

FAMILY-TO-FAMILY EDUCATION COURSE

A free program for families and friends of individuals with a mental health diagnosis. The course meets once a week for 8 weeks, and classes are taught by two trained facilitators with relatable life experience.

Many say this course has been life changing. You will make connections with others in a private, collaborative setting while finding tools and skills to be of better help for your loved one, as well as how to be there for yourself.

March 18th thru May 6th, 2024

Monday evenings from 7:00 to 9:30 pm

OASIS Community Center

3410 Bath Pike, Bethlehem, PA 18017

Use exterior staircase (left/west end) to 2nd floor entrance.

Visit www.nami-lv.org

click on the Support & Education tab
to learn more and to register

