



nurturing families
impacted by substance use

No-Cost Grief Support Resources

search web to find local or online meetings

Video Meetings, Specific to Substance Related Loss:

- Partnership to End Addiction
- The Hanley Foundation
- The Herron Project
- The Sun Will Rise
- Love In the Trenches
- Nar-Anon Hope After Loss

In Person Meetings, Local Chapters:

- Bereaved Parents of the USA (online also)
- GRASP (specific to substance related loss; Facebook also)
- Compassionate Friends (for parents, grandparents, and siblings)
- GriefShare (faith-based)

Online: Social Media / Chats / Forums / Podcasts

- After the Storm: Grief Support from Loss through Addiction (Facebook)
- AfterTalk: Write, Share, Always There
- Grief Anonymous (Facebook)
- Grieving.com Support for All Loss & Grief Types
- Hope & Help by Text for Loss
- Groups Online Grief Support – A Social Community
- Forums – Grief Healing Discussion Groups (monitored)
- Team Sharing, Inc. (Facebook)
- Open to Hope: Support for Dealing with Death, Grief, Loss (podcast)
- While We're Waiting (Facebook; faith-based)

For Adult Siblings

- The Sounds of the Siblings (Facebook)
- Compassionate Friends

For Young Adults:

- Comfort Zone Camp (18-25 yrs)
- The Dinner Party (21-45 yrs)
- Actively Moving Forward (18-30 yrs)
- Highmark Caring Place: Young Adults Program
- Hope Again - Living After Loss

For Children

- Comfort Zone Camp (7-17 yrs)
- Eluna Network Camp Erin (6-17 yrs)
- National Alliance for Grieving Children
- National Child Traumatic Stress Network fact sheet: help for child after death of sibling by substance related cause

Additional Grief Support Resources:

- Heal Grief
- MISS Foundation: Support for Bereaved Parents & Families
- OASIS Community Center: Support for families impacted by substance use
- Substance Abuse and Mental Health Services Administration

Other Community Sources:

- Clinicians (counselors, therapists, social workers)
- Community advocacy & remembrance events (IOAD, Fed-Up Rally)
- Faith communities (clergy; lay-trained caregivers)
- Funeral homes (after-care staff)
- Hospital bereavement services
- Meet-Up (special interest) groups
- Professional peer support & coaches
- State Department of Drug and Alcohol
- County Human Services Department and Coroner's office

* For reference only; does not constitute endorsement. This is a non-exhaustive list prepared by Rhonda Miller. We welcome other recommended resources; to include contact rhonda@oasisbethlehem.org. created Nov2024