



THE TOTAL RECALL

POST-TREATMENT CARE GUIDE

WHAT JUST HAPPENED?

You received a stacked protocol: Fractional Laser + Medical Microneedling in one session. This dual-layer treatment maximizes collagen stimulation, pigment correction, and texture improvement.

For Science Nerds:

Layering fractional laser with microneedling delivers a “double stimulus” to dermal fibroblasts—amplifying neocollagenesis while boosting topical penetration up to 3x.

POST-CARE GUIDE

WHAT TO EXPECT THIS WEEK

Today (Day 0)

Expect amplified redness, heat, and swelling.

No makeup

No strenuous workouts or excessive sweating.

Gentle rinse with water and apply hyaluronic acid serum only.

Days 1–3

Pink to red skin, dryness, rough texture, possible bronzed flaking.

Drink more water than usual.

Be as fragrance-free as possible.

No actives (AHAs, BHAs, Retinol)

SPF 30+ daily, even indoors.

Days 4–7

Texture improves, peeling resolves.

Ok to wear mineral makeup.

Ok to resume strenuous workouts.

Ok to resume actives after day 7.

YOUR TREATMENT PLAN

For Best Results

Series

3–4 sessions every 4–6 weeks.

Maintenance

1 session every 3 months.

Recommended microneedling between appointments to keep collagen pumping.

Results compound over time—the more consistently your skin experiences treatment, the better (and more comfortable) each session becomes.

Stay on schedule and you'll continue to enjoy package pricing: **30% off retail**. Fall off the plan? No worries—you'll simply return to standard pricing.



THE YOUNG EXPERIMENT
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