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# AGING SKIN GUIDE | Q1 2025

# **ROUGH TEXTURE**

IF YOUR SKIN FEELS MORE LIKE SANDPAPER THAN SILK, IT'S TIME FOR A REFRESH.



### **TECH + TREATMENTS TO FIX**

### FRACTIONAL LASER RESURFACING

Uses targeted energy to smooth, tighten, and regenerate skin.

### MEDICAL MICRONEEDLING

Stimulates collagen and accelerates skin renewal for refined texture.

### CHEMICAL PEELS

Exfoliate dead skin, boost collagen, and reveal smoother skin with customized acid blends.

### INTENSE PULSED LIGHT (IPL)

Targets sun damage and discoloration while refining skin texture.

### RADIOFREQUENCY (RF) MICRONEEDLING\*

Combines microneedling with RF energy for deep skin remodeling.

### **DERMAPLANING**

Removes dead skin and peach fuzz for a silky-smooth finish.

### WHAT'S REALLY GOING ON WITH YOUR SKIN?



### SLUGGISH CELL TURNOVER

Dead skin cells don't shed as efficiently with age, leading to buildup, dullness, and an uneven surface.



### COLLAGEN DROP-OFF

Aging steals your skin's bounce, leaving it rough and crepey.



### **UV DAMAGE + LIFESTYLE**

Sun exposure, stress, and dehydration break down your skin's structure, fast-tracking texture issues.

### **HOW TO KEEP IT FROM MAKING A COMEBACK**



### **POWERHOUSE SKINCARE PRODUCTS**

Drugstore creams won't cut it. Medicalgrade products pack the punch your skin needs to stay smooth, hydrated, and fresh.



### **PRO-LEVEL TREATMENTS**

Peels, lasers, microneedling—because your skin deserves more than a basic scrub. Regular treatments keep roughness in check and collagen on point.



### SPF + SMART CHOICES

Sunscreen isn't optional. UV damage is the fastest way to wreck your texture. Stay hydrated, eat right, and protect your investment—your skin will thank you.

