



20
YEAR
ANNIVERSARY

TOGETHER
AGAINST
**DOMESTIC
VIOLENCE**

2003 – ESTABLISHED

Since 2003, the 1000 Women initiative has been creating awareness, organising safe spaces for women and mobilising resources to amplify the voices of women and girls in South Africa.

KEY EVENTS

- ▶ 2004 – First 1000 Women event at CTICC
- ▶ WHEAT launched 1000 Women to Unite Against Domestic Violence
- ▶ Annual Luncheons

2011–2017

Grassroots women's organisations laboured tirelessly to eradicate violence against women and children. A capacity-building unit was developed and various projects to support the women to start support groups in communities.

KEY EVENTS

- ▶ Trauma Training
- ▶ Anti-bullying Campaigns
- ▶ Talking to Boys
- ▶ HearMeToo Campaign

2020–2022

The Covid-19 Lockdown hit our communities, and many women were trapped in homes with perpetrators with food insecurity and job losses that followed. 1000 Women increased its footprint to all provinces during this crisis.

20-YEAR ANNIVERSARY

KEY EVENTS

- ▶ Golf day and luncheon for the Women's Hope, Education and Training Trust (WHEAT)
- ▶ EMINENT Women Network mobilises women
- ▶ South African Parliament passes new legislation on domestic violence
- ▶ Launch of 1000 Women Initiative

2004–2010

The initiative gained momentum from 2004 to 2008. It was discontinued in 2009 and 2010 due to the economic downturn. In 2010, the 1000 Women Initiative was re-launched. Many prominent women joined the initiative.

KEY EVENTS

- ▶ 2013 – 10th Anniversary of the Initiative
- ▶ 2014 – 1000 Women Trust registered
- ▶ 16 Days of Activism

2018–2019

During 2018–2019, various donors were encouraged to invest in the programmes of 1000 Women Trust, resulting in the start of campaigns and programmes.

KEY EVENTS

- ▶ War Against Hunger
- ▶ Restart Campaign

2023





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Every Donation is equally important.

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BANKING DETAILS

Bank: Nedbank
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Account Type: Savings
Branch Code: 198765

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FOREWORD *Wendy Ackerman*

The 1000 Women 1 Voice initiative the past 20 years has been synonymous with courageous, inspired people empowering and employing other women, while mobilising society to join forces in eradicating all forms of gender-based violence.



"We salute all our women champions who made the past 20 years a glorious success. Now to soldier on for the next twenty. A luta continua – the struggle continues, victory is certain."

Wendy Ackerman

The 1000 Women 1 Voice is about visionary women and change agents. These visionary champions at 1000 Women 1 Voice, spearheaded by Tina Thiar, provide solidarity to women, amplify the voices of activists and advocate for change to end gender-based violence and femicide.

They do it through projects, grants, training and fundraising initiatives to ensure that women and girls are empowered, inspired, educated and equipped for daily life.

The HearMeToo campaign created awareness of the plight of women in South African society.

The anti-bullying toolkit and training course that have touched the lives of more than 4000 parents and teachers, have helped to strengthen the resolve of schools in South Africa to deal with bullying in all shapes and forms.

The 1000 Women initiative also continuously advocate for the formation and increase of shelters and their financial support to

accommodate women who are subjected to abuse.

Tina reached out to a Citrusdal-farmer to collaborate and utilise a piece of ground to build a centre where victims of abuse can be rehabilitated and then empowered to become self-sustaining vegetable and fruit farmers.

The trauma training course, co-designed by Tina and Claudia Roodt, give thousands of women from all communities in South Africa access to material to assist the victims of trauma due to gender-violence, in their communities.

The 1000 Women Restart-movement was conceptualised to empower and re-employ many of the 2 million women who lost their jobs during COVID-19.

During the past three years, the 1000 Women Initiative also declared War on Hunger and 45 community soup kitchens fed 20 000 people daily during the midsummer of the pandemic and thereafter.

As a women-led organisation, we also touched the hearts of





*“No man (or women) is an island
entire of itself – every man (or woman) is a piece of
the continent, a part of the main.”*

John Donne

families to inspire men and women to share values like non-violence and respect with their growing teens, through the #MakeTime-campaign.

That campaign, in collaboration with the global ad agency TBWA, was a media sensation and created enormous traction within society.

A focal point of the #MakeTime campaign is Talking to Boys. It revolves around parents having continuous conversations with their boys during their formative years – a pivotal strategy in attempting to change the hearts and minds of boys and men with regards to women in South Africa.

John Donne penned these immortal words: “No man (or women) is an island entire of itself – every man (or woman) is a piece of the continent, a part of the main.”

While Tina and I played a role in the formation of the initiative, the name 1000 Women says it all. I wish to salute all the women in the Western Cape and indeed

South Africa who made 1000 Women initiative a beacon of hope to women and girls across this beloved, but fractured land.

We salute the role of partners, individual and business donors who have helped to keep 1000 Women Initiative afloat. It is partners like Pick n Pay, Avon, Media24, Uniliver and others. Your financial investment is also an investment in the sustainability of this women-led organisation.

It is all-important for 1000 Women Trust to share the vision of the initiative with thousands of women in South Africa, and with corporates and individual sponsors and donors to galvanise their support. Vision, financial support and effervescence are required for 1000 Women to thrive over the next 20 years.

The economic landscape is ever-changing in South Africa and with the ever-increasing needs of women, we will continue our quest of economically empowering women, while also hosting on-line or whatsapp

courses on trauma, bullying and talking to boys.

With regards to the challenge of eradicating gender-based violence, the fight will continue unabated until this scourge is removed from the fabric of society. We will hold a government that has failed the women of this country through mere lip service and without corresponding action, accountable.

We salute all our women champions who made the past 20 years a glorious success. Now to soldier on for the next twenty. A luta continua – the struggle continues, victory is certain. We owe it to our children and grandchildren not to surrender the campaign to create gender equality for women and girls and secure their safety, economic prosperity and well-being.

Wendy Ackerman

**Trustee, Founding Member
and Ambassador of
1000 Women 1 Voice**



MESSAGE FROM *Mishinga Kombo*

I joined the 1000 Women Trust as a Trustee in 2021. At that time, we were learning to live with the after effects of the global COVID pandemic. One thing I have always believed in is the power of inspiring, uplifting and empowering each other, especially in times of crisis.



"My role as a Trustee will be to ensure that the 1000 Women Trust grows from strength to strength and continues to make a meaningful impact year-on-year."

Mishinga Kombo

I know many women are still rebuilding from the after effects of the COVID pandemic. I know that many women need much more support, a listening ear, a hug and time to share personal stories in safe authentic environments. I am passionate about mental health and wellness as these remain very close to my heart.

Furthermore, I will work hard to ensure that the Trust will focus on topics that matter to the many women we serve. From financial planning, mental health and wellness, to name a few, we are increasingly being challenged to think innovatively and strategically in a world filled with economic challenges and that is still in recovery mode.

In the case of 1000 Women 1 Voice, we have an immense responsibility towards men and women in our country who are facing gender-based violence. We have to continuously ask ourselves some crucial questions such as how do we equip, enable and empower victims of gender-based violence to

become financially independent? How do we support victims to become powerful survivors? These questions remain critical and the answer lies in each and every one of us doing something. A new focus and strategy of the 1000 Women 1 Voice will be to equip women across all social settings and diversity groups. This must continue and remains incredibly important.

Women's presence can be felt everywhere, and their impact is felt for generations to come. The journey to economic independence starts with each one of us.

For each one of us to ensure we have our individual personal affairs in order and for us to focus on living a well-balanced and healthy lifestyle, which must include financial wellness and financial independence, and an internal process of personal transformation.

Mishinga Kombo

Trustee, 1000 Women 1 Voice





AMBASSADORS OF 1000 WOMEN TRUST

PAM GOLDING

In 2003 Pam Golding joined the 1000 Women Trust as an ambassador. In later years she encouraged her son, Peter Golding, to mobilise men to also attend the annual event.

Through her real estate business Pam created employment for many women. She was an ambassador and stern supporter of the 1000 Women 1 Voice until her death in 2013.

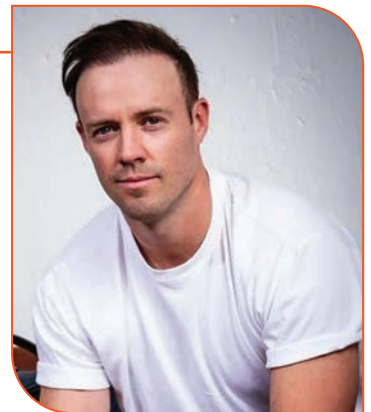


AB DE VILLIERS

A 360-degree batter who could hit any ball anywhere, against any bowler, AB de Villiers was a bona fide South African great: a cricketer with overflowing talent and the temperament to back it up, a fielder able to leap tall buildings and still come up with the catch - and who could happily assume the wicketkeeper's spot if needed.

As if all that wasn't enough he is also a Ambassador of our 1000 Women Talking to Boys programme.

He believes that men have an important role to play in creating a safe world for our daughters. He also believes that fathers should spend time with their children and really TALK to them about all aspects of life -about the difficult subjects too. "We need to talk to our kids. Especially to our boys. We need to show them and teach them how to be good men," he says.



ELIZE PARKER

Multimedia journalist, radio news writer, radio news reader, podcaster and columnist. Elize Parker has authored over 40 fiction and non-fiction books and produced and presented radio shows on everything from current affairs to cultural digests. She is also the author of a manual guiding single moms on how to survive life.

She worked as a journalist, mostly for women's magazines and at present, she is the agony aunt of Huisgenoot and Netwerk24. She writes news for a radio station in Cape Town, Radio Tygerberg 104FM.

She stands for strong, healthy, and safe relationships where abuse, trauma bonds or manipulation has no role and believes that there is too little knowledge available about women's options and choices to live a fulfilling life full of healing, health, and happiness. She is the ambassador for the #HearMeToo campaign, assisting survivors of GBV in healing through story writing.



PROF MOLLY PAINTER

Professor Mollie Painter is an international scholar and public speaker specialising in business ethics, CSR, sustainability and responsible leadership. She has held academic positions in South Africa, the USA, the UK, and Slovenia.

Mollie currently heads up the Responsible and Sustainable Business Lab (RSB Lab), a Research Centre within Nottingham Business School, Nottingham Trent University in the UK. She is an Extraordinary Professor at the Gordon Institute of Business Science, University of Pretoria.



REFLECTIONS ON A 20-YEAR JOURNEY



"I believe that women should invest in women and ensure that all women have access to knowledge, skills and resources."

Tina Thiar

By Tina Thiar

Trustee, 1000 Women 1 Voice

"It was the best of times...it was the worst of times," said Charles Dickens in his introduction to the book *A Tale of two cities*. In celebrating 20 years since the formation of the 1000 Women United Against Domestic Violence and Abuse initiative, it is worth mentioning that the period from 2003 until 2023 was the worst of times for many South African women subjected to the second pandemic of gender-based violence.

But it was also a good time for many dynamic women in South Africa who joined forces to mobilise society and invest in grassroots women's initiatives with the end-goal to empower women to find independent solutions against domestic violence.





#1000WOMENVOICE

2003

Wendy and Raymond Ackerman played a pivotal role in the formative three-month period before the birth of the 1000 Women Initiative.

Raymond Ackerman funded a golf day for the Women's Hope, Education and Training Trust (WHEAT) friends at the Clovelly Golf Club in June 2003 with his wife, Wendy, who joined WHEAT for a celebratory lunch at the same venue.

The central focus was uniting women around a common purpose – investing in grassroots women's initiatives. Wendy's recollection of an event in the United States where 1000 women attended a fundraising event was met with enthusiasm by the members of WHEAT.

After Wendy introduced me to the organiser of the USA event at a dinner in the Ackermans' home, the idea of utilising the 1000 Women Initiative as an approach to mobilise women in South African communities became a plan and a battle cry.



A week later, I phoned a few members of the EMINENT Women Network, which invested in Women. Within 24 hours, the group mobilised 15 women – many of whom were exposed to domestic violence – to explore the theme of the 1000 Women Against Domestic Violence and Abuse initiative.

The working group's formation occurred when the South African Parliament passed new legislation on domestic violence. The working group's strategy was to mobilise 25 more women who attended a launch of the initiative on 3 August 2003 at the Castle in Cape Town. All the attendees promised to inspire five other women to join the initiative and serve as table captains (ambassadors) of the event.



“It was a glorious moment as 1000 Women joined forces to eradicate domestic violence.”

2004

The one hundred women then mobilised ten women, and the first 1000 Women event was launched in May 2004 at the CTICC. The table captains' selfless support and commitment contributed to the initiative's success.

In 2004, WHEAT launched 1000 Women to Unite Against Domestic Violence in Cape Town. It was a glorious moment as 1000 women joined forces to eradicate domestic violence.

Those who attended the annual luncheons in Cape Town were treated to a memorable line-up of speakers and entertainers. It included well-known diva Vicky Sampson, Yvonne Chaka Chaka, Poseletso of Idols fame, Gerry Rantselli, CODA and guest speaker Irene Khan (head of the International Human Rights Body).



The table captains' support and commitment contributed to the initiative's success.





#1000WOMEN1VOICE

2004-2010

The initiative gained momentum from 2004 to 2008. It was discontinued in 2009 and 2010 due to the economic downturn and a recession that rocked South Africa and the global community from 2008 to 2009. In 2010, the 1000 Women Initiative re-launched the initiative and mobilised more funding.

Many prominent women joined Wendy Ackerman and I in support of the initiative that gave the 1000 Women initiative the necessary impetus. These women deserve recognition and honour. Among the many prominent women who supported the initiative are Jane Rapealy, Wendy Luhabe, Maria Ramos, Nolitha Fakude, Helen Zille, Pam Golding, Joan Armatrading, Tina Eboke, Lynne Brown, Evita Bezuidenhout (known as Pieter-Dirk Uys), Pregs Govender, Suzanne and Kathy Ackerman.

The capital raised from this event strengthened women-led initiatives across South Africa and was invested in bringing hope, protection and empowerment to women living in abusive relationships.

Our theory of change is that if women have access to resources, skills and information, they will take advantage of strategic opportunities to advance human rights for women.



“ We raised awareness and advocacy and provided small grants to women's organisations.”

2011–2017

During the time 2011–2016, all funds mobilised were invested in community activism. After a successful initiative in 2014 and the celebration of the 10th anniversary of the initiative, the 1000 Women Trust was registered as an independent trust.

The objective was to mobilise women to join the initiative, show solidarity, and invest in grassroots women's organisations that were mobilised to labour tirelessly to eradicate violence against women and children. We raised awareness and advocacy and provided small grants to women's organisations to host events during 16 Days of Activism.

During 2016 the Trust hosted conversations with women-led organisations, and our research showed that these organisations needed more technical support and education. This inspired us to develop a capacity-building unit and various projects to support the women to start support groups in the communities.



1000women.co.za

A graphic of a postcard template. On the left, there is a circular logo with a heart shape and the text "#1000WOMEN1VOICE". Below the logo, there is a box with the text "WRITE THE DATE". On the right, there are fields for "FULL NAME", "ADDRESS", "AREA CODE", "STATE", and "COUNTRY". At the bottom left, there is a Facebook logo and the text "Find us on Facebook". At the bottom right, there is an Instagram logo and the text "Instagram".




#1000WOMEN1VOICE

2018–2019

During 2018–2019, various donors were encouraged to invest in the programmes of 1000 Women Trust, resulting in the start of Trauma Training, Anti-bully campaigns, Talking to Boys and the HearMeToo campaign.

FATHERS OF TEENS MUST TEACH THEM ABOUT CONSENT AND RESPECT FOR SOMEONE ELSE'S BODY

A few Good Men joined 1000 Women Trust to talk to boys about gender-based violence. We agreed that men play an important role in irradiating GBVF in South Africa. A toolkit was designed to support fathers to talk to boys and young men about consent.

Talking to teenage boys and girls about the importance of consent is one of the most crucial aspects of teaching them to say no to gender-based violence and becoming peaceful and non-violent citizens of South Africa.

It is vital that boys are taught from a young age that boys and girls are equal and worthy of utmost respect.

Fathers must demonstrate equality at home by setting an example, by treating their wives with enormous respect, and telling both their sons and daughters how special they are and why he is proud of both the boy and the girl.

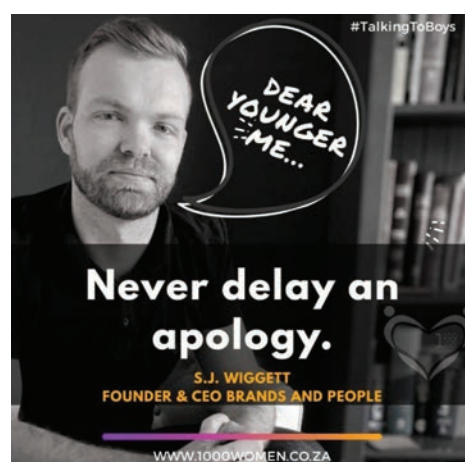
That equal affirmation of both boy and girl endorses the view that they are equal and that no gender is subordinate to the other.


The project was launched in 2021.

MAKE TIME TO TALK TO OUR BOYS

This campaign urged parents to pledge to #MakeTime to speak to their sons to teach them about consent, boundaries and respect for women. The campaign centred on a children's doll – the Krissy Doll including digital resources featuring age-appropriate talking points and tips on how to speak to boys from the age of one to young men in their teens, an auto-calendar function to set a reminder to make time, and the option to share a pledge to #MakeTime on social media to drive further awareness of the need to teach sons the right way.

Through this campaign, the Trust hoped that every South African would take up the responsibility to have these urgent conversations with their children to establish a social norm and prevent these crimes from following our daughters into the future.





- * 2 WEEKS
- * 4 HOURS
- PRESENTATIONS
- * 4 SHORT
- ASSIGNMENTS
- * DOWNLOADABLE
- RESOURCES
- * CERTIFICATE ON
- COMPLETION

ANTI-BULLYING TRAINING

ON WHATSAPP

STOP BULLYING. LEARN HOW.

WHATSAPP 073 207 9079

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ANTI-BULLYING CAMPAIGN

1000 Women Trust embarked on a campaign to equip teachers and parents with the skills to address bullying. The Trust compiled a toolkit to provide teachers and parents with resources to address bullying. Also, parents could share various values with their school-going children to train them to be non-violent and respectful.



LEARN HOW TO HELP

STOP BULLYING. LEARN HOW.

WHATSAPP 0732079079

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NOT ALL SCARS ARE PHYSICAL

STOP BULLYING. LEARN HOW.

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1000 women VOICE

TRAUMA SUPPORT TRAINING ON WHATSAPP

To join simply send your name to

061 469 0479

WWW.1000WOMEN.CO.ZA

TRAUMA TRAINING

The trauma training of 1000 Women Trust on WhatsApp and person-to-person was a catalyst for healing more than 4000 abused women and girls in many communities across the Cape Peninsula and the West Coast. Through these interventions and trauma training sessions, many women have come forward for assistance and received healing and support from social workers and community organisations.



#1000WOMEN1VOICE

“Domestic violence, rape, abuse of women remain disgraceful blots on the reputation of a country that is called a miracle nation in other respects.”

~ Nelson Mandela



Donating is easy: simply use SnapScan and send...



#1000WOMEN1VOICE



HEARMETOO CAMPAIGN

The HearMeToo campaign was introduced in 2018 during the 16 Days programme in Cape Town.

1000 Women encouraged community groups to host tea parties, to encourage women to share their stories and to inspire others to report GBV and rape.

From day one, the project was a huge success. Women like to share stories, share experiences and by sharing, other women realise their own experiences and pain and find their voices to tell their own stories.

The 1000 Women Trust documented the stories and created more opportunities for communities to participate in the campaign, host HearMeToo events and inspire, empower and share knowledge.



During 2020 we developed our own lingo to enable women to communicate and get support. The hearts are part of our way of showing how we feel, what we need and how we can help! 💙💜💛💚

#1000WOMEN1VOICE

2020-2021

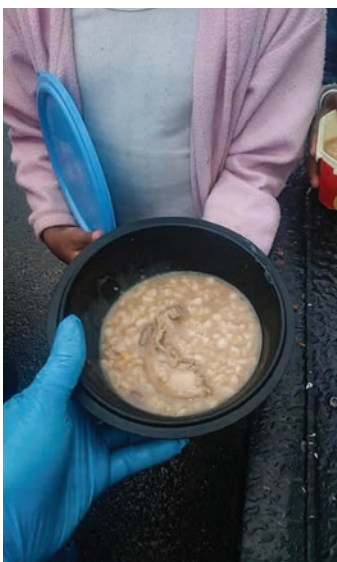
The COVID-19 Lockdown hit our communities, and many women were trapped in homes with perpetrators with food insecurity and job losses that followed. However, 1000 Women used the crisis to increase its footprint to all provinces working with many women and more informal women-led organisations.

WAR AGAINST HUNGER

Pot, pans, rice, spice, and masks were the weapons of war during lockdown for the women warriors on the frontline of the fight against hunger.

1000 Women Trust established 45 community soup kitchens, feeding more than 20 000 people daily through the generous donations of supporters. During one of the worst global pandemics in history, SAPS and the Department of Social Development (DSD) instructed food relief organisations to stop distributing food. In a petition to UN Women, the Trust demanded that the DSD not close community soup kitchens. In a major victory for NGOs, the Cape Town High Court ordered in favour of continuing with food distributions.

When a war is worth fighting for, the tireless hours sourcing, prepping, and distributing food became the ultimate victory of fighting the good fight.



RESTART CAMPAIGN

The 1000 Women Restart Programme was launched in August 2021 in collaboration with Pick n Pay as a comprehensive campaign to empower victims of gender-based violence. This campaign equipped countless South African women who lost their jobs during the COVID-19 lockdown with new resources, skills, business mentorships and hope.

Online webinars were hosted to inspire women who had suffered a loss to restart their lives by providing them with income-generating ideas and skills for better jobs. Women in business were also invited to join and lend a helping hand as mentors.



“A heartfelt thank you to all our sponsors for your generous support! Your belief in our mission has significantly impacted us.”

2022-2023

Today more than ever, we need your support. Trustees Wendy Ackerman, Tina Thiart, and Mishinga Kombo invite all women to join the 1000 Women 1 Voice Initiative. Become an Ambassador, add your voice, amplify other voices and motivate your company to invest in women as we take the battle against gender-based violence and femicide to glorious new heights.



1000 WOMEN LOGO JOURNEY

**1000
women
VOICE**

2003



2020



2023 - 20-YEAR ANNIVERSARY



#1000WOMENVOICE



We believe in the strength of unity, empowerment, and advocacy for gender equality. Together, we are creating a safer world where every woman can thrive.





#1000WOMENVOICE







#1000WOMENTVOICE





EMPOWER • INSPIRE • EDUCATE • EQUIP

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