

OASIS Community
Center presents...

C.R.A.F.T. APPROACH TRAINING

WEDNESDAYS

MAY 5TH – JUNE 30TH

7:00 –8:15 pm on Zoom

Presented by Dr. Philip J. Pellegrino

Read this short
[article with video](#)
link to learn more
about CRAFT.

Program involves one hour per
week of education and training

Program lasts eight weeks
(No class on June 16th)

Weekly review and skill practice

Learn actionable steps based on
sound psychological principles

Community **R**einforcement **A**nd **F**amily **T**raining is a scientifically supported innovative approach that helps families cope with and respond to loved ones struggling with substance use conditions. CRAFT is a skills-based program that teaches families evidence-based behavioral and motivational strategies.

Primary Aims:

- Improve the lives of family, friends, and significant others
- Help loved ones reduce their substance use
- Help motivate loved ones to seek treatment and recovery

Contact info@oasisbethlehem.org for more info

➤ Pre-registration required ◀

Dr. Philip J. Pellegrino is a licensed psychologist specializing in Cognitive Behavioral Therapy with a sub-specialty in the treatment of addiction and substance use problems. He incorporates motivational interviewing, mindfulness, and cognitive behavioral approaches in his clinical work. He also has extensive experience in the treatment of anxiety disorders, mood difficulties, trauma, and complex behavioral problems.

