

November 2021



Drop-In Hours: 10 am to 5 pm, Monday–Friday; and by appointment

3410 Bath Pike, Bethlehem, PA 18017; Tel. 484-747-6825

oasisbethlehem.org/calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 5:00-6:30 pm Family Counseling ^{HR} 7:15-8:30 pm ACA ^Z	2 12:00-1:00 pm CoDA ^Z 6:00-8:30 pm Grief Recovery Method Series ^R 7:00-8:00 pm Al-Anon ^H	3 9:30-10:30 am Yoga 5:30-6:45 pm Grief Group ^{HR} 7:00-8:00 pm – UNSETTLED Book Study	4 10:00-11:00 am Kinship Caregivers Share ^Z 6:30-8:00 pm SMART Recovery Groups ^H	5 5:00-7:30 pm Strengthening Families Series ^R	6
7 Daylight Savings Ends	8 5:00-6:30 pm Family Counseling ^{HR} 7:15-8:30 pm ACA ^Z	9 12:00-1:00 pm CoDA ^Z 6:00-8:30 pm Grief Recovery Method Series ^R 7:00-8:00 pm Al-Anon ^H	10 9:30-10:30 am Yoga 5:30-6:45 pm Grief Group ^{HR} 7:00-8:00 pm – UNSETTLED Book Study	11 Veterans Day 6:30-8:00 pm SMART Recovery Groups ^H - Friends & Family - - Addictive Behaviors -	12 5:00-7:30 pm Strengthening Families Series ^R	13
14	15 5:00-6:30 pm Family Counseling ^{HR} 7:15-8:30 pm ACA ^Z	16 12:00-1:00 pm CoDA ^Z 6:00-9:00 pm Ryan Hampton 7:00-8:00 pm Al-Anon ^H	17 9:30-10:30 am Yoga 5:30-6:45 pm Grief Group ^{HR} 7:00-8:00 pm – UNSETTLED Book Study	18 10:00-11:00 am Kinship Caregivers Share ^Z 6:30-8:00 pm SMART Recovery Groups ^H	19 5:00-7:30 pm Strengthening Families Series ^R	20
21	22 5:00-6:30 pm Family Counseling ^{HR} 7:15-8:30 pm ACA ^Z	23 12:00-1:00 pm CoDA ^Z 6:00-8:30 pm Grief Recovery Method Series ^R 7:00-8:00 pm Al-Anon ^H	24 9:30-10:30 am Yoga 5:30-6:45 pm Grief Group ^{HR}	25 Thanksgiving 6:30-8:00 pm SMART Recovery Groups ^H - Friends & Family - - Addictive Behaviors -	26 Holiday	27
28	29 Hanukkah Begins 5:00-6:30 pm Family Counseling ^{HR} 7:15-8:30 pm ACA ^Z	30 12:00-1:00 pm CoDA ^Z 6:00-8:30 pm Grief Series ^R 7:00-8:00 pm Al-Anon ^H				

ACA = Adult Children of Alcoholics

CoDA = Co-dependents Anonymous

^H = Hybrid (In-Person/Virtual) Mtg

^Z = Virtual Zoom Mtg

^R = Pre-registration Required

OASIS Community Center – Groups Information

12-Step Groups

- Adult Children of Alcoholics (ACA) – Mondays at 7:15 pm – Attend in-person or virtual
- CoDependents Anonymous (CoDA) – Tuesdays at Noon – Virtual Meeting
- Al-Anon Family Group – Tuesdays at 7:00 pm – Attend in-person or virtual

SMART Recovery Groups

- SMART Friends & Family – Thursdays at 6:30 pm – Attend in-person or virtual
- SMART Addictive Behaviors – Thursdays at 6:30 pm – Attend in-person or virtual

Counseling Groups (led by licensed practitioners)

- Friends Counseling – Mondays at 5:00 pm – Attend in-person (recommended) or virtual
- Grief Group – Wednesdays at 5:30 pm – Attend in-person (recommended) or virtual

Other Groups

- Bethlehem Parent & Family Education Group – Wednesdays at 7:00 pm – Virtual Meeting
(email bethlehempfsg@gmail.com for upcoming book studies and speakers)
- Kinship Caregivers Share – 1st & 3rd Thursdays at 10:00 am – Virtual Meeting

Limited Series (email info@oasisbethlehem.org to join next cohort)

- Grief Recovery Method – dates/times for next cohort to be determined)
- Strengthening Families – dates/times for next cohort to be determined)