

# Skincare Regimen Recommended Order of Application

skin**better** science products are easily incorporated into your current routine, even when using other skincare products. A good rule of thumb when applying products is to apply from the lightest to heaviest consistency: serums and gels first, followed by lotions, and then creams. An exception to this rule is that InterFuse Intensive Treatment LINES should always be applied in the order listed below to allow for optimal delivery of this product to the skin.

Please check with your healthcare professional to ensure your skincare regimen is right for your skin. As you would with any changes to your skincare regimen, we recommend adding one new product at a time and slowly incorporating any additional products.

AM 🔆	PM (
<ul><li>□ Refining Foam Cleanser (Normal to Oily)</li><li>○ OR</li><li>□ Cleansing Gel (All Skin Types)</li></ul>	<ul><li>□ Refining Foam Cleanser (Normal to Oily)</li><li>OR</li><li>□ Cleansing Gel (All Skin Types)</li></ul>
☐ InterFuse Intensive Treatment LINES ☐ Instant Effect Gel EYE OR	☐ Detoxifying Scrub Mask (up to 3x per week) ☐ AlphaRet Exfoliating Peel Pads (up to 3x per week)
☐ InterFuse Treatment Cream EYE ☐ Alto Advanced Defense and Repair Serum	Both of these products include exfoliating ingredients.  InterFuse Intensive Treatment LINES
OR  ☐ Alto Defense Serum OR ☐ Solo Hydrating Defense MEN	☐ Instant Effect Gel EYE  OR ☐ InterFuse Treatment Cream EYE  OR ☐ EveMay Alpha Pot Overnight Cream
<ul><li>□ Even Tone Correcting Serum</li><li>□ Mystro Active Balance Serum</li></ul>	☐ EyeMax AlphaRet Overnight Cream ☐ Alto Advanced Defense and Repair Serum OR
☐ Techno Neck Perfecting Cream  OR	☐ Alto Defense Serum ☐ Even Tone Correcting Serum
☐ InterFuse Treatment Cream FACE & NECK☐ ☐ Hydration Boosting Cream	☐ Mystro Active Balance Serum ☐ AlphaRet Overnight Cream
OR  ☐ Trio Rebalancing Moisture Treatment OR ☐ Trio Luxe Moisture Treatment	OR ☐ Intensive AlphaRet Overnight Cream OR ☐ AlphaRet Clearing Serum
<ul> <li>□ sunbetter TONE SMART SPF 75 Lotion</li> <li>OR</li> <li>□ sunbetter SHEER SPF 70 Lotion</li> <li>OR</li> </ul>	☐ Techno Neck Perfecting Cream  OR ☐ InterFuse Treatment Cream FACE & NECK
<ul> <li>□ sunbetter TONE SMART SPF 68 Compact         or</li> <li>□ sunbetter SHEER SPF 56 Compact         or</li> <li>□ sunbetter SHEER SPF 56 Stick</li> </ul>	<ul> <li>☐ Hydration Boosting Cream</li> <li>OR</li> <li>☐ Trio Rebalancing Moisture Treatment</li> <li>OR</li> </ul>
- SUILDETTEL SHIFFY OLL 30 SHICK	☐ Trio Luxe Moisture Treatment



# **Product Descriptions**

## CLEANSE + PREP

**Refining Foam Cleanser:** A multi-tasking, velvety-soft cleansing foam that exfoliates and renews skin. Leaves skin feeling soft and smooth with a brighter, more refined look.\*2 **Cleansing Gel:** A mild, foaming gel cleanser that gently and thoroughly cleanses

# ENHANCED EXFOLIATION (for use up to 3x per week)

**Detoxifying Scrub Mask:** Clay-based scrub mask that uses biodegradable spherical beads and a botanical extract to exfoliate skin\*<sup>2</sup>

**AlphaRet Exfoliating Peel Pads:** A retinoid and an AHA, along with a triple-acid blend of glycolic, lactic and salicylic acid\*1,2

#### TARGETED EYE TREATMENTS

Instant Effect Gel EYE: Refreshing daily eye gel

InterFuse Treatment Cream EYE: Award-winning eye cream to recharge the eye area EyeMax AlphaRet Overnight Cream: A proprietary combination of a retinoid and an AHA, in an optimized formulation for the delicate eye area<sup>1</sup>

#### **ANTIOXIDANTS**

**Alto Advanced Defense and Repair Serum:** The new gold standard in comprehensive (environmental AND intrinsic) antioxidant defense

**Alto Defense Serum:** Vitamins C and E, plus 17 additional environmental free-radical fighters **Solo Hydrating Defense MEN:** Once-daily skincare, engineered for men

# TARGETED FACE & NECK TREATMENTS

**InterFuse Intensive Treatment LINES:** No-needle, hyaluronic acid solution for deep expression lines

**Even Tone Correcting Serum:** A lightweight, multi-action skin tone serum **InterFuse Treatment Cream FACE & NECK:** Cutting-edge approach to collagen in a peptide-rich formula

**Techno Neck Perfecting Cream:** Harnesses the power of the body's natural processes to improve the visible effects of aging neck and décolleté skin

### ADAPT + BALANCE

**Mystro Active Balance Serum:** A new way to achieve visible improvement in skin quality and glowing skin by uniquely supporting skin's natural ability to adapt to stress and maintain balance

#### RETINOIDS

AlphaRet Overnight Cream: A retinoid combined with an AHA\*1,2

**Intensive AlphaRet Overnight Cream:** A retinoid combined with an AHA and a higher concentration of glycolic acid for enhanced rejuvenation\*1,2

**AlphaRet Clearing Serum:** A retinoid combined with an AHA and formulated with salicylic acid, a beta hydroxy acid, for oilier, blemish-prone skin\*1,2

### **MOISTURIZERS**

**Hydration Boosting Cream:** Dual-action moisturizer that delivers immediate and long-lasting hydration

**Trio Rebalancing Moisture Treatment:** Light-weight moisturizer with a silky feel that provides a triple action approach to improve skin hydration

**Trio Luxe Moisture Treatment:** Rich moisturizer with a velvety feel that provides a triple action approach to improve skin hydration

#### SUNSCREENS

**sunbetter TONE SMART SPF 75 Lotion:** Our highest level of sun protection in a tone-adapting, creamy lotion that provides a hint of color

sunbetter SHEER SPF 70 Lotion: Our highest level of sheer sun protection in a resilient, creamy lotion

**sunbetter TONE SMART SPF 68 Compact:** High level of sun protection in a tone-adapting, silky smooth compact that provides a hint of blendable color

**sunbetter SHEER SPF 56 Compact:** High level of sun protection in a weightless, transparent, silky smooth formula and elegant compact

**sunbetter SHEER SPF 56 Stick:** High level of sun protection in a weightless, transparent, and easy-to-apply stick

\*Sun Sensitivity Statement: These products contain alpha hydroxy acids (AHAs) that may increase your skin's sensitivity to the sun and particularly the possibility of sunburn. Use a sunscreen, wear protective clothing, and limit sun exposure while using this product and for a week afterwards. Caution: 'AlphaRet products contain retinoid in a topical form. If you are pregnant, lactating or planning to become pregnant, consult a physician before use. 'If using more than one exfoliating product, irritation may occur. For complete Usage Instructions, Sunburn Alert and Caution Statements, see product packaging.