

Locations in Memphis & Jackson, TN

Contact Lens Perks

FREEDOM FROM GLASSES

While glasses are important to have regardless, it is nice to be able to see without the weight of glasses on your face. Some people even get better vision with contact lenses!

BETTER PERIPHERAL VISION

Eyeglasses sit in front of your eyes and create space between your eyes and lenses, which makes peripheral vision more limited based on your prescription. Contact lenses sit directly on your eyes and increase your peripheral view.

A NEW LOOK

Maybe you have worn eyeglasses all your life and you want to switch it up? Contact lenses are a great option!



***WE SEE YOU, SO YOU
SEE BETTER!***

Come Visit us!

Scan the QR Code below to schedule an exam at one of our locations or visit our website to learn more!



Want to learn more?

Head to our website and read more about it on our blog!



CONTACT US

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CONTACT LENS CARE GUIDE



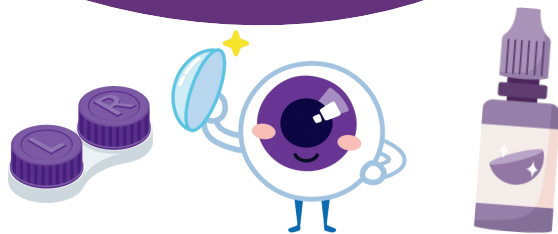
ANGEL EYES VISION

We see you, so you see better

www.angeleyesvision.com

What Are Contact Lenses?

Soft contact lenses are thin bowl-shaped disks made of hydrogel or silicone hydrogel that sit directly on the tear film of your cornea to help you see better. They are an alternative option to eyeglasses and help correct a variety of refractive errors. There are different modalities in which you can wear certain brands such as daily, bi-weekly, and monthly. While there are other types of contact lenses, soft contact lenses are the most common type of contact lens prescribed worldwide.



MYTH VS. FACT

MYTH 1: You can't wear contact lenses if you wear bifocal or progressive glasses.

FACT 1: Contact lenses have advanced over the years and there are far more options to choose from today.

MYTH 2: Contact lenses can be lost or stuck behind your eye.

FACT 2: It is physically impossible for a contact lens to go behind your eye.

MYTH 3: Contact lenses are uncomfortable.

FACT 3: In the last decade, soft contact lenses have improved comfort, breathability, and moisture retention.

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140 MILLION

people in the world wear contact lenses

Insertion

Step 1. Wash hands thoroughly



Step 2. Comfortably hold eyelids apart



Step 3. Avoiding eyelids, place contact lens directly on eyeball



Removal

Step 1. Wash hands thoroughly



Step 2. Comfortably hold eyelids apart



Step 3. Use the thumb and forefinger to slide the contact lens from the center and pluck it off the eyeball



The Dos and Don'ts



DO's

1. Always wash your hands before handling your contact lenses or eyes.
2. Clean your contact lens case regularly with antibacterial soap.
3. Put your contact lenses in before applying any skin care, hair care, or makeup products.
4. Schedule your annual eye exam every year to keep your contact lens prescription up-to-date.



DON'Ts

1. It is not recommended to shower, swim, or bathe with contact lenses. Water is not sterile.
2. Sleeping in contact lenses can cause painful corneal ulcers. It can happen even just once time.
3. Contact lenses are a medical device prescribed to you. Do not share your lenses or use anyone else's.
4. Only use approved contact lens solution to clean and store your lenses. This includes multi-purpose solution or hydrogen peroxide systems.

When to Seek Medical Attention:

If you are a contact lens wearer and you experience any of the following symptoms, you should discontinue contact lens use and contact your doctor for an appointment. Symptoms include: burning, redness, light sensitivity, swelling, or major changes in vision.