



Heal the Root to Heal the Fruit

The Reconnection Community

Hope, Help, and Healing for Fractured Families

Families with addiction often experience strained relationships.

The Reconnection Community offers support to develop new strategies to rebuild disconnected relationships with our non-addicted family members, especially adult children and/or grandchildren.

While time does not necessarily heal, actions do, and while every estrangement is unique, there are practical and effective techniques for understanding and healing our relationships.

Previous offerings:

- *Constructive Wallowing* book study – winter 2025
- *Reconnecting with Your Estranged Adult Child* book study – fall 2024
- Family Connections psychodrama workshop – September 2024

This is an ongoing program with various offerings in the future.

Coming in 2025:

- *Circle of Intimacy* experiential workshop – May 31, 2025
- *Helping Parents Heal* 10-week support series – TBD

Mondays, 3:30 to 5:00 pm
In-person at OASIS

Email Info@OasisBethlehem.org if interested

For questions, contact:

484-747-6825 or Rhonda@OasisBethlehem.org



OASIS programs are offered to support families and friends impacted by a loved one's substance-use

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