

# Warning Signs



**GLAUCOMA**

1

## PERIPHERAL VISION LOSS

Hard to notice at first, the telltale sign of glaucoma is the reduction in sight around the edges of your visual field

2

## CERTAIN MEDICAL CONDITIONS

Conditions such as diabetes, high blood pressure, and heart disease increase the risk of glaucoma

3

## FAMILY MEDICAL HISTORY

If members of your family have had glaucoma, you're more likely to develop the condition as well



Want to Learn More?

Head to our website for our full explainer



SCHEDULE A VISIT



**ANGEL EYES VISION IS A VALUES-LED TEAM OF EYE CARE PROFESSIONALS. WE SEE YOU, SO YOU SEE BETTER.**

LOCATIONS ACROSS WEST TENNESSEE & NORTH MISSISSIPPI

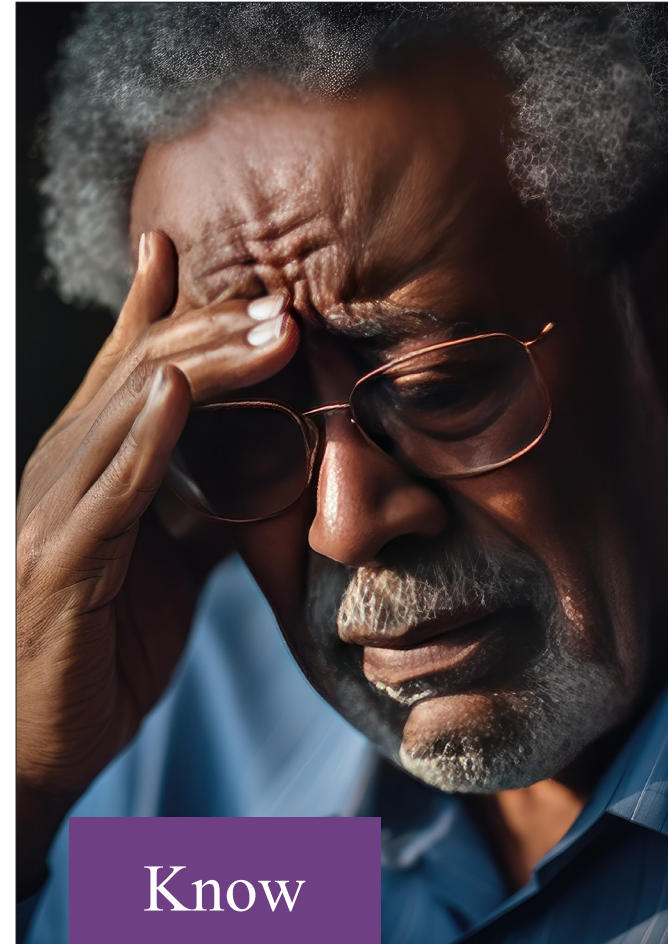
Phone: (901) 444-3160

Fax: (901) 444-3180

E-mail: [Info@AngelEyesVision.com](mailto:Info@AngelEyesVision.com)

[WWW.ANGELEYESVISION.COM](http://WWW.ANGELEYESVISION.COM)

# Glaucoma



Know  
the  
Facts

**KNOWN AS THE SILENT THIEF OF SIGHT, GLAUCOMA IS THE LEADING CAUSE OF IRREVERSIBLE BLINDNESS**



ANGEL EYES VISION  
*We see you so you see better*

[WWW.ANGELEYESVISION.COM](http://WWW.ANGELEYESVISION.COM)

# WHAT IS GLAUCOMA?

Glaucoma is a group of eye conditions that damage the optic nerve, the crucial bridge that carries information from the eye to the brain.

This damage to the optic nerve is most often caused by a build up of pressure within the eye.

The pressure build up is most often the result of clogging in the eye's drainage system, which causes a build up of fluid that presses against the optic nerve.

This pressure rarely causes pain, so you won't feel glaucoma as it develops. The early vision loss is also rarely noticeable, so without regular exams glaucoma will likely go undetected.

**70** MILLION PEOPLE WORLDWIDE ARE THOUGHT TO SUFFER FROM GLAUCOMA, THE WORLD'S LEADING CAUSE OF IRRVERSIBLE BLINDNESS

There are several factors that put a person at greater risk of glaucoma.

The most important risk factor is a family history of glaucoma. Those who have relatives with glaucoma are more likely to develop the condition.

Similarly, patients with African, Asian or Hispanic heritages are at higher risk; and finally, those who are over the age of 60 or who have a complicating condition such as diabetes are also more likely to develop glaucoma.

It's important to note that there is no cure for glaucoma, nor is it possible to reverse the damage it causes. Early detection and treatment are key.



**THE "PUFF TEST" AND RETINAL SCANS HELP DETECT GLAUCOMA**



Glaucoma is known as the 'silent thief of sight' because its slow progression often goes unnoticed.



**RISK FACTORS**  
KEEP US ALERT  
TO SIGNS



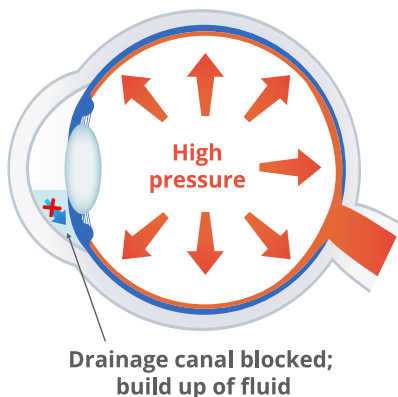
**ANNUAL EYE EXAMS**  
FIND PROBLEMS  
EARLY



**MEDICAL EYE DROPS**  
CAN HELP SLOW  
VISION LOSS

## PREVENTION & TREATMENTS

### Eye with Glaucoma



There are not (yet) any ways to prevent or cure glaucoma. Nor can the damage it causes be reversed. Early detection and management are the key to preserving your vision.

### WITH EARLY DETECTION, GLAUCOMA-CAUSED VISION LOSS CAN BE SLOWED OR PREVENTED.

An annual eye exam includes a number of tests that screen for glaucoma. Among the most common is the "puff test" which uses a burst of air aim at your eye to measure the pressure inside.

If those and other tests determine you do have glaucoma, it's possible to manage the condition with prescription eye drops or other medications that can lower the pressure within they eye, and prevent or slow vision loss.

### ANNUAL COMPREHENSIVE EYE EXAMS

Glaucoma is the silent thief of sight because early symptoms are barely noticeable. Annual visits to the eye doctor will screen for the condition

### HEALTHY LIFESTYLE & EYE PROTECTION

Good diet and regular exercise are great. Eye protection during activities like sports can prevent injury that increase glaucoma risks

### EYE DROPS AND OTHER TREATMENTS

Although there is no cure for glaucoma, eye drops can slow or prevent vision loss. Surgical options may also help relieve eye pressure