

Along the Way: My Breast Cancer Journey

By Rhonda Moore

In November 2023, I went in for my routine mammogram with no symptoms or concerns. I expected it to be just another check-up.

A few weeks later—just before Christmas—I heard the words: "You have cancer."

I was diagnosed with Invasive Ductal Carcinoma, including a HER2-positive tumor, which is more aggressive and faster-growing. It was caught early because I never missed a mammogram. That early detection likely saved my life.

I've since undergone chemotherapy, a lumpectomy, 21 rounds of radiation, and additional treatment that unfortunately led to heart complications.

Today, I'm still managing my health, but I can say this: my latest mammogram shows NO cancer. Hallelujah!

What this journey has taught me:
Say "I love you" often.
Be present—every moment is precious.
Let go of what doesn't matter.
Live fully, and laugh often.

Through it all, God has kept me. He's not just holding my hand—He is holding *me*.

To everyone reading this: get your screenings regularly. Take care of yourself the way you care for others. And remember—breast cancer has no gender. Men, stay aware too.

I am still on this journey. But without a doubt, I am a survivor. 💗

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