

March 2020



Activities Calendar

Drop-In Hours: 12 noon to 5 pm, Monday–Friday; or by appointment

3410 Bath Pike, Bethlehem, PA 18017; Tel. 484-747-6825

www.oasisbethlehem.org



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|--|---|--|---|--|----------|
| 1 | 2 7:15-8:30 pm – ACA | 3 10:30-11:30 am – Yoga 12:00-1:00 pm – CoDA 7:00-8:00 pm – Al-Anon | 4 5:30-6:45pm –Grief Counseling 7-8:30 pm – Help & Hope for Families Training Series ** 7-8:15pm – Meditation/Book** | 5 5:30-6:30 pm – CHC Parenting Class ** | 6 5:30-7:30 pm Rocks for Recovery Workshop ** | 7 |
| 8 | 9 7:15-8:30 pm – ACA | 10 10:30-11:30 am – Yoga 12:00-1:00 pm – CoDA 2:30-4:00 pm – GRASP Mtg 7:00-8:00 pm – Al-Anon | 11 5:30-6:45pm –Grief Counseling 7-8:30 pm – Help & Hope for Families Training Series ** 7-8:15pm – Meditation/Book** | 12 5:30-6:30 pm – CHC Parenting Class ** | 13 | 14 |
| 15 | 16 Canceled: Mandated Reporter Training 7:15-8:30 pm – ACA | 17 St. Patrick's Day 10:30-11:30 am – Yoga 12:00-1:00 pm – CoDA 7:00-8:00 pm – Al-Anon | 18 5:30-6:45pm –Grief Counseling Canceled: Help & Hope for Families Class 7-8:15pm – Meditation/Book** | 19 5:30-6:30 pm – CHC Parenting Class ** | 20 Canceled: Friends of OASIS Potluck Dinner ** | 21 |
| 22 | 23 7:15-8:30 pm – ACA | 24 No Yoga Class Today 12:00-1:00 pm – CoDA 7:00-8:00 pm – Al-Anon | 25 5:30-6:45pm –Grief Counseling Canceled: Help & Hope for Families Class 7-8:15pm – Meditation/Book** | 26 5:30-6:30 pm – CHC Parenting Class ** | 27 12:30-2:30 pm Vision Board Workshop ** | 28 |
| 29 | 30 7:15-8:30 pm – ACA | 31 10:30-11:30 am – Yoga 12:00-1:00 pm – CoDA 7:00-8:00 pm – Al-Anon | | | | |

ACA = Adult Children of Alcoholics

CoDA = Co-dependents Anonymous

** Pre-registration Required