



nurturing families
impacted by substance use

Important Information About the Retreat Setting...

Thank you for your interest in the OASIS Heart to Heart Serenity Retreat! This weekend will be facilitated by your peers—bereaved women who have lived experience in learning how to cope with tremendous loss, by finding a meaningful path forward to build a new life. We are not clinicians or clergy, but sister travelers on this grief journey. Surrounded by God’s love, and the friendship, support, and care for one another, we learn we can gently restore our serenity, with every new day. We welcome you as we come together to share, learn, love, laugh, and heal — heart to heart.

We selected the Tuscarora Inn & Conference Center for our retreat because it offers a quiet and serene setting, away from the noise and responsibilities of day-to-day life. This retreat center is nestled in the foothills of the Pocono Mountains of Eastern Pennsylvania, on 37 acres located along the Delaware River bordered by New Jersey.

The Tuscarora Inn is a Christian retreat center, providing an exceptional setting to connect with God and nature.... quiet spaces are available for meditation, prayer, and fellowship to help heal our broken hearts. We will honor the mission of Tuscarora and hope you will find peace in God’s presence during our weekend. If your faith has been wounded, our prayer is that you will come with an open heart, experience the healing power of God’s love through the friendship and support of your sister travelers — and be blessed. Our philosophy follows the spiritual principles of 12-step fellowships — we are not religious, but adopt the spiritual practice of seeking God to direct our lives as a tool for recovery. Bereaved women from all faith backgrounds (and those of no faith) are welcome.

In keeping with the policies of Tuscarora, alcohol is not permitted on the campus, smoking is not permitted within 20 feet of the buildings, and attire must be modest. Although we will have private meeting spaces and dining room, the retreat center will be hosting other groups while we are there.

We have a full and beautiful itinerary planned. In order to keep our Serenity Retreat a safe place for all of our bereaved women, and out of respect for Tuscarora’s mission, we ask guests to refrain from any practices that are incompatible with Christian doctrine. Please contact us should you have any questions or need clarification.

Looking forward to connecting with you...

Rhonda Miller, CFRS, Certified Grief Educator
Founder | Executive Director
Speak Up for Ben, Inc. | OASIS Community Center

OASIS Community Center is operated by SPEAK UP for BEN, Inc., a 501(c)(3) nonprofit corporation.