

# August 2020



## Activities Calendar

Drop-In Hours: 12 noon to 5 pm, Monday–Friday; or by appointment

3410 Bath Pike, Bethlehem, PA 18017; Tel. 484-747-6825

[www.oasisbethlehem.org](http://www.oasisbethlehem.org)



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 10-11 am – Chair Yoga <sup>Z</sup> 7:15-8:30 pm – ACA <sup>Z</sup>	4 12:00-1:00 pm – CoDA <sup>Z</sup> 7:00-8:00 pm – Al-Anon <sup>H</sup>	5 5:30-6:45 pm – Early Grief Support Group <sup>H,R</sup>	6 Noon- RecoveryConnection <sup>Z</sup> 3:00pm- Boundaries Study <sup>Z,R</sup> 6:30pm- FamilyCounseling <sup>Z,R</sup>	7	8
9	10 10-11 am – Chair Yoga <sup>Z</sup> 7:15-8:30 pm – ACA <sup>Z</sup>	11 12:00-1:00 pm – CoDA <sup>Z</sup> 2:30-4:00 pm – GRASP Mtg <sup>Z</sup> 7:00-8:00 pm – Al- Anon <sup>H</sup>	12 5:30-6:45 pm – Early Grief Support Group <sup>H,R</sup>	13 Noon- RecoveryConnection <sup>Z</sup> 3:00pm- Boundaries Study <sup>Z,R</sup> 6:30pm- FamilyCounseling <sup>Z,R</sup>	14	15
16	17 10-11 am – Chair Yoga <sup>Z</sup> 7:15-8:30 pm – ACA <sup>Z</sup>	18 12:00-1:00 pm – CoDA <sup>Z</sup> 7:00-8:00 pm – Al-Anon <sup>H</sup>	19 5:30-6:45 pm – Early Grief Support Group <sup>H,R</sup>	20 Noon- RecoveryConnection <sup>Z</sup> 3:00pm- Boundaries Study <sup>Z,R</sup> 6:30pm- FamilyCounseling <sup>Z,R</sup>	21	22
23	24 10-11 am – Chair Yoga <sup>Z</sup> 7:15-8:30 pm – ACA <sup>Z</sup>	25 12:00-1:00 pm – CoDA <sup>Z</sup> 7:00-8:00 pm – Al-Anon <sup>H</sup>	26 5:30-6:45 pm – Early Grief Support Group <sup>H,R</sup>	27 Noon- RecoveryConnection <sup>Z</sup> 3:00pm- Boundaries Study <sup>Z,R</sup> 6:30pm- FamilyCounseling <sup>Z,R</sup>	28	29

ACA = Adult Children of Alcoholics

CoDA = Co-dependents Anonymous

<sup>H</sup> = Hybrid (In-Person/Virtual) Mtg

<sup>Z</sup> = Virtual Zoom Mtg

<sup>R</sup> = Pre-registration Required