



**NEW!**

# The Reconnection Community:

## *Hope, Help, and Healing for Fractured Families*

~ a group designed for people struggling to reconnect  
with their non-addicted, estranged family members ~

September 16<sup>th</sup> through December 9<sup>th</sup>, 2024

Monday afternoons – 3:30 to 5:00 pm

Presented by the OASIS Community Center

*Families with addiction often experience strained relationships. This program offers support to develop new strategies to rebuild our relationships with our non-addicted family members.*

This program will be a series including multi-media & book studies, professionally led workshops, and guided discussions.

**Our first study will be utilizing the following book:**

*Reconnecting with your Estranged Adult Child: Practical Tips and Tools to Heal Your Relationship* by Tina Gilbertson, LPC

While time does not necessarily heal, actions do, and while every estrangement includes situation-specific variables, there are practical and effective techniques for understanding and healing our relationships.

More information is available upon registration.

**Group limited to 8 participants.**

**Advance registration is required.**

Visit [OasisBethlehem/Resources & Education](https://www.oasisbethlehem.org/resources-education)  
for registration link.



Heal the Root to Heal the Fruit

*OASIS programs are offered to support families and friends impacted by a loved one's substance-use*

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**OasisBethlehem.org**