



EXCEED MEDICAL MICRONEEDLING

POST-TREATMENT CARE GUIDE

WHAT JUST HAPPENED?

Controlled micro-injuries were created to trigger your skin's repair system. Collagen and elastin production ramp up, smoothing fine lines, scars, and texture.

For Science Nerds:
Our clinical endpoint is pinpoint bleeding to ensure we have reached the dermal/epidermal junction (DEJ).

POST-CARE GUIDE

WHAT TO EXPECT THIS WEEK

Day 0

Redness, warmth, tightness (like a sunburn).

Avoid makeup.

No strenuous workouts or excessive sweating.

Gentle rinse and apply hyaluronic Acid serum.

Change your pillowcase and towels.

Days 1–3

Pink skin, dryness, rough texture, light flaking.

Itchiness or tightness is normal.

Drink more water than usual.

Apply SPF 30+ (even indoors).

No actives.

Days 4–7

Skin feels smoother.

Mild pinkness may linger.

Ok to resume actives.

Ok to resume intense workouts.

Ok to exfoliate at day 7.

YOUR TREATMENT PLAN

For Best Results

Series

3–6 Exceed microneedling sessions spaced 4–6 weeks apart.

Maintenance

1 session every other month.

Results compound over time—the more consistently your skin experiences treatment, the better (and more comfortable) each session becomes.

Stay on schedule and you'll continue to enjoy package pricing: **30% off retail**. Fall off the plan? No worries—you'll simply return to standard pricing.



THE YOUNG EXPERIMENT
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