

ORGANIC PLAYDOUGH

SOFT, SAFE & FUN!



DID YOU KNOW?

This playdough is made with all-natural ingredients, making it safe for little hands and great for sensory play!

MATERIALS



2 cups
almond flour



3/4 cup
salt



2 tablespoons
safflower oil



Food coloring
(any colors you like!)



3/4 cup
water

All-natural
ingredients for
safe, worry-free
play!

HOW TO MAKE

1

In a large bowl, mix together the almond flour and salt.

2

Add the safflower oil and water.

3

Mix everything with a spoon until well combined.

4

Knead the dough with your hands until smooth.

5

Divide the dough into smaller pieces.

6

Add a few drops of food coloring to each piece and knead until the color is even.



TIP: Start with just a drop or two of food coloring. You can always add more if needed!

WHY ORGANIC PLAYDOUGH?

- ✓ Made with all-natural ingredients.
- ✓ Safe for babies and toddlers who may put things in their mouths.
- ✓ Great for children on the autism spectrum, as some may react negatively to regular playdough made with wheat flour.



BENEFITS OF PLAY



Encourages creativity and imagination



Develops fine motor skills



Provides calming sensory input

FUN IDEAS

- ★ Build animals or shapes
- ★ Make letters and numbers
- ★ Use cookie cutters
- ★ Create pretend food
- ★ Explore textures and colors!



NOTES



If the dough is too dry, add 2 tablespoons of water.



Be careful not to add too much oil.

HOW TO STORE



★ Store in an airtight container in the refrigerator.

★ It will stay fresh for up to 1 week.



**PLAY, LEARN,
AND HAVE FUN!**



SIMPLE INGREDIENTS • ENDLESS FUN • HAPPY PLAY!

