

The Signs & Symptoms



- 1 BLURRED OR HAZY VISION**
Cataracts obstruct the passage of light through the eye, causing objects to appear fuzzy or less distinct
- 2 GLARE AND HALOS IN LIGHT**
Cataracts scatter light entering the eye creating vision-obscuring glare or halos in well-lighted areas
- 3 DIFFICULTY SEEING AT NIGHT**
Cataracts also obstruct light entering the eye, limiting vision in low light, such as when driving at night



Want to Learn More?
Head to our website for our full cataract explainer



SCHEDULE A VISIT



ANGEL EYES VISION IS A VALUES-LED TEAM OF EYECARE PROFESSIONALS. WE SEE YOU, SO YOU SEE BETTER.

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Cataracts

Know the Facts

A LEADING CAUSE OF BLINDNESS, CATARACTS ARE A NATURAL PART OF AGING AND ARE EASILY TREATED

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WHAT ARE CATARACTS?

Cataracts are cloudy areas of the lens of the eye.

They develop as the proteins and fibers comprising the lens begin to change, usually as the result of a lifetime of exposure to the sun's harmful rays, as well as other health risk factors.

As the opaque area of cataracts grow, it begins to affect the light entering the eye, scattering or obscuring the information eyes turn into vision.

That can make vision blurry, or can cause poor visibility in very bright or dim environments, such as when driving at night or trying to read a menu in a dimly lit restaurant.

90%

 OF AMERICANS WILL DEVELOP CATARACTS BY AGE 65

The changes in vision caused by cataracts are often slow to develop.

Most people's eyes will show signs of cataract growth in a person's late 40s or early 50s, although the cataracts don't usually begin to affect vision until someone reaches their late 60s.

Initially a new pair of glasses will be enough to correct for some of the vision impairment.

Eventually, most people will need surgery to replace the eye's lens with an artificial lens.



AN OPTOMETRIST WILL DISCUSS THE BEST TREATMENT OPTIONS FOR YOU

“ Cataracts are among the most treatable causes of blindness



BLURRY VISION AMONG FIRST SIGNS



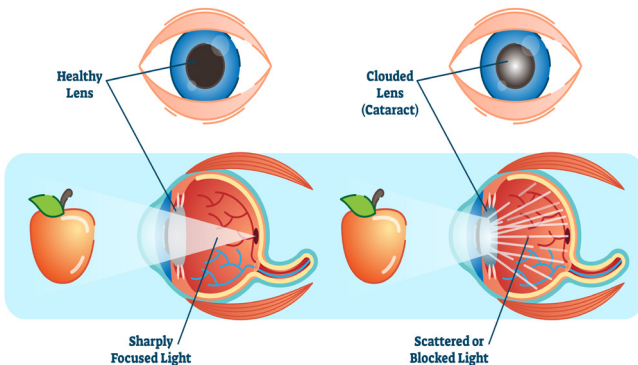
SUN PROTECTION SLOWS GROWTH



EASILY TREATED WITH SURGERY

PREVENTION & TREATMENTS

Cataract



Cataract surgery is safe and highly effective. More than 90 percent of patients who undergo surgery report dramatically improved vision.

MOST CATARACTS DEVELOP WITH AGE, BUT RISK FACTORS SUCH AS DIABETES, SMOKING, ALCOHOL USE OR EYE INJURIES CAN INCREASE THE CHANCES THAT CATARACTS WILL DEVELOP

There are no proven methods for preventing cataract growth. However, healthy lifestyle choices can slow their development.

For example, increasing your consumption of antioxidant vitamins like those found in leafy vegetables can also slow cataract growth.

SUNGLASSES FOR SUN PROTECTION

Sunglasses don't just make you look cool, they help protect your eyes from the harmful sun rays that can prompt cataract growth

HEALTHY LIFESTYLE CHOICES

Maintain a healthy diet, exercise regularly, and avoid cigarette smoke to slow the progression of cataracts, in addition to promoting overall health

VISION CORRECTION & ROUTINE SURGERY

Regularly updating your glasses prescription will help overcome cataract symptoms. Your doctor may also discuss surgery to remove the cataracts