

🌀 SEPTEMBER 2020 🌀

Recovery Month Events

Lehigh Valley Fed Up Rally – Monday, August 31st, 6:00 to 8:30 pm **SteelStacks campus of Arts Quest in Bethlehem**

The mission of the FED UP! Coalition is to create one voice calling for an end to the epidemic of drug addiction and overdose deaths. Our executive director, Rhonda Miller, is a featured speaker and Speak Up for Ben, Inc. / OASIS Community Center will have a resource table at this year's event. CDC guidelines will be in effect and social distancing will be enforced. The event is free but since space and attendance is limited due to COVID-19 precautions, tickets must be obtained in advance via Eventbrite.

Angels of the Valley Banner Project – Aug. 31st through Sept. 30th **Partnership with Speak Up for Ben, Inc. and Lehigh Valley Health Network**

This display aims to raise awareness of the issue of drug overdose and reduce the stigma associated with people who have lost their lives due to substance use disorder. The banner project also recognizes the grief felt by families and friends in our community who have lost a loved one as a result of drug use. The banners signify the passing of someone cherished and sends a message that the tragedy of drug-related death is preventable, and those who are suffering should feel no shame in asking for help. Banners are displayed at the SteelStacks campus of ArtsQuest.

Family Recovery Day – Saturday, September 19th, 9:30am to Noon **OASIS Community Center – Hybrid Event**

Join us for our annual event in recognition of National Recovery Month. This year's theme is devoted to SELF-CARE! We will have a variety of guest speakers and therapeutic activities offered virtually via Zoom. This is a hybrid event but due to social distancing restrictions, limited onsite seats are available. A Zoom link will be provided to attend virtually. More details to come.

Addiction & Recovery Forum – Tuesday, September 22nd, 9am to 3pm **Northampton Community College – Virtual Event**

Celebrate recovery, remember those lost to addiction, and find help for those who still struggle. This year's virtual event includes special programs and guest speakers, including Rhonda Miller, our executive director who will be speaking on the topic of stigma. The event is open to the community and sponsored by Northampton Community College, Northampton County Drug & Alcohol, and Center for Humanistic Change Inc.