

SUN DAMAGE

YEARS OF FUN IN THE SUN SHOULDN'T LEAVE YOU WITH A COMPLEXION THAT LOOKS WEATHERED.



TECH + TREATMENTS TO FIX

LASER RESURFACING

Targets deep layers to stimulate collagen production, reduce pigmentation, and smooth fine lines caused by sun damage.

CHEMICAL PEELS

Exfoliate the skin's surface to remove sunspots, improve texture, and encourage new skin growth.

MEDICAL MICRONEEDLING

Stimulates collagen and elastin production while helping to reduce sunspots and improve skin texture.

INTENSE PULSED LIGHT (IPL)

Targets pigmentation issues like age spots, sunspots, and redness, leaving skin brighter and more even-toned.

HYDRAFACIAL

Deep cleanses and infuses skin with hydrating antioxidants to repair and protect from further damage.

WHAT'S REALLY GOING ON WITH YOUR SKIN?



UV RADIATION

UVA rays penetrate deep into the skin, causing premature aging and wrinkles, while UVB rays damage the outer layers, leading to burns and pigmentation.



CUMULATIVE SUN EXPOSURE

Repeated exposure without protection leads to skin damage over time, causing collagen breakdown and pigmentation changes.



TANNING BEDS

Intense sun exposure leads to DNA damage, inflammation, and increased risk of skin cancer.

HOW TO KEEP IT FROM MAKING A COMEBACK



DAILY SUNSCREEN

Apply broad-spectrum SPF 30+ every morning (even on cloudy days) and reapply every 2 hours when outdoors. Look for a formula that also protects against UVA and UVB rays.



PROTECTIVE CLOTHING + SHADE

Wear wide-brimmed hats, sunglasses, and long sleeves to shield your skin. Stay in the shade during peak sun hours (10 a.m. - 4 p.m.).



ANTIOXIDANT SKINCARE

Use skincare with antioxidants (like vitamin C, E, and niacinamide) to neutralize free radicals and protect against UV-induced skin damage.

DESERTED ISLAND BAG

