



Discover the Qualities You Bring to Relationships! Experiential Workshop

Thursday, February 19, 2026

2:00 - 4:00 p.m.

Join us for a transformative workshop where Alan Katz, author of *Creatively Empowering Humans with Quality and Role Card Activities*, demonstrates a fresh and fun approach to personal growth. This no-cost, interactive session is the second workshop in Alan's series at OASIS!

'Quality' cards encourage discussion around how we use these qualities to

- uncover your hidden strengths and qualities
- build stronger, more intentional connections with others
- shift limiting beliefs and unlock new possibilities
- create safety for yourself in any setting

✦ Bonus: All participants will receive a FREE digital copy of Alan's book!

📅 Space is limited—register via email: admin@oasisbethlehem.org

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Relationships do not have to be such a struggle. Only when we do not understand one another is there tension, resentment, or conflict.

--John G.

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About the Facilitator

Alan Katz holds an M.S. in Experiential Education and has facilitated experiential-based curriculum for substance abuse treatment, community-based organizations, and job skills training.

OASIS programs are offered to support families and friends impacted by a loved one's substance use.