

# Certified Family Recovery Specialist Services

As family members impacted by a loved one's substance use, our team has a personal understanding of the disease of addiction. We support and assist you in exploring multiple pathways to family recovery. *Certified Family Recovery Specialists receive comprehensive professional training for their credentialing by the Pennsylvania Certification Board.*

## ***Understanding and Support***

We provide peer-based support, education, and recovery-oriented resources to families and friends in a safe and confidential setting. We will help you move into and through the process of recovery from the effects of the family disease of addiction.

### **Connections to Resources**

As part of the larger recovery community, we can identify and connect you and your family to a wide variety of resources best suited to your needs.

## ***Meet Our Certified Family Recovery Specialists:***



Rhonda Miller, CFRS, Certified Grief Educator  
Executive Director  
Speak Up for Ben, Inc. | OASIS Community Center

[rhonda@oasisbethlehem.org](mailto:rhonda@oasisbethlehem.org)



Tina Thomas, CFRS, RYT  
Associate Director  
Family Education & Support

[tina@oasisbethlehem.org](mailto:tina@oasisbethlehem.org)

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484-747-6825

*Both Rhonda and Tina have walked alongside their sons as they struggled with substance use and co-occurring conditions. Rhonda's son experienced early recovery but ultimately lost his battle. Both have experienced the spectrum of family grief, are compassionate listeners, and are equipped to guide you into family recovery.*

## ***Available Services:***

We offer hope, encouragement, and recovery support to family members of individuals with a range of drug and/or alcohol issues.

- Personal appointments to discuss concerns and advise on available supports
- Guidance on establishing and achieving family recovery goals, setting boundaries, and overcoming barriers to recovery; assistance with developing a family recovery plan
- Assistance with accessing the recovery community and navigating family-based recovery supports, educational programs, and community events

