

The Reconnection Community:

Hope, Help, and Healing for Fractured Families

~ a group designed for people struggling to reconnect with their non-addicted, estranged family members ~

September 16th through December 9th, 2024

Monday afternoons – 3:30 to 5:00 pm

Presented by the OASIS Community Center

Families with addiction often experience strained relationships. This program offers support to develop new strategies to rebuild our relationships with our non-addicted family members.

This program will be a series including multi-media & book studies, professionally led workshops, and quided discussions.

Our first study will be utilizing the following book:

Reconnecting with your Estranged Adult Child: Practical Tips and Tools to Heal Your Relationship by Tina Gilbertson, LPC

While time does not necessarily heal, actions do, and while every estrangement includes situation-specific variables, there are practical and effective techniques for understanding and healing our relationships.

More information is available upon registration.

Group limited to 8 participants.

Advance registration is required.

Contact info@oasisbethlehem.org

