

## **Family Recovery Day**

9:00 am to Noon
Virtual Event via Zoom

Join the Friends of OASIS for our second annual Family Recovery Day, in recognition of National Recovery Month!

This year's event will feature several speakers and practitioners who will share self-care strategies and guide us while we experience several modalities.

Guest Speakers/Practitioners include:

- Prabha Sinha, Pratyush Sinha Foundation
- Bobbi Edwards, Certified Family Recovery Specialist
- Meg Lewis, Certified Recovery & Life Coach
- Janette Zuk, Certified Family Recovery Specialist

We'll end the day with a guided imagery exercise.

Attend this event virtually via Zoom:

https://us02web.zoom.us/j/83517103405

Visit our calendar for additional details:

www.oasisbethlehem.org/calendar

