$2.25, Med \$2.50, Lg \$2.75

Americano // 12 oz \$4, 16 oz \$5

Espresso

Single Shot \$1.80

Double Shot \$2.25

Add coffee

Sml \$2.85, Med \$3.00, Lg \$3.35

Cold Brew

Tall (16 oz) // \$3.80

Grande (20 oz) // \$4.75

Lattes/Cappuccinos

Short // \$4.15

Tall // \$4.65

Grande // \$5.25

Syrups: Hazelnut, caramel, vanilla, peppermint, Irish cream, almond, Sf caramel, hazelnut & vanilla

Hot Chocolate

Short // \$2.60

Tall // \$3.00

Grande // \$3.65

Iced Coffee

Tall // \$2.85

Grande // \$3

Ice Blended Cocoaccinos

Tall // \$6.00

Grande // \$6.75

Chocolate, vanilla, mocha, toffee caramel, cappuccino
Sugar free options: chocolate, vanilla, cappuccino

Iced Tea

Tall // \$2.50

Grande // \$3.50

Hot Tea // \$2.50

Milk Shakes

Tall // \$6.50

Grande // \$7.99

Chocolate, vanilla, mint chocolate chip, strawberry, birthday cake, coffee. (Check store for flavors of the week)

Whip Cream +.75

Caramel/Choc drizzle +.75

Smoothies

Tall // \$4.75

Grande // \$6.00

(Check store for flavors of the week)



Roman (Personal Pie) // \$10.50

Red sauce and mozzarella cheese

5-Cheese // \$14.35

Red sauce, mozz, cheddar, feta, ricotta, parm

BBQ "Chicken" // \$17.00

Spicy BBQ sauce, pepperoncinis, red onion,
1/4 lb BBQ vegan chicken, mozzarella, fresh
basil

16" LARGE Cheese // \$18.50

Add Standard Toppings 1.50 each,
Extra Sauce 1.50, Specialty Toppings 5 each

Slice of Cheese Pizza with Fries // \$6.50

Calzones/Cheese Pretzel // \$12.50

Made fresh daily, served w/ dipping sauce

Margherita // \$14.00

Red sauce, fresh mozzarella, heirloom tomato,
fresh basil

Florenzia // \$14.75

Red sauce, fresh mozzarella, artichoke,
mushroom, fresh roasted garlic, fresh basil

Venezia // \$14.00

Red sauce, mozzarella, broccoli, eggplant,
mushroom, sundried tomato, corn, red onion

No Cheese Salad Pie // \$16.95

Choose your cooked veggies (max 4), topped
with fresh spinach and balsamic glaze

Greek Pie // \$15.75

White Sauce, olives, red onion, heirloom
tomatoes, artichoke, feta cheese, basil

BUILD YOUR OWN PERSONAL PIZZA

Choose a Sauce and 3 standard toppings - Comes with Mozzarella \$14.50. Dress Up with Add-ons
from the List Below:

Standard Toppings: add \$1.50 each

**Artichoke, Arugula, Bacon Bits, Basil, Black Olives, Caramelized Onion, Eggplant, French Fries,
Green Olive, Green Pepper, Heirloom Tomato, Jalapeno, Mushroom, Pepperoncini, Pineapple,
Red Onion, Red Pepper, Roasted Garlic, Spinach, Yellow Squash, Zucchini**

Sauces: For Personal Pie add \$1 each, for 16" Pie add \$1.50 each

Balsamic Glaze, BBQ Sauce, Caesar Dressing, Hot Sauce, Olive Oil

Specialty: For Personal Pie add \$2 each, for 16" Pie add \$3.50 each

Cheddar, Ricotta, Feta, Parmesan, Fresh Mozzarella

"Meats": For Personal Pie add \$3 each, for 16" Pie add \$5 each

BBQ "Chicken", Italian "Meatballs", Italian "Sausage"