

## OASIS Family Counseling Group Therapy

Speak Up for Ben, Inc. has received a special grant to support families impacted by substance use conditions.

We have contracted with an experienced licensed professional counselor (Brian McCue, LPC, CAADC) who will help participants strengthen their resiliency, teach effective communication strategies, and aid in the family's recovery journey.

The group family counseling program is offered as a 10-week series with a rolling admission. All participants are required to complete a pre- and post-survey to gauge participant progress and help us continuously refine the program.

We encourage family members to attend together to achieve maximum benefit, however, you need not attend as a unit. Please note that this group is for *family members* and will not include the loved one with the substance use conditions.

This small group is completely confidential and meets on Mondays, 5:00 to 6:30 pm. Participants may meet in person, CDC-compliant, at the OASIS Community Center—subject to the comfort level of group participants and changes in COVID-19 directives—or attend virtually via a secure Zoom link.

Advance registration required along with a modest registration fee per person to confirm participant commitment.

Contact <u>info@oasisbethlehem.org</u> for information.

