October 2026

Drop-In Hours: 10 am to 5 pm, Monday–Friday and by appointment
3410 Bath Pike, Bethlehem, PA 18017 | Tel. 484-747-6825 | OasisBethlehem.org

7 years!

oasis COMMUNITY CENTER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Full meeting details at: **OasisBethlehem.org/Calendar**				1 12-1:00 pm - SMART F&F [Z] 5:00-6:00 pm - ACA [Z]	2 3–5 pm Arts for Wellness Movie TBD	3
4	5 3:30 – 5:00 pm **Reconnecting with Yourself** [R] 8:00-9:00 pm LPG [Z]	6 12:00-1:00 pm – ITC [Z] 12:00-1:00 pm - CoDA [Z] 5:15 – 6:15 **Grief Movement Class** [R]	7 2:00 pm – 3:30 **Navigating Estrangement** [R] 5:30-6:45 pm Hopeful Hearts [R]	8 12-1:00 pm - SMART F&F [Z] 5:00-6:00 pm - ACA [Z]	9 3–5 pm Arts for Wellness Movie TBD	10
11	12 **CLOSED** Columbus Day	13 12:00-1:00 pm – ITC [Z] 12:00-1:00 pm - CoDA [Z] 5:15 – 6:15 **Grief Movement Class** [R]	14 2:00 pm – 3:30 **Navigating Estrangement** [R] 5:30-6:45 pm Hopeful Hearts [R]	15 12-1:00 pm - SMART F&F [Z] 5:00-6:00 pm - ACA [Z]	16 3–5 pm Arts for Wellness Movie TBD	17
18	19 3:30 – 5:00 pm **Reconnecting with Yourself** [R] 8:00-9:00 pm LPG [Z]	20 12:00-1:00 pm – ITC [Z] 12:00-1:00 pm - CoDA [Z] 5:15 – 6:15 **Grief Movement Class** [R] 6:30 – 8:00 pm **Autumn Reflection Gathering**	21 2:00 pm – 3:30 **Navigating Estrangement** [R] 5:30-6:45 pm Hopeful Hearts [R]	22 12-1:00 pm - SMART F&F [Z] 5:00-6:00 pm - ACA [Z]	23 3–5 pm Arts for Wellness Movie TBD	24
25	26 3:30 – 5:00 pm **Reconnecting with Yourself** [R] 8:00-9:00 pm LPG [Z]	27 12:00-1:00 pm – ITC [Z] 12:00-1:00 pm - CoDA [Z] 5:15 – 6:15 **Grief Movement Class** [R]	28 2:00 pm – 3:30 **Navigating Estrangement** [R] 5:30-6:45 pm Hopeful Hearts [R]	29 12-1:00 pm - SMART F&F [Z] 5:00-6:00 pm - ACA [Z]	30 3–5 pm Arts for Wellness Movie TBD	31

[Z] = Zoom Mtg [R] = Registration Required LPG = Loving Parent Guidebook (ACA) SMART Recovery F&F = Family & Friends

OASIS Community Center – Program Information – October 2026

~ our programs are offered in support of families and friends impacted by a loved one's substance-use ~

Special Events

- Autumn Reflection Gathering – Oct. 20, 6:00 – 7:30 pm
- "Navigating Estrangement," a Reconnections 12-step workbook – Wednesdays 2:00-3:30 pm

Professionally Facilitated Programs – Registration Required

- "Hopeful Hearts" Grief Support Group – Wednesdays 5:30–6:45 pm (1st floor)
- "Reconnecting with Yourself," a Reconnections series – Mondays 3:30–5:00 pm
- Grief Movement Class – new series began Tues., Sept. 29, and runs through Oct. 27 (5 weeks), 5:15 - 6:15 pm

Wellness – RSVP appreciated *(email info@oasisbethlehem.org)*

- Arts for Wellness – Friday Movies 3:00-5:00 pm (movie selection TBD by group consensus)

Evidence-Based Education/Support Groups

- Invitation to Change (ITC) – Tuesdays 12:00 to 1:00 pm – Zoom only
- SMART Friends & Family – Thursdays 12:00 to 1:00 pm – Zoom only

12-Step Groups

- ACA *The Loving Parent Guidebook* Study – Mondays 8:00–9:00 pm – Zoom only
- CoDependents Anonymous (CoDA) – Tuesdays 12:00-1:00 pm – Zoom only
- Adult Children of Alcoholics (ACA) – Thursdays 5:00–6:00 pm – Zoom only

Volunteers are needed for our fall and winter events. Please email admin@oasisbethlehem.org if you can help.

Descriptive flyers and Zoom links available for download at www.oasisbethlehem.org/calendar | Email info@oasisbethlehem.org for registration links