Join people from around the world in this World Wide Candle Lighting by writing a message in the Remembrance Book on the national website today:

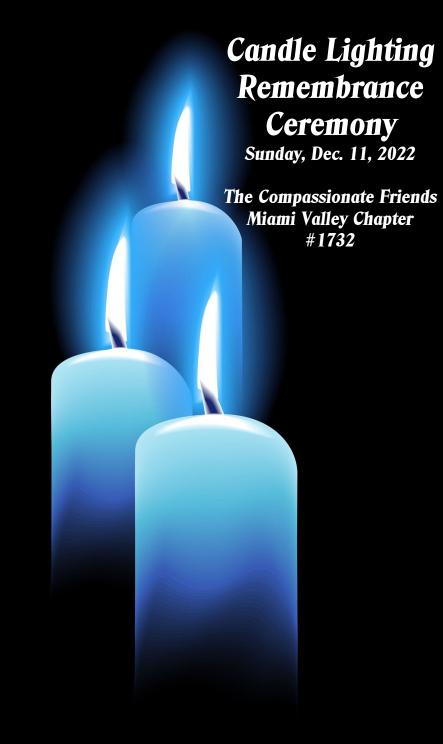
www.compassionatefriends.org.

Monthly Support Group Meetings Third Wednesday each month at 7:00 PM Sugar Creek Presbyterian Church



We are a family—
Broken by death; mended by love;
Let love be what you remember most.

**DARCIE SIMS** 



# Candle Lighting Remembrance Ceremony Dec.11, 2022

Instrumental Prelude Danny Voris

Introduction & Welcome Richard Miller

World Wide Candle Lighting 7:00 PM

Candle lit by Tina Grimme

**Reading:** "Four Candles" p. 4 Dolly Brunner

Candles lit by Tina Grimme Kathy Beaty

**Grandparents Grief** p.5 JoAnn Nielson

**Sibling Reading** "The Old Me" p. 6 Allysia Loomis

written and read by Allysia Loomis

Instrumental "Over the Rainbow" Danny Voris

**Reading:** "Little Butterfly" p. 7 Joe & Rachel Niswonger

**Song:** "Precious Child" (Lyrics on p.10) By Karen Taylor–Good

**Reading** "Never Forgotten" p. 11 Yolanda Pegg

## **Candle Lighting Ceremony**

As your child's, grandchild's or sibling's name is read, we ask that you come forward with your votive and name card.

Make sure that your candle is switched on when you come forward. Please hand both the candle and name card to the attendant. They will place the candle and name card together on the table.

Pick up a flower and return to your seat using the side aisles.

#### THE COMPASSIONATE FRIENDS

The Compassionate Friends (TCF) is an international nonprofit, self-help support organization offering friendship, understanding, and hope to families grieving the death of a child, grandchild or sibling of any age, from any cause. There is no religious affiliation and no individual membership fees or dues are charged. All bereaved family members are welcome.

"The Compassionate Friends is about transforming the pain of grief into the elixir of hope. It takes people out of the isolation society imposes on the bereaved and lets them express their grief naturally. With the shedding of tears, healing comes. And the newly bereaved get to see people who have survived and are learning to live and love again."

Rev. Dr. Simon Stephens Founder of The Compassionate Friends

The Compassionate Friends #1732, Miami Valley Chapter P.O. Box 292112, Kettering, OH 45429 (937) 640-2621 www.miamivalleytcf.com Miamivalleytcf@gmail.com

We Need Not Walk Alone - We Are The Compassionate Friends



This chapter is supported through donations only.

Thank you to those whose support keeps this chapter viable so "those who need us will find us, and those who find us will be helped".

We are a 501 c (3) non-profit.

# Thank you

- Those who make love gifts to support this chapter. These donations are our only income...we appreciate your support.
- Sugar Creek Presbyterian Church for allowing us to use this meeting place,
- Those who made food and cash donations:

The Wandering Griffin
LaRosa's Pizzeria (Cross Point)
Vinny's Bar & Grill
Dorothy Lane Market
Furst Florist

- Those who participate on the Chapter Leadership Team.
- Those who attend the monthly support group meetings,
- You for attending this Candle Lighting Remembrance Service.

A special thanks to those who started this chapter in June, 1989.

And our greatest thanks to our children, siblings, and grand children who blessed us with their love!

**Reading of Names** Mary Miller & Deanna McGrath

Placing of Candles Dolly Brunner

Bell Ringer Jen Albrecht

Distribution of memorial flowers

**Video Presentation** 

**Reading** "Until we meet again" p. 12 Karen Wireman

Reading: "The Compassionate Friends Credo" p. 13 Karen Wireman

#### MOMENTS OF REFLECTION

DURING THIS MOMENT OF REFLECTION ANYONE WISHING TO COME FORWARD TO TAKE PICTURES OF THE TABLE, MAY DO SO.

Closing Comments Richard Miller

**Exit Music** Danny Voris

**Replay of Video** 

PLEASE JOIN US IN THE LOWER LEVEL FOR REFRESHMENTS

### **Four Candles**

As we light these four candles in your honor, we light one for our sadness, one for our determination, one for our memories, and one for our love.

We light this first candle for our **sadness.** The pain of losing you is intense, and the grief we feel is often hard to handle. We want you to know that we miss you so much.

We light this second candle for our **determination.** Knowing you has brought us strength. We are changed because of you. Your life has made a difference in our lives. We want you to know that we will take the energy of your living to help us move forward in our own lives.

We light this third candle for our **memories.** There is so much we remember - your smile, your laugh - the good times and the bad ones, too - when we were angry and when we were happy - all those times that never could have been lived with anyone but you. We want you to know that we will always remember.

We light this last candle for our **love.** The specialness that we shared with you can never be replaced. During this holiday season, our love for you will shine as brightly as this candle. We will pass that love on to others, and as we do, our hearts will smile because of you. We want you to know that we will always love you.

And all of these candles together create the light of **hope**. Hope for healing of our hearts and hope for the years to come.

# **The Compassionate Friends Credo**

We need not walk alone, we are The Compassionate Friends.

We reach out to each other with love, with understanding and with hope.

Our children have died at all ages and from many different causes, but our love for our children unites us.

Your pain becomes my pain just as your hope becomes my hope.

We come together from all walks of life, from many different circumstances.

We are a unique family because we represent many races and creeds.

We are young, and we are old.

Some of us are far along in our grief, but others still feel a grief so fresh and so intensely painful that we feel helpless and see no hope.

Some of us have found our faith to be a source of strength; some of us are struggling to find answers.

Some of us are angry, filled with guilt or in deep depression; others radiate an inner peace.

But whatever pain we bring to this gathering of The Compassionate Friends, it is pain we will share just as we share with each other our love for our children.

We are all seeking and struggling to build a future for ourselves, but we are committed to building a future together as we reach out to each other in love and share the pain as well as the joy, share the anger as well as the peace, share the faith as well as the doubts and help each other to grieve as well as to grow.

We need not walk alone, we are THE COMPASSIONATE FRIENDS.

## **Until We Meet Again**

## By Robert Bruce Rowe

We think about you always,
We talk about you still,
You have never been forgotten,
And you never will.
We hold you close within our hearts
And there you will remain,
To walk and guide us through our lives,
Until we meet again.

#### **GRANDPARENTS GRIEF**

by JoAnn Nielson, Corey's Grammy Miami Valley TCF

Today I speak for Grandmothers and Grandfathers who have lost a precious grandchild, from the very tiniest of infants to the older "grown" child, all lives gone from us too soon.

This isn't the Circle of Life as we imagined it, as we planned it. What makes it so hard when young departs before old? We now are traveling "the path that shouldn't be". Our reality, based upon what we thought was our place in life, is changed.

I want you to know this: the grandparent-grandchild bond is VERY special! The children of our children are indescribably dear to us.

And when a grandchild dies, our grief is complicated: we grieve for our grandchild, but we also feel overwhelming helplessness at not being able to take this intense pain away from our grandchild's parents, one of whom is our child – and in many cases, certainly including ours, the other of whom is as dear as any child-in-law could possibly be.

Parents protect, solve problems, comfort sorrows, encourage and advise. But now, NOTHING can be said or done to ease this pain, to lessen this suffering. There's no band-aid for this wound, no spoonful of medicine for this hurt, no hug for this sadness. Our OK-ness on any day depends on how we perceive our children are doing: we look for any sign that today is reasonably OK for them. Then it is reasonably OK for us.

To support and portray some strength, we often hold back our own tears. Then, in solitude, we release them.

Grief is the price we all pay for loving! And the hopefulness we do find after a time comes because love remains – it never leaves. Very slowly, time does bring the start of healing, as we remember, as we tell stories that now bring smiles and not just tears, as we actually are able to find joy, as we realize that we are still here for some reason that just might include somehow helping others through this uninvited journey, and as all our grandchildren become even more precious to us.

#### The Old Me

by Allysia Loomis

In a memory I was igniteful Roses hath not crumbled, rivers constantly streamed, doves swarmed vigorously, and smiles never filed. Home was happiness Thou art thy home. Everything was peaceful: Smooth like silk, as perfect as silver. How might all things right, dissipate? the empty home: aching whilst shaking, cracking. Cracking, as memories flood me to the ground. The flooding of an image,

## **NEVER FORGOTTEN**

By Kelly Polley Giesler (2012)

You'll never be forgotten That simply cannot be, As long as I am living, I'll carry you with me, Safely tucked within my heart Your light will always shine; A glowing ember never stilled, Throughout the end of time. No matter what the future brings, Or what may lie ahead, I know that you will walk with me Along the path I tread. So rest my angel, be at peace And let your soul fly free. When its my time, I'll join you there for all eternity.

The old me.

#### **Precious Child**

by Karen Taylor-Good

In my dreams, you are alive and well, Precious Child, Precious Child. In my mind, I see you clear as a bell Precious Child, Precious Child.

In my soul there is a hole That can never be filled. But in my heart, there is hope, 'Cause you are with me still.

In my heart you live on, always there, never gone Precious Child you left too soon.
'Tho it may be true that we're apart
You will live forever in my heart.

In my plans, I was the first to leave Precious Child, Precious Child. But in this world, I was left here to grieve Precious Child, my Precious Child.

In my soul there is a hole, that can never be filled But in my heart, there is hope, and you are with me still.

In my heart you live on, always there, never gone Precious Child, you left too soon.
Tho' it may be true that we're apart
You will live forever in my heart.

God knows I want to hold you, see you, touch you And maybe there's a heaven and someday I will again. Please know you're not forgotten until then.

In my heart, you live on, always there, never gone. Precious Child, you left too soon.
'Tho it may be true that we're apart
You will live forever in my heart.

# **Little Butterfly**

by Amy Farquhar

I lived my life inside you Cocooned in all your love So mama, papa please don't cry I'm still with you, just up above.

I felt your every heartbeat It's my sweetest melody and for every heavenly bedtime The Angels play it back to me.

I know how much I'm wanted
I feel so very blessed
Of all the mummy's in all the world
I got the very best.

You think of me in all your waking hours, And on those sleepless nights Just look out the window and you'll find me The brightest star, the most dazzling light.

I'm that little breeze in the summer
And I'm that unexpected white feather
I plucked from my downy wings
So that you remember that we are always together.

I know how much it hurts your soul When we had to say goodbye But I'm not gone, I'm always here I'm your sweet little butterfly

In memory of Alfie James Farquhar

Adam Sommerhause Kathy Sabia
Adele Schlamersdorf David Knowles
Alex Myers David McKinniss

Alex Wilcox David Michael Jennings

Alex Wood David Vantrease

Amanda Brooke Worley Donnie Grzywinski

Amy Webeck Dylan Coffman

Andrew Haas Matthew Pratt

Ashley Matheson Elizabeth Ann Fargey
Ashley M. Wormsby Elizabeth Ann Lawrence

Austin Siler Erin M. Quigley
Austin Singletary Doug Brunner

Bianca Tala Bepler Evan Rey Henry-Singleton

Brad Miller Farley Minor

Brett Hobbs Frank Elliott Paxson
Robert Hughes Graeson Riley Rutman
Bryan David Holl Gwendolyn Mooney
Brittane Henderson Heather Marie Daniels
Brooklyn VanSkoyck Isaac Matthew Reeser
Cameron & Keaton Schneider Jacob & Ryan Knapke
Caresse Amber Crotty Jacob Derek Polete

Carter Kelb Jaxxen Baker

Chad Gibson Jeffrey Scott Bernard

**Chris Mason** Jessica Black **Corey Andrew Richards** Mary Duckett Nathan Daniel Davidson Jessica Bruchey **Cortney Rogers** Jessica Laycox **Courtney Trent-Daley** Jimmy Blanton II **Dalton Fletcher** Jonathan Reiff **Garrett McCollough** Joseph Fernandez **Darlene Whitman Armitage** Joseph Francis David Allbery Joseph Walling

Danny Allbery Scott Matthew Walling

**Justin Lucas Niswonger** 

Justin McCurdy
Justin Ratliff

Linda Ratliff

Justin Whitt
Justus Posev

Kalman Kolotkin-Harlow

Karen Hendrickson Ke'Andrae Thomas

**Keith Richard Grimme** 

Kelli Withrow

Kevin Arnett

**Andrew Zachary Arnett** 

Kyle Lister

Lana T. Knorr

Makayla Leilani Rhiner

Marcus Bowling
Mark Wenclewicz

Mary Taulbee

Matthew K. Schleich
Melodey Chandler

**Michael David Kraus** 

Michael Jacob McGrath

**Molly Beth Louis** 

Nathan Darr

Nathan Griffith

**Rachael Jones** 

Rachel Abigail Ramsey

Rashad Lateef Burnley

Rob Kaminski

**Ronnie Bowers** 

Ryan Beaty

Ryan Gilhooly

Sarah Renee' Rhoads

Scott Freiberger

**Seth Vision** 

Shane English II

**Shannon Keith Mason** 

Shelby McMahan

Sherena Richter

Stephanie Clark

**Steve Carnegis** 

Susan Sharp Crago

Susan Holcomb Lerner

**Tera Davis** 

**Theodore Clark Nelson** 

**Thomas Joseph Dingler** 

**Christian Alfonso** 

Trent Weiss

**Trishia White** 

**Tristan Mitchell-Spruce** 

**Zachary Schaeffer** 

We also remember those babies who died and were named only in their parents' hearts. and those at home lighting candles for their

loved ones.